Understanding Basic Concepts of Spirituality

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Other Books by Marilynn Hughes:

The Mysteries of the Redemption

A Treatise on Out-of-Body Travel and Mysticism

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Understanding Basic Concepts of Spirituality

By Marilynn Hughes, Mystic

Introduction

In order to better understand the constructs, confines and unitive elements of all paranormal experiences, my goal in this article is to define and expand on some basic spiritual concepts and understandings which are necessary in order to bring all factors together into a cohesive set of understanding.

So I will define concisely as follows:

- 1.) Where does your information come from? How do you receive it? What is the process of a Mystic?
- 2.) What are souls? Do Extraterrestrials have souls? How does reincarnation play into this knowledge? What and where is heaven? What are the Galactic Heavens? How is the Black Hole intrinsic to this location and understanding?
- 3.) How are all paranormal phenomena interrelated, and how do all paranormal phenomena also interrelate to the UFO phenomena?
- 4.) What are some of the different types of Extraterrestrials that you have encountered?

- 5.) Why are we here? What is the purpose of our existence here? Why does it concern the Extraterrestrials?
- 6.) What are the energetic Hierarchies in the Universe?

So let us begin in sequence.

QUESTION ONE

1.) The information that I receive comes to me through mystical or out-of-body experiences. In essence, this means that when I enter into a very deep level of consciousness, the energy of my spirit's vibration will overtake that of the physical and I enter into what is called the vibrational state. At that juncture, I can leave my body and travel not

just to the overlapping realms around our world, but to infinite realms of existence; both higher and lower existences.

In addition to my own experiences, for thirty years I have studied the ancient sacred texts from throughout the world and the ages in every world religion written by the prophets, saints, mystics and sages, many of whom have had experiences similar to my own.

By so doing, I have been able to put everything that I have seen through the scrutiny of that which others have also seen.

QUESTION TWO

2.) Soul is spirit. Spirit is a higher frequency of ethereal substance than our physical bodies. Our spirits contain within them not only the blueprint of our current physical body or structure, but of every body or structure we may have had in the past.

So whereas our physical body may contain all the programming that we have been given to fulfill our earthly purpose in this particular sequence of time a.k.a. this lifetime; the soul has the capacity to contain the knowledge of all of our lifetimes in this or any other realm, in this or any other existences or between them.

Our soul contains within it the blueprint of the higher aspects of ourselves and contains within it the map outlining the journey it has and is taking to reach its evolutionary destination.

Soul is inherent in all matter, so a blade of grass or even a non-living object such as a table will have an etheric blueprint. In the mystical view, there is an all-pervading light which supersedes and overlaps the physical universe.

So, yes, Extraterrestrials have souls. Animals have souls. Plant life has soul. Even inanimate and apparently non-living objects like rocks have soul substance.

And because many people have experienced lifetimes not only on this planet, but on others; human beings can also contain within their soul substance the memory of lifetimes on other planets as what we would refer to as Extraterrestrials.

In taking this understanding further, then it would seem obvious that heaven is not only a place but an actual frequency of existence. In mystical travel, the spirit ascends into the heavens above the earth and then be summoned towards a galactic phenomenon which appears

quite similar to the black hole. If a soul is to progress through this gateway, it will begin to spin and turn like a star tunnel. And as soon as the soul is swept into and through the gateway, they would enter into what many refer to as heaven.

It is a higher vibrational overlap of the universe as we know it, and it contains within it all life forms from all worlds. When you first enter, this internal soul knowledge is so familiar that you can easily miss the fact that there are spirits and souls in heaven from not only our own world but many. But when the traveler returns to their physical body later, it might occur to them that although this seemed quite natural at the time, there were indeed many Extraterrestrials residing in heaven.

So, indeed, heaven is the Galactic Heavens. And if you'd like to imagine how it might look, it is much like a floating city in the midst of the stars, galaxies and planets with space stations and many varied levels. There are infinite levels of heaven, just as there are infinite levels of the lower worlds.

And the Black Hole is the gateway to the Galactic Heavens.

QUESTION THREE

3.) With this understanding you can begin to discern how all paranormal phenomena are interrelated. Where many make their mistake is in thinking that somehow telepathy, out-of-body travel, shamanism, vibrational raisings, ecstatic experiences, downloads of various kinds of knowledge, orbs, channeling, (etc.,) . . . and Extraterrestrial contact are entirely different fields of study.

In reality, they are all part and parcel of one another. God communicates with us in a myriad of different ways, but the purpose of these communications remains one. We are an evolutionary species in an evolutionary world; and each and every one of these events is to serve that higher function. Everything that we bring of heaven to earth enlivens the planet and ourselves, making greater progress and spiritual evolution possible.

We bring these things from heaven to earth by remembering them and taking in the frequency and vibration that they have brought into our sphere.

There is a higher moral law which governs evolution in this realm; and many of these contacts are intended to open us up to these higher laws and to become more aware and capable of attaining to higher stratospheres of human thought, frequency and vibration.

Because the Extraterrestrials are our brothers - varying intelligent species of a wide spectrum of knowledge and influence - contact with them often serves the same function as a holy vision of God because they are acting as emissaries; not unlike an angelic visitation or an encounter with a holy prophet.

Many people who have some type of Extraterrestrial encounter will return with heightened gifts of telepathy, intuition, receiving downloads of higher knowledge or even seeing into the spiritual world. Many continue to having out-of-

body experiences or other types of paranormal phenomena.

It is also true that those who begin with other paranormal gifts often eventually have some type of Extraterrestrial contact, as well.

This is because they all serve the same purpose. Right now, this purpose has a great deal to do with the current status of human affairs. It is expedient at this time that those of us able to receive of the energetic influx from above do so; because our world faces two very extreme options. We will either blow ourselves back to the Stone Age or vibrate our world into a higher sphere and join our brothers in the Galactic Council.

As a simple rendering of world events can show you, the forces which would lead us backwards have attained to dominance. Once there are such a great number of souls lacking the ability to expand spiritually and exponentially in a manner which would serve life and the evolving nature of this world; there will be a crossroads.

When that time comes, huge catastrophes could occur which would force those who remain after the time of great upheaval to fulfill the function of their survival. And that function would be to seed a higher civilization based on higher spiritual values.

The physical body cannot ascend into this sphere without the energetic constructs within his soul attaining to higher and finer frequencies.

And again, we have many souls on the planet at this time that cannot stretch this far and no matter how much energy would be discharged in their direction, the effort would remain futile.

This is why it remains so important for those of us *able* to receive to accept the energies; because the balance of force within this world has to be contained within souls who can carry them. And there is an overabundance of souls who are carrying the force of darkness within

them who will maintain dominance without our efforts.

QUESTION FOUR

4.) In my mystical and out-of-body travel journeys, I have learned a great deal about the many kinds of Extraterrestrials. First and foremost, I have been shown that Extraterrestrials (not unlike human being or other spiritual beings) can come from darker regions, mortal regions or higher regions within the Universal Spheres.

As the third and fourth dimensional existences are mortal realms wherein the battles between good and evil do reign, those who would come to our planet from mortal worlds (such as the Grey's, for example) would be coming from a similar thrust that we share. However, it does appear and seem that some Grey's (again like human beings) have advanced more spiritually while others are still retaining elements of both the light and darkness.

Most Grey's also appear to have developed the ability to communicate telepathically, and those who have traveled here are usually of a higher caliber spiritually. Elsewise they would not have been chosen for the task. However, despite the telepathic communication, we should not forget that some of their race still retain mortal elements and do not speak from higher knowledge.

Telepathy is a sense projection and evolution; rather than a wisdom factor.

This knowledge is very important for us to understand because we cannot blanketly accept any Extraterrestrial as having higher knowledge than us, although many do.

We would recommend the same for human beings, as there is a wide spectrum of frequency and vibration within any mortal realm. And not all factors are present in all human beings.

I have seen an evil Extraterrestrial race, and they appeared almost in a manner which we might correlate with cave men of ancient years on earth. They had a great deal of facial and body hair, larger eyes, darker skin eyes and hair; and they had somewhat of a crazy look in their eyes. And they were very dangerous.

The Venusians generally appear almost human, but they travel in spaceships which are made of geometric amethyst crystal. They are not saucers, but more like rockets with a wider vantage point from the bottom which narrows at the top. Some might compare them to an hourglass without the top section. They are quite beautiful vessels. The Venusians live in a world of love and light; which means that they are beyond dualities.

Remember, duality – good and evil – reside within the program. This means that such dualities reside within mortal realms and realms below them. But the worlds of love and light have ascended beyond duality into eternal unity. In order to better understand this, please read The Hammer of Mysticism, by Marilynn Hughes.

Alpha Centauri also lives in a world of love and light. Their spacecraft consist of silver saucers with no instrumentation. But the interior walls are blue. They have advanced to the point wherein they operate their vessels entirely through thought and they are also a completely telepathic race. Their world has a huge sun which sets at

least half of the Alpha Centaurian Horizon. Appearing quite human, but very peaceful and calm, they seem to have light skin but dark hair. They wear uniforms of iridescent colors on their ships. They have told me that they are what we will become.

The Pleiades resides in the Galactic Heavens which is a vibrational frequency above the worlds of love and light. So take it up a few notches and you will be there. Many of them appear only as light, others will wear monk robes over their light bodies and you can sense the reverence, respect and holiness of these beings just by gazing upon their infinite beauty.

Some of them will take on human characteristics for our comfort. One of those who came to specifically teach me would appear as a light being who bore the slight features of an old wise man in a long white robe. He carried a staff and his aura emanated the light from which he had come. His name was Antoneek.

They travel mostly in mother ships, ironically, which are vast space stations which rumble across the surface of the earth sending out circular craft to fulfill individual missions. Their circular crafts are silver, with a blue light emanating from below center.

Pleiadians are unique in that they are probably the most powerful and

continuous presence here at this time, for they are hoping to lead our world into a greater centrifuge with other worlds. But they also speak in a tonal language which cannot be described. (You can read about 'The Seven Tones of Life' according to the Pleiadians in The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism, by Marilynn

Hughes.)

Many people have reported seeing the Arcturians and described them as blonde and very tall. When I saw them, I had been taken to Project Outreach, which is a space station in the midst of the Universal Spheres. They had silver skin and long blonde hair and they were unbelievably beautiful. They told me they were going to take me on a tour of 2.55 billion worlds, which they did. But they had come for an even more important purpose.

From Extraterrestrials: The Mystic Knowledge Series, by Marilynn Hughes

"Having started with their decree that they were in need of someone who could pose as a cosmic link-up from our realm to theirs, they had specific needs within the body of the person whom they would choose. All four members present in my star group wanted to go, but those from the other system insisted on me for reasons I only vaguely understood, my

vibration was the most flexible on conscious and unconscious levels to undertake such a task. I was so lucky to be chosen for this, I cannot express it. The others were helpful, but disappointed. Approaching them to work with them telepathically, all of this a part of the link-up.

Wishing to create a cosmic link-up from our world to theirs, it was a very difficult process because they came from a world settled in light and life, and our world was so full of chaotic vibrations which were truly dangerous to them, because they existed on such a high fine

frequency that our channels of vibration were very disturbing to their essence of being. As a result, they could remain with us for only short bursts of time, and when a disagreeable vibration began entering the realm, they immediately transcended to their own so as not to be harmed by the waves of negativity.

In order to develop this link-up, he had to allow me to slowly become more and more like him, and this was done by allowing me to hold his hand and the most magnificent experience of going with him when he transcended to other worlds.

Setting up a two-dimensional linkup site where he would take when the disagreeable vibrations began, as soon as we stepped on this point, we shouted "Oh mighty magnificent Lord, Oh mighty magnificent Lord!" Then we spoke some words in his language which I cannot remember now. As soon as we were finished, a light beam of immense proportions encompassed us and took us into his world which was pure light and joy. Little to see, it was a high, fine vibrationary existence. Everything sparkled in light, as if it was all composed of crystals,

lights, prisms, jewels, and luminescent liquid ethers . . .

A great connection existed between me and this extraterrestrial man, for I felt an immense recognition and love for his spirit which transcended the present time. Very sympathetic to my human condition, and my boredom with my sojourn on this earth, there were a few times in the beginning of working with this link-up where the male counterparts in my star group had acted rather base in their association with me, and extra-terrestrial friend protected me and discouraged

them from their banal intercourse. Insisting on the highest level of respect between all forms of life was uplifting and exciting to one coming from a world filled with karmic turmoil.

Having traveled with him to his world about five or six times now, I was feeling very attached to my new friend. As the next chaos energy began hitting, we both ran towards our location. Joining him on the spot, we shouted out, "Oh mighty magnificent Lord, Oh mighty Lord!" magnificent We transcended this realm and went directly to another. Its beauty was so awe-inspiring; there truly are no words, because it was almost a fluid existence.

Dancing in the light, I would not let go of his loving hand. But as soon as we had arrived, he looked me deeply in the eyes. "Where I go now, you cannot come," he said. "Oh, please take me!," I pleaded, now so greatly enhanced by this change in my vibration that my body was bedecked in bluish-white crystal jewels and my voice sang out a resonant tone which harmonized with this Universe. "Maybe someday, you can stay with me in my world and sing to me with

your beautiful voice," he said. "Yes, yes," I shouted, "I can do that." "But not now, it cannot be now," he replied, "Where I go vou cannot come." now, Expressing to me his happiness that they were able to find a soul with the spiritual features required for the making of this link-up, they hadn't expected to create it by bringing a ward of our realm into their own.

"Please take me, I'll change in whatever ways are necessary," I continued pleading as he held my hand. "It is true, you have proven to be very able in modifying your form, but it remains that where I go now, you cannot come." Disappearing into the ether, I began singing out a tone in mourning. My spirit remained in his realm for only a moment longer before fully materializing back in my own.

Approaching me with awe at my jewel adorned form, the other members of my star group had heard my lament and they placed their arms around me in compassion. "You were lucky to be chosen to go," they said, as I suddenly realized how true it was. "You're right," I said under my breath, "I was lucky to be chosen to go." "

My journeys also took me to the Galactic Council, wherein representatives from every world within the Council gathered. There were literally hundreds of different species. And only those worlds who were settled in life and light or above could join this Council.

But something happened during this council that I believe is so important in understanding the pathway we are to take in our spiritual journey and that with the Extraterrestrials that I share portions of it here. From <u>Extraterrestrials: The Mystic</u> <u>Knowledge Series</u>, by Marilynn Hughes

"Now alit in the wonder of heaven, my soul looked upon a tremendous pathway which seemed to go on into infinity. Nearing ever closer, I noticed that this pathway began down below upon the Earth in the location of my current home. Flitting ever upwards towards the skies, it wavered and meandered. continuing up into the starry realms and the galactic mists beyond my current conception. In the distance, though well beyond view, my soul heard from the

mouth of a heavenly host. "This path continues all the way to heaven." As I neared closely enough to vision the purpose of this mystic trail, I suddenly noticed that it was comprised of books

Leading me to a particular position upon the trail high above the cloudy sky and permeating the galactic havens, I knew it to be resonant of my current status upon the path. Before me were beautiful books covered in exquisite artwork depicting the life of our Lord Jesus Christ, but the pathway was composed of the ancient sacred texts and writings

of the prophets, mystics, saints and sages of all world religions; the various meanderings left to us in print by those among us who have moved onward to another higher reality. In the writings of the ancient sacred texts, we were given the opportunity to share the journey of those who had passed beyond the Earthly gates, and thus, be so honored as to receive of the wisdom of their flight. If only other souls knew the tremendous gift of these vital etchings left behind by the prophets, mystics, saints and sages, perhaps they would seek them out . . .

My presence did not appear expected this night at the 'Galactic Council,' the highest council of civilizations around the Universe. My journey would begin with a local universal group originating in Washington D.C., United States. It was one of the most highly top secret gatherings in our world.

About 200 dignitaries had come from around the world, but the Lord bid to take me on a journey of such profound intensity; I can scarcely tell of it or restate it to those among the living in our world of mankind . . .

A very small and thin older gentleman approached me and said nothing. But in his hands he bore some things beyond words. Handing them to me, I said nothing also but stared at the documents in disbelief.

The first text he'd handed me was a careful preservation of all the ancient Hebrew texts of the bible and the biblical region. These were not translations, mind you, but the actual papyrus placed in a protective receptacle in the book. Leafing through it, I did not speak.

But as I gazed upon them, I

realized that my journey had already encompassed their contents. (With the hopes that what I might share does not sound arrogant), I instinctively understood that these represented a road already traveled. And with that interior understanding made very clear to me, I would leave them here for somebody else who might still have need of them.

Three other books lay in my lap beyond anything I could've imagined. They appeared to be a set . . . of galactic origin. Encompassing the knowledge of the other races within the Universe, they went

beyond this in that they were ancient sacred texts of these other worlds and planets. Holding them and looking within their pages, I saw pictures of many different extra-terrestrial races. (For a moment, I remembered how long ago in 'Galactica' I'd been shown the galactic ancient sacred texts and how they were aeons above from those we had upon the earth.)..."

And these were the Galactic Ancient Sacred Texts.

I have seen races with square heads, or with human features but bearing tails similar to that of roosters, light beings, many-colored beings, many who resemble humanity but bear some striking difference. For example the Greys with their big eyes, the silver skin of the Alpha Centaurians, or the monk robes that some Pleiadians choose to wear over their light.

I've seen Extraterrestrials who only speak in numbers, others who are almost like stick beings with large heads, some have only slits for eyes and mouth; and I've experienced both good and evil reptilian beings. Some seem advanced spiritually and others resemble the darker beings of the

lower spheres. Energetic discernment is required to know the difference between them.

Some species resemble some of our animal species but with variations and/or human combinations, as well; for instance, a pink being of about four feet in height whose skin appeared amphibious and bore a two foot spout for a nose.

. But as you may have already noted, there are so many species and worlds that it would be impossible to cover them all.

But there is one of such extreme height in importance and glory that I share with you an excerpt from an interview given to Dr. Thomas Streicher, Ph.D. for his book, Extra-Planetary Experiences: Alien-Human Contact and the Expansion of Consciousness.

"My spirit was taken to watch the workings of a very unusual star group of extraterrestrials. There were about five them, very tall, grayish pinkish in their tone and very serious in their facial expressions. Immediately, I experienced both awe and fear. But my fear was not of them, but a holy fear, a holy fear of God - the God that they served with such

high distinction, I felt unworthy to be in their presence this night. Watching them, I was not allowed to speak to them. Their manner was one of being 'matter of fact' and 'to the point.' No nonsense creatures, their job was very clearly to get in, get the job done and get back out. Unnoticed, if at all possible.

As a profoundly high race of alien being, they had been sent to the earth many times to work with human kind to bring up their galactic receptivity. Their work was all done on an energetic level; it was to create in human beings a higher capacity for receptivity to higher realms and learning.

Allowing me to see that they were currently working with several of the members of the Catholic Priesthood subconsciously, they were trying to assist them in bringing their their Christian understanding to a higher and galactic level. But most of those priests are unaware of their contact and in total there were at most ten to fifteen of them. The question was why?

Sharing with me telepathically that they had approached the masses of humanity for a higher end alignment - they had found that they were only successful in doing this on a large scale with one group of people; the Tibetans. I was shown one person who is

involved in world events, former politician, will not reveal this person's identity - who was also under the tutelage now of these beings. Because of their unique solitude, seclusion, quiet lives and meditation, these higher extraterrestrials had been able to affect this galactic hookup with most of them.

In their presence, I was hiding around the corner watching them do their work because they inspired such awe and holy fear. These were such high level extraterrestrials that you knew that they were given dominion to throw out any spirit who was present but not invited without a single thought. They were

utilizing a piece of equipment with a long metallic bendable rod. At the tip of the rod was something which shaped much like a traditional lamp shade but rounded at the top and metallic. This was an instrument of some sort which they utilized to make these alterations in their subjects.

These are not mid-level beings, these are some of the higher operators in the galactic heavens and what they come to give is profoundly important. Although I could not adequately explain it, they were trying to bring some of humanity to a higher galactic attunement - an attunement with the Christ of the Galactic Heavens because Christ is Christ in the

Galactic Heavens just as He is on earth, but He is much bigger than we know Him to be on earth . . . in the Galactic heavens.

In the Galactic heavens, there are beings from many different worlds. Heaven does not just consist of human souls, but souls from other spheres, other planets and those we would consider extraterrestrial. But when you're in the galactic heavens, it couldn't feel more normal that we are all there together and that Christ is known to them all in a more explicit, advanced, profound and galactic way.

Profoundly quiet, it seemed unlikely that these being ever

engaged in talk, but when they were present it was important to allow them time to finish their work and leave in peace. Their work was difficult and required concentration.

As I looked upon them in holy awe, I realized that their function of galactic attunement was something which human mortals could scarcely understand. And the only way we could allow them to do their work successfully, was to let them do their work without our interference; our thoughts, our desires, our groundedness. It was essential that we become quiet in order to receive their gift."

QUESTION FIVE

5.) So why *are* we here? What is our purpose? Let's use a little bit of common sense. We are all aware that our existence here is temporary, and in that very knowledge lies a mystery and a revelation. The revelation is very simple. So many human beings focus on worldly ends in their lives; seeking after things, money, worldly respect, etc.

But if you die tomorrow, what do you bring with you? Two things. a.) All the love that you have cultivated around you and within you, and b.) All that you have attained within your soul spiritually.

What does this tell us? It tells us that our purposes here have to do with the greater expansion of loving and the acquirement of spiritual wisdom properly inculcated within the spirit and soul during life.

In the mortal realms, dimensions three and four, no matter where they may be – the purpose of such worlds remain the battles between darkness and light. And this battle is going on around us, and within us.

So the purification of our souls is our purpose. And by so doing, we become able to truly feel, emanate and become more that is of love.

And remembering again that knowledge and wisdom are actually

frequency and vibration; allowing those vibrational raisings and energetic/informational downloads is actually very vital in allowing the evolution of the soul to take place and in becoming more and more capable of a higher love.

Higher love is quite different from a simple worldly love.

And our world is going through a crossroads wherein we can vibrate to a heightened level of awareness, spiritual capacity and love; or we can blow ourselves back to the Stone Age.

Many of our Extraterrestrial brothers have gone through this transition. They care about its outcome for two very important reasons. a.) They are giving back to creation what creation has given to them by assisting those who are struggling with something they have already ascended beyond. This is a simple eternal law that we all have to follow. b.) The nuclear capabilities that our planet has attained have changed the dynamic of this transformation because we can do just about anything on this planet and it will not affect them. But what we do with nuclear power affects all life in this galaxy and apparently others.

The extraterrestrials tell us that not only have we done this before, but so have other civilizations. Unfortunately, many of them including ourselves have taken the

path leading backwards and civilizations including our own have suffered.

They are here to help us to make the choices which will lead to a greater outcome for our world and all worlds.

QUESTION SIX

6.) What are the energetic Hierarchies in the Universe?

In order to understand this vast question, you must first understand that Hierarchies in the heavenly spheres (and the lower for that matter) have to do primarily with energy, status and function. And these three qualities are then further delineated by the differing purpose between heavenly beings.

Finally, the very *significance* of a *heavenly* (or human being for that matter) has to do primarily with the will of God being performed within a being; not on a scale who is higher or lower, or closer or further from God. If a hierarchical being performs the purpose for which he was created, his *significance* remains the same.

For instance, a lot of people will ask questions like 'Well is Christ higher or equal to the Prophets?' or 'What about the Masters?' These questions have no simple answer. For example, in my writing I speak a great deal about the prophets, saints, mystics, saints, sages and ascetics.

These titles denote the energy, status and function of these souls who have incarnated on earth to contribute spiritual developments of great significance. And so doing, their significance remains intact. And if you met them, their energy would be quite similar to one another . . . but their status and functions would be quite different. Not better or worse different.

So, the servants of God in the heavenly kingdoms are referred to as the Royal Family of God. And all of these reside within that family and work together for the redemption of this world and others.

Where does Christ fit in? Well, Christ *heads* the Royal Family of God and his status and function is that of Messiah. So His status and function are *different*, but so is his energy.

Comparatively speaking, the Ascended Masters energy would be similar to the Christ, but their status and function are entirely different than that of the Christ.

One of the more difficult concepts to understand about Christ, as Messiah, is that Christ performs this function for many worlds. As you travel mystically towards the Galactic Heavens you will find that you must go through a corridor which has stained glass windows of Christ and all of His apostles floating

in the ethereal winds on each side. Why would this be? Because other worlds know Christ as Messiah just as we do. He has incarnated into many worlds for the same function.

Both Christ and His Mother originate from the Pleiades.

As the many realms above and below remain infinite, Hierarchy remains infinite. Creation continues to create, and therefore, the only finitude you will find in Universal Matters regard the specific function, status and energy of individual created beings or forms. God Himself, remains infinite, and does whatsoever He pleases.

But even such finitude carries within it the constant evolving principle which sustains, maintains and moves universal reality as a constant motion towards God, towards life, towards creation, towards higher and finer frequencies of light.

Each of us can simplify this process by fulfilling our particular purpose and function so that all *significances* can merge into the unified whole required to attain to the higher vibrational frequency spheres of existence and bring our world to the higher potential of which the Extraterrestrials and the entirety of Universal creation are actively involved. For more on Hierarchy, please consult:

Angelology: An Overview, by Marilynn Hughes (From the Ancient Sacred Texts and Writings of the Prophets, Saints, Mystics, Sages and Ascetics)

Out-of-Body Travel, Astral Travel and Remote Viewing: Definition, Similarities, Differences, Spiritual Potential and Related Hierarchies, By Marilynn Hughes

The Urantia Book (From a series of detailed papers transmitted by Extraterrestrials to a doctor beginning in 1914 explaining the angelic functions and the progress of

the afterlife of individual souls in great detail.)

For more on Out-of-Body Travel and Mysticism, please consult:

The Hammer of Mysticism: Encyclopedic Journey into Mystical Processes and Terms, by Marilynn Hughes

The Fragrance of the Mystical Rose:
The Revelation of the Celestial
Mysteries from the Enclosed Garden
of God, by Marilynn Hughes

If you are interested in pursuing these questions more deeply, please go to 'The Out-of-Body Travel Foundation' website at http://outofbodytravel.org

for thousands of free resources on these and many more spiritual subjects.

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The Out-of-Body Travel Foundation
https://outofbodytravel.org

Understanding Basic Concepts of Spirituality: Through a series of Six Questions, Marilynn Hughes explains the most fundamental questions of spirituality required for a soul to begin the quest towards Out-of-Body Travel and all that such a journey would bring with it. (For more information – https://outofbodytravel.org)