

# The Hammer of Mysticism

Encyclopedic Journey into Out-of-Body  
Travel, Mystical Processes and Terms

By Marilyn Hughes

*The Out-of-Body Travel Book*

*The Out-of-Body Travel Foundation!*

<http://outofbodytravel.org>





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Having worked primarily in radio broadcasting, Marilyn Hughes spent several years as a news reporter, producer and anchor before deciding to stay at home with her three children. She's experienced, researched, written, and taught about out-of-body travel since 1987.

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## INTRODUCTION



## An Out-of-Body Travel allegory:

Marilynn's Vision (Myself)

"Beginning to study the Quantum Field, as I'd been recently led to begin a project combining the latest in Science with Mysticism; I had begun to read some of the books I'd received on what science was learning about matter in the field of physics.

Reading the first few pages, I took a big breath and thought to myself, "Wow, this is a little above my head, the science and everything . . . "

And suddenly, without warning, my deceased father was standing behind me in spirit.

My father had been a mathematician / physicist for NASA during one of the Apollo Missions, and he was instrumental in the creation of Rocket Science, Radar and the new stabilizing system they use on Jets and Aircraft. He had died about five years prior on Holy Thursday.

As I felt his hands on my shoulders, he said, "I'll help you, keep reading, I'll help you."

So I began with the conscious awareness of that which had already come to pass in historical science regarding the nature of reality and God." - Marilyn Hughes

*From Moses Maimonedes*

“KNOW that this Universe, in its entirety, is nothing else but one individual being: that is to say, the outermost heavenly sphere, together with all included therein, is as regards individuality beyond all question a single being . . . These substances form numerous spheres, one being enclosed within another so that no intermediate empty space, no vacuum, is left. One sphere surrounds and closely joins the other. All the spheres revolve with constant uniformity, without acceleration or retardation . . . Compared with each other, however, some of the spheres move with less, others with greater velocity . . .

Within that sphere which is nearest to us, a substance is contained which is different from the substance of the fifth element: it first received four primary forms, and then became in these four forms, four kinds of matter: earth, water, air, fire. Each of the four elements occupies a certain position of its own assigned to it by nature: it is not found in another place, so long as no other but its own natural force acts upon it; it is a dead body; it has no life, no perception, no spontaneous motion, and remains at rest in its natural place. When moved from its place by some external force, it returns towards its natural place as soon as that force ceases to operate.

The spherical bodies, on the other hand, have life, possess a soul by which they move spontaneously; they have no properties by which they could at any time come to a state of rest: in their perpetual

rotations they are not subject to any change, except that of position. The question whether they are endowed with an intellect, enabling them to comprehend, cannot be solved without deep research. Through the constant revolution of the fifth element, with all contained therein, the four elements are forced to move and to change their respective positions, so that fire and air are driven into the water, and again these three elements enter the depth of the earth. Thus are the elements mixed together; and when they return to their respective places, parts of the earth, in quitting their places, move together with the water, the air and the fire.

In this whole process the elements act and react upon each other.

Secondly, living creatures endowed with a heart have it within the body and in the midst thereof: there it is surrounded by organs which it governs. Thus it derives a benefit from them, for they guard and protect it, and they do not allow that any injury from without should approach it. The reverse occurs in the case of the Universe. The superior part encompasses the inferior parts, it being certain that it cannot be affected by the action of any other being; and even if it could be affected, there is nobody without it that could affect it. While it influences all that is contained within, it is not influenced by any act or force of any material being. There is, however, some similarity [between the universe and man] in this point. In the body of animals, the organs more distant from the



principal organ are of less importance than those nearer to it. Also in the universe, the nearer the parts are to the centre, the greater is their turbidness, their solidity, their inertness, their dimness and darkness, because they are further away from the loftiest element, from the source of light and brightness, which moves by itself and the substance of which is the most rarefied and simplest: from the outermost sphere. At the same ratio at which a body is nearer this sphere, it derives properties from it, and rises above the spheres below it.

Thirdly. The faculty of thinking is a force inherent in the body, and is not separated from it, but God is not a force inherent in the body of the universe, but is separate from all its parts. How God rules the universe and provides for it is a complete mystery: man is unable to solve it. For, on the one hand, it can be proved that God is separate from the universe, and in no contact whatever with it; but, on the other hand, His rule and providence can be proved to exist in all parts of the universe, even in the smallest. Praised be He whose perfection is above our comprehension."

*Guide for the Perplexed, by Moses Maimonides,  
(Hebrew Philosopher 1135 A.D. to 1204 A.D.)  
Friedländer tr. [1904]*

"(Marilynn's Vision Continued . . . ) And I continued to then voraciously take in the Quantum Field Hologrammatic Theories of Science which my father

helped me to understand.

Ironically, however, many of these field theories resonated entirely with that of the mystic world that I had already experienced. Many scientists were now referring to the realms mystics have accessed for thousands of years to alter reality from the sphere of energy as the Holographic or the Quantum Field. Research showed that there was evidence to support consciousness in a continuum beyond the atomic field, beyond subatomic particles. And these conscious forms were interconnected all across creation, with the ability to affect other fields and holograms within the entire dynamic. – Marilyn Hughes

### *From the Hidden Domain*

“Our universe originates in the non-physical hidden domain of the wave-function. Each event in our real world has its birth from a sea of infinite possibilities, located in level two – a mysterious realm, a creative source, that interpenetrates our universe. The hidden domain is multi-dimensional. The plane on which we live is like a single slice through a higher-dimensional sphere.”

*The Hidden Domain, Norman Freidman, Woodrich Group, 1997*

*From the Dynamical Theory of the Electromagnetic*

*Field*

“The electromagnetic field is that part of space which contains and surrounds bodies in electric or magnetic conditions . . . we are obliged to admit that the undulations are those of an ethereal substance, and not of the gross matter, the presence of which merely modifies in some way the motion of the ether.

We have therefore some reason to believe . . . there is an ethereal medium filling space and permeating bodies, capable of being set in motion and of transmitting that motion from one part to the other, and of communicating that motion to gross matter . . .”

*The Dynamical Theory of the Electromagnetic Field,  
James Clark Maxwell, Wipf & Stock Publishers, 1996*

“(Marilynn’s Vision Continued . . . ) During his lifetime, my father had compiled a huge library of books on mathematics and that night I found myself suddenly in the home where I had grown up wandering the hallways in search of this grand hallmark of scientific knowledge.

My childhood home was depicted almost like a small little town, there were windows and doors, thoroughways and passageways . . . hidden all over the place. Other people were walking through as if they were just frolicking through town.

My father led me to a room wherein there was

a single volume lying on a nightstand. It was ‘The Complete Notebooks of Leonardo DaVinci.’ Picking it up, I felt the power of the knowledge contained within these pages. And as I looked upon a particular passage, I could not help but note the similarity of his words to what modern science had discovered. There were fields of negative and positive polarities of energy which determined the manner in which these fields would then form into matter from the waveform complex, in essence, showing scientifically the manner in which mystics have altered reality and brought down into the mechanism of consciousness the realms of potential.” - Marilyn Hughes

*From the Notebooks of Leonardo DaVinci*

“Good Report soars and rises up to heaven, for virtuous things find favour with God. Evil Report should be shown inverted, for all her works are contrary to God and tend towards hell.”

*The Notebooks of Leonardo DaVinci, Allegory,  
Arranged, Translated by Edward MacCurdy, Konecky  
and Konecky, 2003*

*From The Field*

“A field is a matrix or medium which connects two or more points in space, usually via a force, like gravity

or electromagnetism. The force is usually represented by ripples in the field, or waves. An electromagnetic field, to use but one example, is simply an electrical field and a magnetic field which intersect, sending out waves of energy at the speed of light . . . Both electrical and magnetic fields have two polarities (negative and positive) and both will cause any other charged object to be attracted or repelled . . .”

*The Field, Lynne McTaggart, Harper Collins Books,  
2008*

“(Marilynn’s Vision Continued . . . ) Atomic particles and waveforms respond to two fields of energy, just as in the mystical; the positive and negative poles, creation and destruction, life and death . . . in essence, good and evil. Another amazing thing shown in the research of the field was that there was an inherent light which emanated from the physical structures – both large and small – of the human body. All that mystics had known forever about our origins as beings of light had been made clear.

But even so, it appeared that Leonardo DaVinci had known this aeons before.” - Marilyn Hughes

*From the Notebooks of Leonardo DaVinci*

“The lights which illumine opaque bodies are of four

kinds, that is to say, universal, as that of the atmosphere within our horizon, and particular, like that of the sun or of a window or door or other space; and the third is reflected light; and there is also a fourth which passes through substances of the degree of transparency of linen or paper or suchlike things, but not those transparent like glass or crystal or other diaphanous bodies with which the effect is the same as if there was nothing interposed between the body in shadow and the light that illumines it.”

*The Notebooks of Leonardo DaVinci, Light and Dark, Arranged, Translated by Edward MacCurdy, Konecky and Konecky, 2003*

“(Marilynn’s Vision Continued . . . ) Scientific research had shown that light emanated from the human body all the way down to the very subatomic particles. And ironically in all that we view as empty space, there was a huge subcutaneous field of energy which seemed to power the entire universal energy. Beyond this, they had also discovered that there was not a single atom which did not influence other atoms, whether or not they were connected by space or time. And that, in a sense the concept of space and time distinguished itself on the subatomic level. A subatomic particle on one side of the universe had as much influence on a subatomic particle on the other side . . . than one which would be intricately interconnected and in close proximity.

As I was pondering all of these fantastic realities; my father quickly directed me down a corridor and into a huge closet. He opened the door to a room where all of his books had been kept. "Go ahead," he said, "look through them." I went into the room just rummaging through all his books like I had when I was a child. But this time, I understood more the purpose.

"God has placed some books there for your use, as well" my father said. Because I didn't immediately understand, I noticed as I turned back to the piles of books all over the closet several that had been placed there on religion and ancient mysticism right alongside the scientific books which would have been his during his lifetime.

As important books often appear in my mystical experiences, they were huge; probably about three feet by five feet in size and they were very thick.

Turning my body to look at the titles with more clarity, I glanced to read their covers. The first volume was huge and it read 'The Lord's Prayer.' Looking within the volume, I realized how much wisdom was contained within the few words of this very important prayer given to us by Our Lord Jesus Christ. It seemed that the grandiose nature of Our Lord and God was something that could not be lost to scientific inquiry. After all, when the created looks upon creation, they are looking at the work of God. And when creation looks upon the Creator, it is again,

God. There is no point wherein human knowledge is not seeking God . . ." - Marilyn Hughes

*From The Pater Noster of St. Teresa of Avila*

"The soul, in withdrawing the senses from exterior things, gains for itself clearer vision. So despicable do externals become that the eyes of the body unconsciously close, thereby excluding creatures. Thus, the gaze of the soul is more effectively focused on God . . . Let us try to realize that we have within us a palace of ineffable splendor, built entirely of gold and precious gems; a dwelling worthy, in a word, of the Master to Whom it belongs. Understand, moreover, that you in your own way really contribute to its grandeur; that there is no other palace whatsoever whose magnificence can be compared to that of a pure soul completely adorned with the virtues; and that the more perfect these virtues, the more brilliantly do such gems shine . . . If we were careful to remember Who is really the Guest of our soul, I think it would impossible for us to become so attached to the things of the world. We should see how vile they are in comparison with the treasures we possess within us . . . Nevertheless, for some time this truth remained obscure to me. I realized very well that I had a soul. But What I did not understand was the dignity of the soul, and the identity of its Guest, because the vanities of this life were like a film over my soul, blinding its vision. I did not realize then, as I



do now, that a King of such Majesty dwelt within the small palace of my soul . . . I . . . should have watched with greater care that this palace be not tarnished . . . But what could be more wonderful than to see Him, Who could fill by His immensity thousands and thousands of worlds, enclose Himself within a dwelling so small.

*The Pater Noster of St. Teresa of Avila, Translated by  
Monsignor W.M.J. Doheny, C.S.C., 1942*

“(Marilynn’s Vision Continued . . . ) And there was a huge book which represented ‘The Bible in Pictures’ my father had gotten me when I was a little girl, but it was much bigger than the original one which still sits on the night table next to my bed.

On the table, my father directed my attention to another book which was also very thick. On the cover, it said, ‘Jesus Christ.’ Directing me to look within its confines, I read.” - Marilynn Hughes

*From The Life of Our Blessed Lord and Saviour Jesus  
Christ*

“And the Jews marveled, saying, How knoweth this man letters, having never learned’ (John vii: 14, 15) To which the Redeemer of mankind replied, My doctrine was not produced by human wisdom, the sages of the

world were not my instructors; I received it from heaven; it is the doctrine of the Almighty, whose messenger I am; 'My doctrine is not mine, but his that sent me.' John vii: 16. Nor can he who is desirous of practicing the doctrines I deliver, if he will lay aside his prejudices, and sincerely desire to be taught of God, be at a loss to know from whom my doctrines are derived; because he will easily discern whether they are conformable to the will of man or of God. It is not difficult to discover an imposter, because all his precepts tend to advance his own interest, and gratify his pride. Whereas all the doctrines delivered by a true prophet have no other end than the glory of God, however contrary they may prove to himself. 'He that speaketh of himself seeketh his own glory: but he that seeketh his glory that sent him, the same is true, and no unrighteousness is in him.' John vii: 18"

*The Life of Our Blessed Lord and Saviour Jesus Christ, By John Fleetwood, D.D., Miller, Orton and Company, 1857*

"(Marilynn's Vision Continued . . . ) And finally, there was a large volume on 'Contemplation,' and I turned to read from its pages." - Marilynn Hughes

*From Meister Eckhart*

"The most powerful prayer, and almost the strongest

of all to obtain everything, and the most honorable of all works, is that which proceeds from an empty spirit. The emptier the spirit, the more is the prayer and the work mighty, worthy, profitable, praiseworthy and perfect. The empty spirit can do everything.

What is an empty spirit?

An empty spirit is one that is confused by nothing, attached to nothing, has not attached its best to any fixed way of acting, and has no concern whatever in anything for its own gain, for it is all sunk deep down into God's dearest will and has forsaken its own. A man can never perform any work, however humble, without it gaining strength and power from this.

We ought to pray so powerfully that we should like to put our every member and strength, our two eyes and ears, mouth, heart and all our senses to work; and we should not give up until we find that we wish to be one with him who is present to us and whom we entreat, namely God."

*Meister Eckhart, Translated by Edmund Colledge,  
O.S.A., Bernard McGinn, Paulist Press, 1981*

*From Contemplative Prayer*

"Indeed, it is a remarkable proof of the abundant overflowing riches of Divine goodness that the

practice of contemplation, the noblest of which a rational soul is capable here or in heaven, is not confined to caverns or deserts, nor limited to religious communities, the intellectually gifted, or the learned. No, even the poorest, simplest soul in the world, if she will faithfully correspond with the internal light and attraction of God's Spirit, may securely arrive at the mountain of vision, and even more speedily than learned theologians, profound scholars, or secluded hermits."

*Contemplative Prayer, Dom B. Weld-Blundell, Monk  
of the Order of St. Benedict, 1657*

"(Marilynn's Vision Continued . . . ) Turning to my father, I said, "Like my prayer?" He nodded 'yes,' as I remembered the prayer I had been given to say almost every night as I went off to sleep.

"My Lord Jesus Christ,  
I ask that you bring about  
Your highest and holiest will  
Within myself and through my life  
In what you wish me to become  
And that which you wish me to accomplish  
And I ask, Lord, that you bring about Your highest  
and holiest will, and the highest destiny  
From which you have called me forth  
From the darkness and into light  
And I ask, Lord, that you bring this about

No matter what that may require.”

On first glance, the prayer may not seem such a serious request. But if you really pay attention to its words, you are giving God the permission and authority within the accomplishment of His divine will to wreak havoc on your life in order to bring about His greater will.

And by so doing, surrendering your own will to that of God . . . you must be prepared for all that this will mean. We are ensuring loss and hardship in our lives for the attainment of a higher good. Be prepared to have your heart broken . . . . open . . . and closed . . . then open and closed. Regardless of that hardship, however, you can be assured that you will be taking the most direct route to the fulfillment of God’s holy purpose in your own life.

Andy (my husband whom after a ten year separation were now back together) arrived to help me to make sure to get the books home as my father said, “Make sure that as you go into the science, you don’t go too far; because your part in this mission is the mysticism. But I will help you with the science, and together, we will bring the two together.”

Nodding in understanding, I’d been trying to read almost exclusively the science texts. And although I was seeing a huge correlation between the latest scientific discoveries in physics and the realm of mysticism; my father understood that the mechanism

of my soul was mysticism, whereas his mechanism had been science. In order for me to retain balance, I would have to retain my mechanism. "Remain quiet," he said, "remember that in physics there are only two forces; good and evil. Remain quiet . . ."

Smiling at him, he smiled back and disappeared. - Marilyn Hughes

*From Creative Mind . . .*

**"Destroy all thoughts that we do not wish to experience.**

"WE must resolutely set our faces to the rising consciousness of the Son of Truth; seeing only the One Power we must destroy the adversary and leave the field to God or Good. All that is in any way negative must be wiped off the slate and we must daily come into the higher thought, to be washed clean of the dust and chaos of the objective life. In the silence of the soul's communion with the Great Cause of All Being, into the stillness of the Absolute, into the secret place of the Most High, back of the din and the ceaseless roar of life, we shall find a resting place and a place of real spiritual power. Speak in this inner silence and say, "I am one with the Almighty; I am one with all life, with all power, with all presence . . . ." Listen to the silence. From out of the seeming void the voice of peace will answer the waiting soul, "All is well."

*Creative Mind and Success, by Ernest Shurtleff  
Holmes [1919]*

*From Wisdom of the Ages*

“INTO the Silence, oh, soul, would I walk with thee.  
Into that chamber whose walls are adorned with the  
unexpressed ideals of the soul.

Here are thoughts that never yet were given outward  
expression.

Here are poems excelling in beauty and grandeur  
those of earth's greatest masters.

Songs sweeter and diviner than the incomparable  
Wagner ever voiced to an astounded world.

Here are thoughts more creative than those of the  
great philosophies and religions.

For now we have crossed the threshold of the  
unexpressed.

In the Silence characters are formed and developed.

In the Silence geniuses are born.

Out of the infinite depths of Silence proceeds all that  
is.

When I walk with thee, oh, soul, into the Silence, awe and reverence abide with me.

For that which is formless, uncreated, ready for the Master fills me with awe.

Stand I thus in the Silence in the presence of Depths abysmal and fronting immeasurable Heights.

The waters from the great Depths surround me. Plunge, oh, soul, beneath the mighty surging waves, and come up out of them purified.

Cleave with thy wings, oh, soul, the ethers that encircle the Heights, and be glorified by the light that glows and plays forever above their summits.

Into the Silence and commune with self; find there thy mission in the world.

There let the message come to thee that thou shalt give unto those who have become seekers after the light.

Into the Silence, oh, soul, and there find the glowing pathway of the spirit.

Humble though thy work may be, lowly thy mission in the world, in the Silence thou shalt learn its meaning, and thy soul shall be content to labor and to wait.

In the Silence great truths shall come to thee and thy



soul be blessed with the rich increase of celestial knowledge.

In the Silence all perplexities shall vanish, all troubles shall cease, all sorrow be assuaged.

In the Silence the clouds shall lift, and the light that is ineffable encompass thy soul.

In the Silence thy soul shall find its own, and commune with the loved in the voiceless language of the soul.

From the Silence, oh, soul, thou shalt return, seeking no longer far and wide thy mission in the world, for the message of thyself in glowing and burning eloquence speaks in thine every act."

*Wisdom of the Ages, by George A. Fuller, [1916]*

"(Marilynn's Vision Continued . . . ) The next night, I was taken to join several astronauts in space. For a while, they were teaching me how to aim a high frequency beam of light towards the earth from the moon in order to achieve specific energetic alterations on the ground.

For hours, we practiced this." - Marilyn Hughes

*From Yagyu Jubei*

"The undisturbed mind is like the calm body water reflecting the brilliance of the moon. Empty the mind and you will realize the undisturbed mind." - *Yagyu Jubei*

“(Marilynn’s Vision Continued . . . ) But when we were done, the astronauts took me to a ‘waterfall’ on the moon. There was a beautiful and emanascent waterfall and all of them jumped into it. I didn’t think I would do it, because I was afraid it would be cold. But I did anyway, and for some reason, this waterfall was cold yet exhilarating at the same time.

Although I know there are no physical waterfalls on the moon, it seemed as though this waterfall had something to do with that which was known to be in the mystical. And since entering the waterfall made me feel cold, there was something important to note about this waterfall, since most of the time in the spiritual body – we do not feel cold or heat from things we may encounter in the physical universe.

This very fact seemed to indicate the waterfall was not a physical location, but a mystical portal of some sort. And jumping into it was necessary somehow, but they did not yet explain. Considering what we had spent hours doing, in terms of focusing a high frequency beam of light to a specific location on earth for the purpose of energetic alteration; it would seem that we were also entering into this

portal for some kind of energetic alteration, but it was not yet given for me to know." - Marilyn Hughes

*From I Ching*

"When the Way comes to an end, then change - having changed, you pass through." - *I Ching*

"(Marilynn's Vision Continued . . . ) Suddenly, my spirit was whisked to a very dry and dank reality . . . a desert of sorts. The winds pummeled the environment like a seer pummels the heart of God. In my essence, the windy glow of the white gown I wore blew incessantly across the landscape.

And instantly, I was inside a small log cabin in the midst of this very harsh environment.

Hearing a knock on the door, I didn't hesitate and walked gently forwards and opened it. A huge man stood outside, a Samurai Warrior of old, his head covered in some type of animal skin which dwelt above his head and was covered by some kind of armor. His essence was huge, at least 7 feet in height, and his breadth was even more intimidating.

Looking me directly in the eyes, I trembled as I could feel the ominous mission he had come to impart. In

the realms of energetic alteration were contained the profound work of liberating souls from lower spheres of knowledge; the hells and the purgatories. In a deep sense, he knew of the battle we fought. And he began to convey wisdom to me without speaking." - Marilyn Hughes

### *From Sun Tzu*

"For to win one hundred victories in one hundred battles is not the acme of skill. To subdue the enemy without fighting is the acme of skill." - *Sun Tzu*

"(Marilynn's Vision Continued . . . ) How true these words were in the realms of knowledge, wherein energetic reality determined the outcome of destinies, lives, fates, souls and worlds. Inherently, mystics have always been taught to fight the battle in energy, rather than in will or in the physical realm: For to do so allows for a higher impetus to descend, and for harm to be limited to realms of subconscious or unconscious unknowing.

Subduing an evil thought through the mechanism of the fields of energy wherein mysticism dwells is a higher alteration than the loss of peace to a soul through violent interchange upon the ground. In the physical and mortal realms of existence, without such energetic intervention, such unfortunate outcomes still result.

I bowed to the Samurai's wisdom." - Marilyn Hughes

*From 'The Book of the Samurai'*

"In the midst of a single breath, where perversity cannot be held, is the Way." If so, then the Way is one. But there is no one who can understand this clarity at first. Purity is something that cannot be attained except by piling effort upon effort.

This is why priests often tremble when they offer incense on the altar. They must wake up their courage to tread over spirits and to snatch living souls from the jaws of hell."

*Hagakure, The Book of the Samurai, 1716*

"(Marilynn's Vision Continued . . . ) Again, I bowed to the great master who stood before me in all his elegance and physical might. His words emanated the knowledge he obviously contained of the spiritual spheres, and the work of those of us called to energize redemption and renewal into the cells of the mortal realms.

For what seemed like aeons, we just gazed upon one another and exchanged what appeared to be a powerful energetic thrust. Neither of us moved, and the desert winds continued to blow the fur on top of

his head as the raging monsoon continued to blow across the desert sweep.

And then suddenly, he bowed back to me and turned away as I closed the door.

Turning away from the door and towards the empty room I was now occupying, I was shocked to witness yet another unexpected event before my eyes.

Lying on a table beneath a burial shroud . . . was 'Black Elk', once-known chief of the Oglala Sioux. Upon his body, a shroud had been placed which was embroidered with his words, the words he had uttered during his life which held the power to alter realities even now if the human soul could take a hold of the underlying energetic impulse.

Again, I looked upon him, gazing at this beautiful man who had once lived in concert with all creation – both physical and quantum – without ever having to know he was doing so. And the burial cloth was so beautifully and intricately embroidered with his words. I gazed at his face with the closed eyes, and I felt the solemn sacredness of being allowed to sit before this man at his moment of final rest." - Marilyn Hughes

### *From Black Elk*

"The first peace, which is the most important,

is that which comes within the souls of people when they realize their relationship, their oneness with the universe and all its powers, and when they realize that at the center of the universe dwells the Great Spirit, and that this center is really everywhere, it is within each of us."

*Black Elk Speaks, Oglala Sioux, By John G. Neihardt,  
University of Nebraska Press, 1932*

*From Black Elk Speaks*

"Crazy Horse dreamed and went into the world where there is nothing but the spirits of all things. That is the real world that is behind this one, and everything we see here is something like a shadow from that one . . . I knew that the real was yonder and that the darkened dream of it was here . . . And while I stood there I saw more than I can tell and I understood more than I saw; for I was seeing in a sacred manner the shapes of all things in the spirit, and the shape of all shapes as they must live together like one being . . . Sometimes dreams are wiser than waking . . . It is from understanding that power comes; and the power in the ceremony was in understanding what it meant; for nothing can live well except in a manner that is suited to the way the sacred Power of the World lives and moves . . . But I think I have done right to save the vision in this way, even though I may die sooner because I did it; for I know the meaning of the vision is wise and beautiful

and good; and you can see that I am only a pitiful old man after all.”

*Black Elk Speaks, Oglala Sioux, By John G. Neihardt,  
University of Nebraska Press, 1932*

“(Marilynn’s Vision Continued . . . ) And the desert winds continued to prevail, as the security of my little log cabin in the desert instantly disappeared as quickly as it had come.

But yet another spectacle awaited my vision. Blowing forward from interstellar space, a council of twelve ExtraTerrestrial Grey’s literally emerged onto the desert landscape fully garbed in council robes and surrounded in the wooden desks which usually accompany such a gathering.

Each of them turned to gaze into my eyes at the exact same moment, and we again just allowed the energy from my world and theirs to come into one another.

There was a one-pointedness in their gaze, it felt as if they knew exactly what they required of me and they were filling me with a powerful and eloquent energy to fulfill it . . . ” - Marilyn Hughes

*From Suzuki*



"In the beginner's mind there are many possibilities, but in the expert's mind there are few" - *Suzuki*

"(Marilynn's Vision Continued . . . ) The desert winds only grew stronger as I now felt a fixed energy on my spirit of acceleration, vibration, emanation . . . desert winds . . . acceleration, vibration, emanation . . . desert winds . . . acceleration, vibration . . . emanation . . . desert winds.

As I gazed upon their faces, I said, "I will." Their constant vision continued upon me as if by energetic thrust something grand was about to become loquaciously a part of this lonely journey of quiet that I had reckoned to undertake. It was all as if there was no silence rendered, but windy silence. It was as if there were no thoughts exchanged, but only energy and conscious knowledge embedded within . . . " - Marilyn Hughes

### *From Arabian Wisdom*

"Wise men are silent.

Silence is often more eloquent than words.

Be not hasty with your tongue. If words are silver, silence is gold.

Not all that is known should be said.

Silence is a wise thing, but they who observe it are few.

A great tree grows out of a small seed.

Wisdom is made up of ten parts—nine of which are silence, and the tenth is brevity of language.

What is said at night the day blots out.”

*Arabian Wisdom, by John Wortabet, 1913*

“(Marilynn’s Vision Continued . . . ) Again the desert winds picked up. There was no craft in sight, only these ExtraTerrestrial Grey’s who had come as if out of the sky.

In the incandescent distance, I saw something forming. It was not clear for quite a long time. Even so, their gaze remained glued to my eyes.

As time progressed and my spirit kept soaring with the energies they were providing, I saw a simple wooden bridge. Gazing upon the bridge, something inexplicable happened on the other side, as a Stargate opened from their world to ours.

My jaw dropped, I was so excited. But their gaze directed me to the bridge. “Provide the bridge . . . ” I

heard interiorly, "And we will provide the Stargate."

Within moments, my spirit was soaring with the spirit of acceleration, vibration, emanation . . . desert winds . . . acceleration, vibration, emanation . . . desert winds . . . acceleration, vibration . . . emanation . . . desert winds." - Marilyn Hughes

*From St. Catherine of Siena*

*"How this Bridge is built of stones which signify virtues; and how on the Bridge is a hostelry where food is given to the travelers; and how he who goes over the Bridge goes to life, while he who goes under It goes to perdition and death.*

"This Bridge is built of stones, so that, if the rain come, it may not impede the traveler. Do you know what these stones are? They are the stones of true and sincere virtues. These stones were not built into the walls before the Passion of My Son, and therefore even those who attempted to walk by the road of virtue were prevented from arriving at their journey's end, because Heaven was not yet unlocked with the key of the Blood, and the rain of Justice did not let them pass; but, after the stones were made, and built up on the Body of My sweet Son, My Word, of whom I have spoken to you, He, who was Himself the Bridge, moistened the mortar for its building with His Blood. That is, His Blood was united with the mortar of divinity, and with the fortitude, and the fire of

love; and, by My power, these stones of the virtues were built into a wall, upon Him as the foundation, for there is no virtue which has not been proved in Him, and from Him all virtues have their life. Wherefore no one can have the virtue given by a life of grace, but from Him, that is, without following the footsteps of His doctrine. He has built a wall of the virtues, planting them as living stones, and cementing them with His Blood, so that every believer may walk speedily, and without any servile fear of the rain of Divine justice, for he is sheltered by the mercy which descended from Heaven in the Incarnation of this My Son. How was Heaven opened? With the key of His Blood; so you see that the Bridge is walled and roofed with Mercy. His also is the Hostelry in the Garden of the Holy Church, which keeps and ministers the Bread of Life, and gives to drink of the Blood, so that My creatures, journeying on their pilgrimage, may not, through weariness, faint by the way; and for this reason My love has ordained that the Blood and the Body of My only-begotten Son, wholly God and wholly man, may be ministered to you. The pilgrim, having passed the Bridge, arrives at the door which is part of the Bridge, at which all must enter, wherefore He says: 'I am the Way, the Truth, and the Life, he who follows Me does not walk in darkness, but in light.' And in another place My Truth says, 'That no man can come to Me if not by Him,' and so indeed it is. Therefore He says of Himself that He is the Road, and this is the truth, and I have already shown you that He is a Road in the form of the Bridge. And He says that He is the Truth, and so He is, because He is

united with Me who am the Truth, and he who follows Him, walks in the Truth, and in Life, because he who follows this Truth receives the life of grace, and cannot faint from hunger, because the Truth has become your food, nor fall in the darkness, because He is light without any falsehood. And, with that Truth, He confounded and destroyed the lie that the Devil told to Eve, with which he broke up the road to Heaven, and the Truth brought the pieces together again, and cemented them with His Blood. Wherefore, those who follow this road are the sons of the Truth, because they follow the Truth, and pass through the door of Truth and find themselves united to Me, who am the Door and the Road and at the same time Infinite Peace.

"But he, who walks not on this road, goes under the Bridge, in the river where there are no stones, only water, and since there are no supports in the water, no one can travel that way without drowning; thus have come to pass the sins, and the condition of the world. Wherefore, if the affection is not placed on the stones, but is placed, with disordinate love, on creatures, loving them, and being kept by them far from Me, the soul drowns, for creatures are like water that continually runs past, and man also passes continually like the river, although it seems to him that he stands still and the creatures that he loves pass by, and yet he is passing himself continually to the end of his journey -- death! And he would gladly retain himself (that is his life, and the things that he loves), but he does not succeed, either, through death,

by which he has to leave them, or through my disposition, by which these created things are taken from the sight of My creatures. Such as these follow a lie, walking on the road of falsehood, and are sons of the Devil, who is the Father of Lies; and, because they pass by the door of falsehood, they receive eternal damnation. So then you see, that I have shown you both Truth and Falsehood, that is, My road which is Truth, and the Devil's which is Falsehood."

*How traveling on both of these roads, that is the Bridge and the River, is fatiguing; and of the delight which the soul feels in traveling by the Bridge.*

"These are the two roads, and both are hard to travel. Wonder, then, at the ignorance and blindness of man, who, having a Road made for him, which causes such delight to those who use It, that every bitterness becomes sweet, and every burden light, yet prefers to walk over the water. For those who cross by the Bridge, being still in the darkness of the body, find light, and, being mortal, find immortal life, tasting, through love, the light of Eternal Truth which promises refreshment to him who wearies himself for Me, who am grateful and just, and render to every man according as he deserves. Wherefore every good deed is rewarded, and every fault is punished. The tongue would not be sufficient to relate the delight felt by him who goes on this road, for, even in this life, he tastes and participates in that good which has been prepared for him in eternal life. He, therefore, is a fool indeed, who despises so great a good, and chooses rather to receive in this life, the earnest

money of Hell, walking by the lower road with great toil, and without any refreshment or advantage. Wherefore, through their sins, they are deprived of Me, who am the Supreme and Eternal Good. Truly then have you reason for grief, and I will that you and My other servants remain in continual bitterness of soul at the offense done to Me, and in compassion for the ignorant, and the loss of those who, in their ignorance, thus offend Me. Now you have seen and heard about this Bridge, how it is, and this I have told you in order to explain My words, that My only-begotten Son was a Bridge. And thus, you see that He is the Truth, made in the way that I have shown you, that is -- by the union of height and lowliness."

*The Dialogues of St. Catherine of Siena, Translated  
by Algar Thorold, Kegan Paul, Trench, Trubner & Co.,  
Ltd., London, 1907*

*From St. Augustine*

"Love endures in adversity  
It shows prudence in prosperity  
It is strong in suffering  
It rejoices in good deeds  
It is safe from temptation  
It is generous in hospitality  
Cheerful among true brothers  
Patient with the faithless  
It is the spirit of holy books  
The virtue of prophecy

The salvation of the mysteries  
 It is the strength of knowledge  
 And the bounty of faith  
 It is wealth for the poor  
 Life for the dying  
 Love is everything

When the judgment is finished  
 This heaven and earth will cease to be  
 And there will be a new heaven and a new earth  
 For this earth shall pass away by transmutation  
 Not by absolute destruction  
 I would have you be without anxiety."

*St. Augustine*

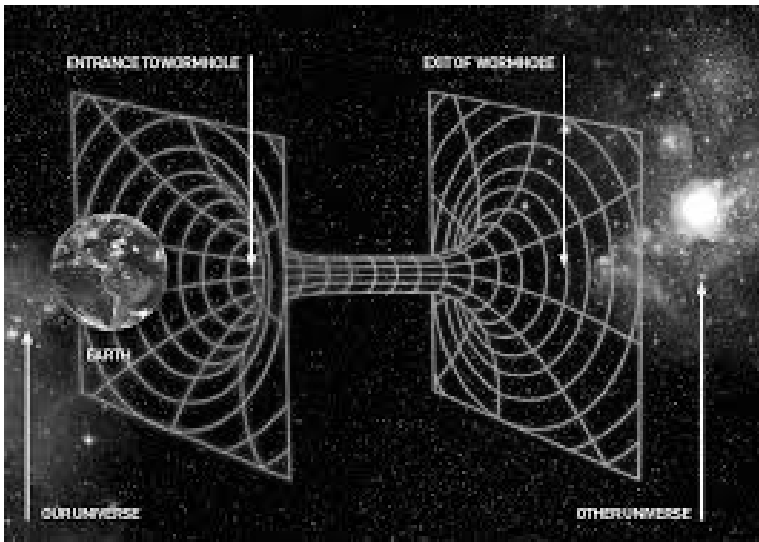
"(Marilynn's Vision Continued . . . ) Within moments, my spirit was soaring with the spirit of acceleration, vibration, emanation . . . desert winds . . . acceleration, vibration, emanation . . . desert winds . . . acceleration, vibration . . . emanation . . . desert winds. Again, I heard the words, "Provide the bridge . . . And we will provide the Stargate."" - Marilyn Hughes

Stargates are theoretically being explored by quantum and astro physicists as a means for time travel and space travel which would provide a means for interdimensional travel beyond the speed of light - instantaneous. The stargate is the logical conclusion to the wormhole, a theoretical idea conceived in 1935 by Albert Einstein and Nathan Rosen, which allows for a



space bridge across time and distance which would be instantaneous.

Theoretical physicists have discussed possible dangers including the collapse of the wormhole, high radiation, the inability to restart the wormhole from the other end or to travel back to any time outside of the original worm hole configuration. Sudden collapse would cause sudden death of any biological life being transported and high radiation could contribute to early death assuming a return could be established.



*From Albert Einstein*

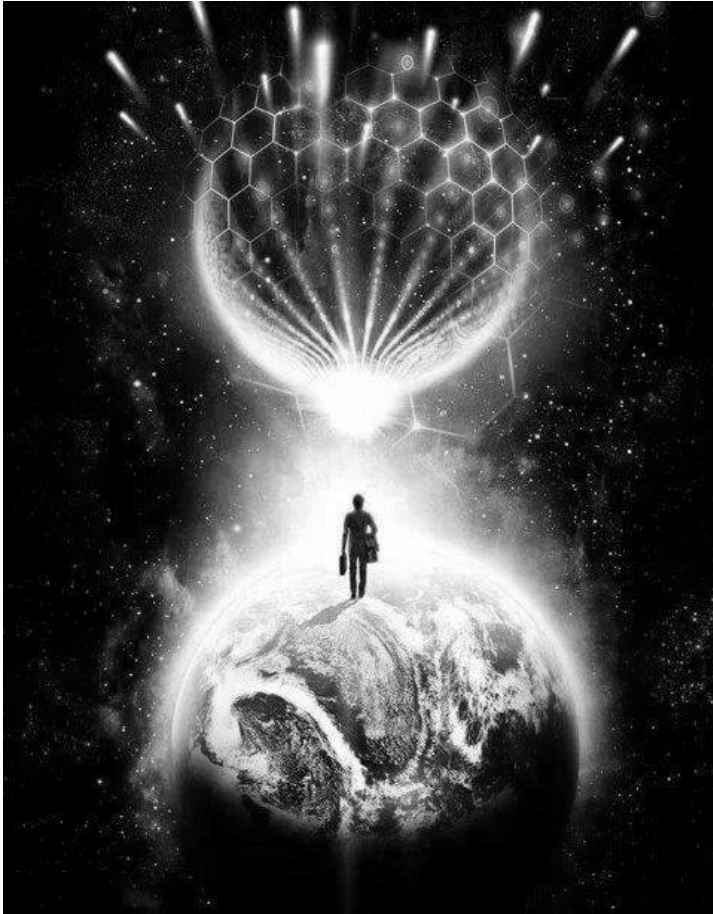
“There is found a third level of religious experience, even if it is seldom found in a pure form. I will call it the cosmic religious sense. This is hard to make clear

to those who do not experience it, since it does not involve an anthropomorphic idea of God; the individual feels the vanity of human desires and aims, and the nobility and marvelous order which are revealed in nature and in the world of thought. He feels the individual destiny as an imprisonment and seeks to experience the totality of existence as a unity full of significance. Indications of this cosmic religious sense can be found even on earlier levels of development—for example, in the Psalms of David and in the Prophets. The cosmic element is much stronger in Buddhism, as, in particular, Schopenhauer's magnificent essays have shown us. The religious geniuses of all times have been distinguished by this cosmic religious sense, which recognizes neither dogmas nor God made in man's image. Consequently there cannot be a church whose chief doctrines are based on the cosmic religious experience. It comes about, therefore, that we find precisely among the heretics of all ages men who were inspired by this highest religious experience; often they appeared to their contemporaries as atheists, but sometimes also as saints."

*Albert Einstein*

**CHAPTER ONE**  
**Mystical and Out-of-Body Travel**

*Where we are is just a blip in timelessness . . . where we are, we shall ever be . . . and where we are not, we are there still.*



*From St. Bonaventure*

O how glorious is the kingdom  
 Of this most excellent King  
 Where all the just reign with him!  
 Its law is  
 Truth, peace, charity, life, eternity.  
 It is not divided  
 By the number of those who reign;  
 Nor lessened by being shared,  
 Nor disturbed by its multitude,  
 Nor disordered by its inequality of ranks,  
 Nor circumscribed by space,  
 Nor changed by motion,  
 Nor measured by time."

*Bonaventure, The Tree of Life, Paulist Press, 1978*

**Mystical Theology** - "Mystical theology is the science which treats of acts and experiences or states of the soul which cannot be produced by human effort or industry even with the ordinary aid of Divine graces. It comprises among its subjects all extraordinary forms of prayer, the higher forms of contemplation in all their varieties or gradations, private revelations, visions, and the union growing out of these between God and the soul, known as the mystical union. As the science of all that is extraordinary in the relations between the Divinity and the human spirit, mystical theology is the complement of ascetical, which treats of . . . perfection and of its acquisition by the practice of virtue, particularly by the observance of the

counsels." *The Catholic Encyclopedia*, A. Poulain, Robert Appleton Co., New York, 1912

**Out-of-Body Travel** - Out-of-Body Travel is a form of inter-dimensional travel which can involve travel to the infinite realms of higher, middle and lower vibration; the heavens, purgatories and hells. It can also include travels to places within the mortal realms, the realms wherein the battles between good and evil reside (dimensions three and four).

The experience is characterized often by a series of experiences which lead to a general awakening within the soul. These can include seeing lights, auras, becoming aware of energies, presences, ghosts and having an acute awareness of the feelings of other people, as well as, a general hunger which emerges for spiritual knowledge.

A totally conscious Out-of-Body Experience will generally follow a certain pattern of occurrences.

- 1.) Becoming conscious while sleeping.
- 2.) A strong vibrational impetus felt both physically and spiritually.
- 3.) Many voices speaking all at once.
- 4.) A huge noise, like the sound of a jet engine right next to your ear or a freight train.
- 5.) An awareness of the separate nature of the spirit from the body, sometimes a 'falling out'

of the body either entirely, or in portions, i.e. a hand or a leg.

- 6.) Most people, but not all, will experience a sudden connection to the Divine which emanates into their soul as an overpowering and unconditional love, and a sudden understanding of all mysteries. But it is this unitive love which often overwhelms the soul, as it cannot imagine the Love of God without a gift from the Holy Spirit and it is all encompassing.
- 7.) The actual experience of separating from the physical body and witnessing the two distinct identities of the spirit and body.
- 8.) Afterwards, Out-of-Body Travel can then commence into simple mortal realm travel, of the earth - or fourth dimensional travel, Astral Travel - or multi-dimensional travel, Out-of-Body Travel. It can progress into much higher spiritual understandings and visitations if the experiencer remains open to the promptings of the will of God in the process.

### *From the Candle of Vision*

“We have invoked the God and we are answered according to old promise. As our aspiration so is our inspiration. We imagine It as Love and what a love enfolds us. We conceive of It as Might and we take power from that Majesty. We dream of It as Beauty and the Magician of the Beautiful appears everywhere

at Its miraculous art, and the multitudinous lovely creatures of Its thought are busy moulding nature and life in their image, and all are hurrying, hurrying to the Golden World. This vision brings its own proof to the spirit, but words cannot declare or explain it. We must go back to lower levels and turn to that which has form from that which is bodiless."

*The Candle of Vision, George William Russell, 1918*

Generally, the person awakes while sleeping and the vibrational impetus is felt because the physical person is feeling now the vibrational field of the spirit which has been activated somehow by your own spiritual journey or by the general awakening which has been slowly or quickly coming to pass. The voices are the conglomeration of the thoughts of humanity, so they are literally random thoughts all converging in one continuum. The jet engine sounds are the sound of the astral plane which vibrates at a higher rate than that of physical matter, and thus, makes what you perceive as a lot of noise. It's pretty overwhelming in the beginning, but you get used to it fairly quickly. And then the experience proceeds as the person either takes portions of their body outside into the etheric, rolls out entirely, or consciously wills the spirit to exit the body.

Once the soul has exited, there are literally an infinite number of possibilities. But here are a few things to

keep in mind that will dramatically change immediately:

- 1.) All senses (hearing, sight, smell, sound) will come from a central consciousness, rather than from a particular location as it might occur in a physical body.
- 2.) Movement will be willed through the consciousness rather than performed as a physical feat.
- 3.) Although the spiritual body can penetrate physical matter, the particles in physical matter make that transition difficult in the beginning because they are denser and tighter.
- 4.) Discipline of the mind and consciousness will be vital to the progress of the traveler in the Out-of-Body Travel States.

Many people ask if certain experiences they have had were Out-of-Body Experiences. My answer to them is that if you have to ask, they were not. An Out-of-Body Experience is so vibrationally significant and overwhelmingly conscious, that when you have one, there is no question or doubt of what has just happened.

**Waking Visions** - Some people, especially those among the prophets, saints, mystics, sages and ascetics from every world religion and tradition throughout time - including the tribal religions in Shamanic practice, etc., - experience much of their mystical attainment while their physical body



remains conscious. These are sometimes termed waking visions.

In the lives of some of the Catholic mystics, the visions that they experienced would occur around their sickbed. Oftentimes, these would be in-depth journeys into the life of Christ. In many cases, the experiencer felt as though they were physically present at these events.

In such cases, there was often a transcriber who would write down everything the mystic saw and heard while they were experiencing such things and speaking of them. And this is where many of the great writings which remain have come down to us today. For instance, 'The Dialogues of St. Catherine of Siena.'

However, even the movie, 'The Passion of the Christ' was based on such waking visions as had by the Venerable Anne Catherine Emmerich who wrote of her fantastical insights into the life of Christ in several volumes. But it was 'The Dolorous Passion of Our Lord' which inspired the making of this film.

In other traditions, as well, waking visions have been reported. The Buddha was known to have conscious waking visions with 'Mara' also known to Western Civilization as 'the Devil', and such things are widely reported worldwide throughout the ages.

**Lucid Dreaming** - Lucid Dreaming is usually a *less*

*conscious* Out-of-Body Travel Experience. As God knows how much energy you can and cannot handle at any given time, many people experience lucid dreams – sans the process of leaving the body – in order to receive the spiritual import of the message within the experience. But you may not have any conscious recall of actual separation from their body.

Lucid Dreamers also very often try to control aspects of their dreams. And this can be helpful when working to overcome psychological issues, but whence these dreams enter into spiritual territory, it is always wisest to surrender to the will of God in such matters.

This is because if you wish to control the experiences ourselves, you will limit them. You don't know what you don't know. God does. Surrendering to the will of God or that of 'the Eternal' will always help you to achieve a great deal more from these journeys.

*From the Candle of Vision*

"I was led by other dreams to assume that in the heart of sleep there is an intellectual being moving in a world of its own and using transcendental energies."

*The Candle of Vision, George William Russell, 1918*

**Astral Travel** - Many people confuse Astral Travel with Out-of-Body Travel, but they are not the same thing. Astral Travel is limited to third and fourth realm travel, which involves the third and fourth dimension of reality, the astral realms. These realms are the third dimension - the physical waking world that we live in; and the fourth dimension - which is the overlapping astral realm which is not much different than that which we see on earth.

Many souls, when they cross over, if they have not done a great deal of spiritual work in their lifetime; may have to spend some time in the astral realms overlapping physical reality before they will become *energetically* capable, and spiritually ready, to take in anything higher (which would be the fifth dimension and above.)

*From a Textbook of Theosophy*

“The astral life is the result of all feelings which have in them the element of self. If they have been directly selfish, they bring him into conditions of great unpleasantness in the astral world; if, though tinged with thoughts of self, they have been good and kindly, they bring him a comparatively pleasant though still limited astral life. Such of his thoughts and feelings as have been entirely unselfish produce their results in his life in the mental world; therefore that life in the mental world cannot be other than

blissful. The astral life, which the man has made for himself either miserable or comparatively joyous, corresponds to what Christians call purgatory; the lower mental life, which is always entirely happy, is what is called heaven.”

*A Textbook of Theosophy, C.W. Leadbeater, 1912*

**Mystical Dreams** - Mystical Dreams can be similar to Lucid Dreams in that the experience is very powerfully conscious, however, mystical dreams are those experiences which have some great spiritual message contained within them that the experiencer cannot deny when they return to the physical. They usually contain instructions for the person’s path in this physical universe wherein they are incarnate.

In order to encourage such Mystical Dreams to continue, the hearer of them must respond in a manner consistent with the guidance given or they can derail that path and that process.

But Spiritual Discernment of such Mystical Dreams is vital to that process. Three methods of discerning the bearers of such messages are to ask these questions:

- 1.) Do you come here on behalf of Almighty God to serve His purpose in me and for His Greater Good?
- 2.) Have you been sent by Our Lord Jesus Christ?

- 3.) Do you believe in Jesus Christ, who came down from heaven, was incarnate of the Virgin Mary and became Man. Do you believe that Jesus Christ came to save mankind from his sins?

Another means of discernment involves really tackling the message head on. Is there anything in the message that causes confusion? Is the message clear? Is there peace in receiving the message or do you feel conflicted or discordant? Does the advice or direction given in the Mystical Dream coincide with previous revelation? Does it coincide with moral law? Is it partly true, but yet also partly false?

These types of directives can be utilized to deeply analyze such experiences to insure that they are coming from God and not the enemy.

*From the Spiritual Exercises of St. Ignatius of Loyola*

“THE EIGHT RULES ON THE DISCERNMENT OF SPIRITS

**First Rule.** The first: It is proper to God and to His Angels in their movements to give true spiritual gladness and joy, taking away all sadness and disturbance which the enemy brings on. Of this latter it is proper to fight against the spiritual gladness and

consolation, bringing apparent reasons, subtleties and continual fallacies.

**Second Rule.** The second: It belongs to God our Lord to give consolation to the soul without preceding cause, for it is the property of the Creator to enter, go out and cause movements in the soul, bringing it all into love of His Divine Majesty. I say without cause: without any previous sense or knowledge of any object through which such consolation would come, through one's acts of understanding and will.

**Third Rule.** The third: With cause, as well the good Angel as the bad can console the soul, for contrary ends: the good Angel for the profit of the soul, that it may grow and rise from good to better, and the evil Angel, for the contrary, and later on to draw it to his damnable intention and wickedness.

**Fourth Rule.** The fourth: It is proper to the evil Angel, who forms himself under the appearance of an angel of light, to enter with the devout soul and go out with himself: that is to say, to bring good and holy thoughts, conformable to such just soul, and then little by little he aims at coming out drawing the soul to his covert deceits and perverse intentions.

**Fifth Rule.** The fifth: We ought to note well the course of the thoughts, and if the beginning, middle and end is all good, inclined to all good, it is a sign of the good Angel; but if in the course of the thoughts which he brings it ends in something bad, of a distracting tendency, or less good than what the soul had

previously proposed to do, or if it weakens it or disquiets or disturbs the soul, taking away its peace, tranquillity and quiet, which it had before, it is a clear sign that it proceeds from the evil spirit, enemy of our profit and eternal salvation.

**Sixth Rule.** The sixth: When the enemy of human nature has been perceived and known by his serpent's tail and the bad end to which he leads on, it helps the person who was tempted by him, to look immediately at the course of the good thoughts which he brought him at their beginning, and how little by little he aimed at making him descend from the spiritual sweetness and joy in which he was, so far as to bring him to his depraved intention; in order that with this experience, known and noted, the person may be able to guard for the future against his usual deceits.

**Seventh Rule.** The seventh: In those who go on from good to better, the good Angel touches such soul sweetly, lightly and gently, like a drop of water which enters into a sponge; and the evil touches it sharply and with noise and disquiet, as when the drop of water falls on the stone.

And the above-said spirits touch in a contrary way those who go on from bad to worse.

The reason of this is that the disposition of the soul is contrary or like to the said Angels. Because, when it is contrary, they enter perceptibly with clatter and noise; and when it is like, they enter with silence as into their own home, through the open door.

**Eighth Rule.** The eighth: When the consolation is without cause, although there be no deceit in it, as being of God our Lord alone, as was said; still the spiritual person to whom God gives such consolation, ought, with much vigilance and attention, to look at and distinguish the time itself of such actual consolation from the following, in which the soul remains warm and favored with the favor and remnants of the consolation past; for often in this second time, through one's own course of habits and the consequences of the concepts and judgments, or through the good spirit or through the bad, he forms various resolutions and opinions which are not given immediately by God our Lord, and therefore they have need to be very well examined before entire credit is given them, or they are put into effect."

*The Spiritual Exercises of St. Ignatius of Loyola, 1914*

**Empathic Sensing** - This is a gift that many souls receive at some point during their awakening in that you may become much more aware of the emotions of the people around them. But you also become much more aware of the emotions of other spirits that are around you, This is one manner in which God works in allowing our souls to experience the legitimate pain of others, and by so doing, makes us more capable of being of assistance to others when we are called into such service.



*From Dharma Talk*

“So when we meditate through clear seeing, or the openness and awareness practice, we are entering into the wisdom side, the infinite, open side of the heart and mind. This we call the "absolute bodhi-mind." And when we practice, we generate out of that compassion, loving kindness, joy, empathy... excuse all the words, but no one word can hold them all. With a cluster, we get more of a feeling what it is all about. Not just compassion or pity.”

*Dharma Talk, Compassion, 1995*

**Physical Sensations (Back of Skull, Crown Chakra, Third Eye, Heart Chakra, Emotional Chakra, Sexual Chakra, Goosebumps)** - Personally, I call this 'getting slammed,' but in all truth it is a Holy Spirit experience.

You can receive energies in all of these locations, and it is important to understand the significance of these if you are to properly discern that which you are tuning into or feeling; whether it be for yourself or others.

All of these locations can denote a deceased loved one, lost soul, ghost, wandering spirit, etc., so keep in mind that the location from which you receive entry of the message can give you knowledge of where the

soul may be coming from spiritually. And that is vital knowledge:

- 1.) Back of the skull will usually be the invasion of a foreign force. It can be a ghost, lost soul, wandering spirit, demon, etc. These are usually messages which will denote that either you are under some type of spiritual attack from a dark force (i.e. dark spirits, witchcraft, foul intentions, etc.) or that a soul is in need of some assistance and requires understanding. And thus, you may receive input about it through the back of the head.
- 2.) Crown Chakra usually denotes high celestial wisdom and you should pay close attention to messages which come in through the top of your head.
- 3.) Third Eye can be related to you picking up on someone else's mental energy. In this situation, you can be picking up on an incarnate or discarnate soul. Oftentimes, the information will be coming from a more intellectual place than others.
- 4.) Heart Chakra always denotes love. Energies coming in through this area indicate love . . . and if it is in relation to yourself, you are receiving and processing your feelings for another through the heart, through love. If it is coming from another incarnate or discarnate soul, they are operating from a frequency of love.
- 5.) Emotional Chakra is in the stomach and the

messages that come through here will be highly karmic in nature. This means that your approach will have to come from 'inside the program,' in order to be of assistance. 'Inside the program' denotes an awareness of the karmic cycle for which a soul is currently encased. Karmic and eternal programs are entirely different, and a karmic program has to be handled more 'on the ground' whereas an eternal program operates by laws beyond the ground reality we experience on this earth.

- 6.) Energies coming from the sexual chakra are usually coming from a karmic relationship, and are a warning sign to you if you feel the energies there that you are embarking on something that will likely not end well. It will be highly charged sexually, emotionally and (and this is very important) dysfunctionally. These are energies that are very much focused on instinct and they do not usually proceed much further than this. Proceed with caution, or do not proceed at all, if the energy is associated with yourself. If you are helping a spirit who comes in this way, only proceed if you have been instructed through mystical knowledge - which means that you have been trained by God's emissaries to handle these types of energies in the mystical realms themselves - otherwise, you could succumb to a succubus or incubus, or another form of

destructive sexuality.

- 7.) Goosebumps are a general term to describe what I call 'being slammed.' When I am being slammed, it means that the Holy Spirit has come down upon me, and all of these centers (and others which have been built, utilized, energized and created to pertain to knowledge of this kind within the mystical realms) are all bursting with energy and some kind of important message is coming through. You may feel goosebumps when in the presence of a ghost, lost soul, or any spirit. You might also feel a huge impetus of energy when a deceased loved one of a person you are with is trying to relay a message; usually if it is coming from the realm of unity and goodness, those souls have unfinished business and need help on this side to communicate or assist in something which still remains behind in order for them to proceed forward into the light. Sometimes, deceased relatives will attempt to *force or push* a message through. And this can become a major violation of eternal law if the person is not ready to hear of it. Violations of eternal law are serious, and carry swift and permanent recourse from the eternal for those who violate them.
- 8.) If you receive messages such as these, whether they are Holy Spirit messages or messages from deceased loved ones; always make sure that the person wishes to hear what you have to share. There is no way around this law.

Absolutely, they must be ready and willing to hear. It must come directly from them, no intermediaries. Again, violation of eternal law is a serious matter and such laws must be understood (as taught to the Out-of-Body Traveler Experiencer in other spheres through mystical training). In other words, eternal law is one area among many that you cannot understand or know unless it is brought to you from beyond and above.

*From Atom Smashing Power of Mind*

“A simple word of blessing poured out upon that which we have or that which we can conceive as possible for us as sons of the all-providing God will at least begin to release the superabundance of Spirit substance, and we shall have an inner confidence and faith in the providence of our Father.”

*Atom Smashing Power of Mind, Charles Fillmore,  
1949*

**Unconscious and Subconscious Travel** - As an Out-of-Body Traveler, you will be called into service on many occasions. In order to complete your task, you will eventually end up dealing with unconscious or subconscious travelers.

A typical scenario may be that you have been called

in to offer comfort and compassion to someone who has recently been bereaved. Although they may have no conscious recall of the event, you may be called in to communicate with them, transmit energy, and share information as to the whereabouts and well-being of their loved one. This will be a completely conscious experience for yourself, but they will have no knowledge of it.

Again, eternal law comes into these situations. Many such situations will be entirely anonymous, and you won't know who they are. But for those whom you do, again, permission is always required. And it is best to approach such matters very carefully and slowly. If there is any sign of resistance to information obtained in this manner, back off immediately and accept that this was an unconscious or subconscious alteration that was necessary, but consciousness was not a requirement.

Sometimes, these unconscious or subconscious states will happen regarding the energetic status of those you love (both incarnate and discarnate), group meetings which gather in the spiritual realms at night subconsciously to discuss life issues that they are facing at a particular juncture, issues regarding destiny, etc. They run the gamut.

Do not be surprised if you have an entirely different life with some of the people who are brought into your physical waking world, on the other side. Very common.

And, as with all of us, many of our own experiences remain subconscious until they are ready to emerge. You may have memory of having had some mind-blowing revelation, but no matter what you do, you cannot bring it to conscious recall.

When this happens, trust God and don't worry. God is bringing your own frequency and vibration up to a level wherein you will be ready to handle the emergence of this new wisdom or knowledge to an energized and awakened level. Be patient, spiritual development is filled with ebbs and flows of activity and inactivity - expansion, diminution - birth, death . . . trust God and allow the energies to flow through your surrender, so that it will reach a conscious level sooner.

*From Keep a True Lent*

"WE ARE ALL well acquainted with the conscious mind. Through its use we establish our relations with the outer realm and recognize our individual entities. Indeed, there are some who claim that the conscious mind is the only mind there is. They are simply holding a thus far undiscovered country to be undiscoverable. Of such persons as these Cardinal Newman spoke when he said that they "are only possessed by their knowledge, not possessed of it." But in due season they will awake and respond to the call of Spirit to "come up higher."

The subconscious mind is the vast, silent realm that lies back of the conscious mind and between it and the superconscious. To one who does not understand its nature and its office, it is the "great gulf fixed" between his present state and the attainment of his highest desire, his good. The subconscious may be called the sensitive plate of mind. Its true office is to receive impressions from the superconscious and to reproduce them upon the canvas of the conscious mind. Man, however, having lost the consciousness of the indwelling Father as an ever present reality, has reversed the process and impresses the subconscious from the conscious mind. In this way the former is made to register impressions of both good and evil, according to the thought held in conscious mind at the time the impression is made. And since it is the purpose and the nature of the subconscious mind to reproduce, or to throw upon the screen of the conscious, the exact impression that it has received, the conscious mind is thus made to express two sets of opposing ideas. No enduring structure can be built by one who is "a double-minded man, unstable in all his ways."

*Keep a True Lent, Charles Fillmore, 1953*

**Vibrational Raisings** - Vibrational Raisings occur throughout the Out-of-Body Travel process and adventures. As you may recall, this vibration comes with the process of beginning to separate from the physical vibration of the body and connecting to the



spiritual vibration of your soul.

So, if you are to progress in your Out-of-Body Travel adventures, and be taken to higher and higher fields of light, knowledge, wisdom and consciousness; you must expect that you must become compatible to them first.

Let me state very clearly that knowledge is vibration. It is not information. Knowledge descends into this realm through vibration, and thus, when you allow these vibrational raisings to occur, you are vetting your soul to travel to higher dimensions and seek to attain higher understanding.

Each time you leave your body and attend to a higher sphere, you return with only a small portion of that memory, of that vibration. But each time, you bring back a bit of the vibration of heaven to earth. When you multiply this by multiple journeys, you are multiplying the amount of light and flow that is coming through your spirit through these flights into heavenly spheres.

When a soul attempts to reach a higher realm than that to which he is compatible, it feels as though it is being crushed. The vibration is just too high.

Knowledge is also this way. There are things you can understand through words, but knowledge can only be obtained through energy.

Vibrational raisings begin occurring almost as soon as you have that first Out-of-Body Travel Experience. Your spirit will enter into the vibrational phase and rather than progress to exiting the body, your vibration will be fine-tuned like an engine. It is very similar to revving an engine on a car or airplane. The energy will go up to a level wherein you can truly feel like you will explode, it causes pressure, headaches, etc., and then it will be slowly descended. This can be done hundreds of times over a period of an hour or more.

But these vibrational raisings are absolutely crucial to further realm travel - not just to the higher realms, but also to the lower realms to assist -but they are also essential to the true embodiment of knowledge within physical form.

While you are Out-of-Body, you know things that you don't bring back in its entirety. The unity of all life is exquisitely clear to you. All the mysteries of God are unveiled. But when you return, you retain only a portion of that. Vibrational raisings are the manner in which knowledge is transmitted from God, the eternal, to us as human beings.

### *From the Kybalion*

“The Hermetic Teachings are that not only is everything in constant movement and vibration, but

that the "differences" between the various manifestations of the universal power are due entirely to the varying rate and mode of vibrations. Not only this, but that even THE ALL, in itself, manifests a constant vibration of such an infinite degree of intensity and rapid motion that it may be practically considered as at rest, the teachers directing the attention of the students to the fact that even on the physical plane a rapidly moving object (such as a revolving wheel) seems to be at rest. The Teachings are to the effect that Spirit is at one end of the Pole of Vibration, the other Pole being certain extremely gross forms of Matter. Between these two poles are millions upon millions of different rates and modes of vibration."

*The Kybalion, Three Initiates, 1912*

**Energetic Attunements and Influx** - Although similar to Vibrational Raisings, the difference is that these can come during mystical experience, sleep or in wakefulness. Energetic Attunements often follow vibrational raisings because the energy is now being brought into an even more conscious complex of cells. Your ability to receive this Energetic Influx during any state of consciousness, even while doing mundane activities, is a highly desirable state. By so doing, you become a conscious reflection of the divine outpouring of love which God, the eternal, is directing into this universe and you are now able to

distribute it in more effective and efficient ways.

**Atonements** - Atonements are experiences which begin fairly early on in the Out-of-Body Travel process. Most people will experience them as vivid and meaningful dreams, some will experience them as lucid.

However, the thrust and import of atonements is quite simple. Your soul will begin taking flights back to moments in this particular time-space continuum, this lifetime, to moments when you were unkind to another individual. Often, these flights begin with moments in childhood wherein so many misunderstandings and actual acts involving cruel intentions were committed by all of us against other souls. (And vice-versa, because although these adventures will begin with experiences regarding souls in whom you may have caused pain, they will eventually also converge into moments with souls who caused you pain earlier in our lifetimes.)

For example, I'll provide an example (out of over hundreds of such experiences, because most souls literally undergo hundreds of these before emerging onto the other end of the mystical threshold of alteration.)

Traveling back in time to a person I had felt hurt by because I'd had feelings for him when I was growing up. We'd been best friends for many years, and I always felt that the feelings between us were rather

mutual. But later in our high school days, he introduced me to a girlfriend he had never told me about; she was pregnant and they were getting married.

I'd carried that hurt throughout my life, but in our atonement; he came to let me know that he had so very thoroughly valued our relationship and had truly and genuinely loved me. But because of his own issues with lust and sexuality, he had entered into a completely different karmic contract with another which by its very nature had decimated what could have been between us. But in the end, he emanated so much love for me, he hugged me, and I told him I understood because I had gone through my own issues with lust later in life and understood the backwards nature that sexual immorality can place upon us, and that, in essence – that very nature can and does change the course of eternal events pretty regularly on the earth. Because it is one of the most common sins, and because it is something that every human soul struggles with on some level, it literally changes destinies.

But we left the experience with total understanding and love, and that obstacle to my ability to accept the love of God had been removed. That tarnish upon my soul's ability to receive love had been severed.

In so traveling, your soul will have a conversation with this other person's soul in a dreamlike state, and the underlying misperception or misunderstanding of

the offending soul will be expressed clearly to the the other and you and/or the offended party will be given the opportunity to energetically understand two things; one, that the behavior (your own or another's) was the result of a misperception of eternal love, and a misunderstanding of that which is life-giving and true and had no bearing on the recipient [whether themselves or the other] of the hurtful behavior, and two; that there is 'atonement' between these two souls which is usually expressed in a hug or a hand shake, either of which will contain within it the an actual transfer energetically of profound unconditional love and forgiveness.

So no matter how the two parties reconcile, in the end, both will feel a tremendous amount of love, forgiveness and recognition of the misperceived behavior as forgiven, atoned for . . . and both parties leave the experience with a unity and a union of purpose, and that purpose is that these actions from earlier in their lives will no longer hinder either party from progressing further into the love and service of God and that there is understanding that both parties have now recognized their unitive nature with the other and reconciled these false separations created by their delusions of separation and falsehood earlier in their lifetime.

Most souls will eventually undergo hundreds of these atonements, which begin in the early childhood arena of this life and move through to the then present day. And this opens up both souls to having resolution

and atonement with many souls with whom they may have otherwise been completely unable to do so due to constraints of physical reality, and the natural declination of contact between so many souls and many of the people from whom and for whom atonement is required.

Eventually, the atonements can actually resolve to go into past lifetimes. But this will only occur if the soul has committed grave harm, or retains serious harm done - from previous incarnations. And these atonements are more complex and sometimes more difficult to achieve a full resolution because they can involve murder and other heinous expressions of evil from previous existences.

In my own case, I will relate only one of many stories regarding a past life atonement which held grave significance for my own journey. Having been killed at a very young age as the result of a mob hit in a previous lifetime, every single person from that past life who was involved in the conspiracy to commit the act showed up to apologize for what they had done. They were doing so from a place of spirit, they were not coming to me from a place of having incarnated again, but rather, were in the spirit world.

Coming to me very sincerely, as you can imagine, my immediate gut level response to their mere presence was terror. But I was surrounded in this experience by my guardian angels who allowed me to hear their thoughts, the process which they had undergone after

life in order to realize the backwards motion of their actions, and their realization of what their actions had done to my soul – which was the most important part of this process – I was able to offer them my atonement in a very reserved way. But after returning to the physical body, my spirit was able to process this more and attain to greater and greater understanding energetically as these energies were given to me in particle fragments so that I could fully atone without having to see them again.

In this case, there was no grand hug or handshake like some of my less serious atonements, because that would have been too traumatic for my soul to engage in while in the spiritual realm. So, rather, the energies were given to me in vibrational raisings and energetic thrusts through the following days afterwards to reach full fruition.

But again, by so doing, these atonements opened up both myself, the giver and those, the receivers of forgiveness to more and more volume of the quantity of the love of God.

Because love is energy . . . and God is love, the ability to contain love as energy is vital to the soul in its ascent upwards towards the highest mount of perfection and attainment of knowledge – both physical and spiritual in this realm.

Quantifying the physical sciences, as well, can then be further achieved because when you look upon



creation, you are looking at God. And when you are looking up towards God, you are beginning then to understand creation.

That which is of science, cannot be understood without actual knowledge. And knowledge comes as energy . . . and energy comes as higher and higher attainments of love.

So misperceived love, through the mechanism of atonements, can provide a huge hindrance to the souls of both those who have committed acts against kindness as they can towards those who have had acts of such a grievance committed against them.

In most cases, especially as related to going back to childhood wounds (which truly are not just 'child's play' or 'children being children,' but actual energetic wounds - which brings us to the realization from a parental level how important it is that we require much from our children as regards kindness and goodwill towards others) most people have both committed and received, so a variety of atonements with both souls you have offended, and those who have offended you, will come to pass and must come to pass in order to remove the hindrances placed in the soul's path by such events.

Although unusual, there are times when you go to offer understanding or forgiveness to another soul, and they may choose not to accept it. In such instances, it is important to recognize that the import

is to offer forgiveness, and whether it is accepted or not is their mechanism and not your own.

The primary reason this can happen on these subconscious levels is because when another soul refuses to recognize their own guilt in a matter, or the harm they have caused by their action, they are also unable to accept the apology for the guilt of the other; even in cases where their guilt may be far greater. Without unconscious or subconscious insight into their own action, they are not yet able to accept insight into your own.

If this is the case, you will be led to ask their forgiveness for whatever your part may have been in the action. And they can refuse, deny or take no account. But you give this, anyway . . . because it is necessary for yourself and for the other.

And know full well that God holds this person in His hands and that whatever they may require to be firmly established in His love in due time will come to pass because God is good in this way. It may not be soon, it may not even be in this lifetime, but it will eventually come to pass.

Another unusual occurrence that does sometimes occur is that you can undergo a beautiful atonement with someone (or vice versa), and then a karmic 'hit' is pronounced for the action even though both parties have forgiven and accepted forgiveness.

This happened to me in one instance regarding someone I had known during high school. He had thrown a party at his house, and when I had come, he had humiliated and embarrassed me by shouting "Who would want you here, you bag of bones!", and then threw me out of the party. (I was very skinny when I was younger.)

We had a beautiful atonement, and I understood that he had done this through ignorance of eternal matters and it was a wonderful moment filled with love and humility. However, when the atonement had finished, I was instructed that he was going to lose a promotion he had hoped to attain in his current job as direct correlation to what had happened on that day long ago.

I begged the forces that be for the karmic release of this action, but they explained to me that in some instances; forgiveness without consequence will not temper the spirit according to the Word with enough fervor. Despite his true sorrow regarding this event, it had to be atoned for on more than one level.

*From Matthew Henry's Commentary on the Whole Bible*

"He must make an atonement for himself; for the high priest, being compassed with infirmity, ought, as for the people, so also for himself, to offer for sins (Heb

5:2, Heb 5:3), and for himself first; for how can we expect to be accepted in our prayers for others, if we ourselves be not reconciled to God? Nor is any service pleasing to God till the guilt of sin be removed by our interest in the great propitiation. Those that have the care of the souls of others are also hereby taught to look to their own in the first place; this charity must begin at home, though it must not end there. . . . The high priest made atonement for himself, as one that was joined with sinners; but we have a high priest that was separated from sinners, and needed no atonement. When Messiah the prince was cut off as a sacrifice, it was not for himself; for he knew no sin. He must make an atonement for the people, by offering their sacrifices. Now that he was made a high priest he must lay to heart the concerns of the people, and this as their great concern, their reconciliation to God, and the putting away of sin which had separated between them and God. He must make atonement as the Lord commanded. See here the wonderful condescension of the mercy of God, that he not only allows an atonement to be made, but commands it; not only admits, but requires us to be reconciled to him. No room therefore is left to doubt but that the atonement which is commanded will be accepted."

*Matthew Henry's Commentary on the Whole Bible,*  
1706

**Fluid Recall, Energetic Recall, Conscious Recall -**  
There are several manners in which cellular memory

can avail itself of our conscious mind; fluid, energetic and consciously.

Fluid memory comes to the surface of our conscious minds in a very meandering fashion. You begin to feel emotions or love towards people or things that are not yet connected to a conscious event. Sometimes, this can result in the emergence of feelings drawn to a particular time in history, being drawn to another person for no known reason, or being drawn towards a calling which is not yet clear in our mind.

Fluid memory is etheric, and comes to the surface of our minds like a river flows to the sea. Therefore, when such memories emerge, you should consider that something of a wider magnitude is slowly emerging and place no obstacle to that river or flow. Because that which is of the ether is from the spiritual world and this denotes its importance.

Energetic memories are usually brought to the surface through a series of Out-of-Body Travel Experiences, Vibrational Raisings, etc. When they emerge, you begin to remember events of the past, past lifetimes, ancestral events, and knowledge that was previously foreign to you.

Energetic memory is knowledge, and comes to the surface of your mind through the effectual use of solitude and energetic thrust which comes from the eternal. And thus, you should hinder it not. For it

brings with it understanding of the mechanisms of the fluid and ethereal nature from which has come before. It brings more clarity to the sea of emotion, and thus, transacts these emotions to the mind of wisdom.

Energetic memory is vital to the life-force moving forward. And it is in your surrender to the forces which allow your energies to be transmuted to a higher state of being and mind which allow you to actually become capable of realty understanding 'knowledge.' And whence this becomes the case, the knowledge emerges into the next sphere of encumbrance.

Conscious memory moves its way from the fluid, to the energetic and then to the conscious mind. Matters previously unknown to the soul are now above and beyond the soul's waking consciousness.

Conscious memory wipes out all delusion and pride as it erupts into the light if wisdom in the waking soul. Do not hinder it, because without this conscious understanding, you are pretty much bereft of the energetic thrust required to bring forth that knowledge into a manifestation of use to the earth sphere, the chronological evolution of every individual soul, mankind and the sciences.

Energetic memory comes through the quantum field, from the particulates of cellular memory which fuel it, and must come to a conscious thrust before those

particulates can now address matter on a wider scale.

For instance, many do not realize that the mystics – along with many of the profoundly energized meditators throughout the world – are actually processing the ethereal sea of energy through the energetic to the conscious particulate – and by so doing, they are actually funneling ‘higher potential’ into this realm through the atomic field of Zero Point Energy.

They may be unseen or unheard, but without them, higher potentials within science and the evolution of consciousness could not be possible in this realm. And yet you are also aware that these potentials are also being brought into this realm at varying conjunctures of time through the technologies of other worlds as they work to aid in the evolution and transformation of the human capacity and the world’s scope of possibilities.

As you become more capable of bringing energetic thrusts into this realm, through your unity with it, you are bringing up the potentiality of this realm.

### *From the Twelve Powers of Man*

“THE SUBCONSCIOUS realm in man has twelve great centers of action, with twelve presiding egos or identities. When Jesus had attained a certain soul

development, He called His twelve apostles to Him. This means that when man is developing out of mere personal consciousness into spiritual consciousness, he begins to train deeper and larger powers; he sends his thought down into the inner centers of his organism, and through his word quickens them to life. Where before his powers have worked in the personal, now they begin to expand and work in the universal. This is the first and the second coming of Christ, spoken of in the Scriptures. The first coming is the receiving of Truth into the conscious mind, and the Second Coming is the awakening and the regeneration of the subconscious mind through the superconscious or Christ Mind."

*The Twelve Powers of Man, Charles Fillmore, 1930*

**Gateways, Corridors, Multidimensional Portals and Vortexes** - Throughout the experiences of an Out-of-Body Traveler, you will eventually come upon many gateways, corridors, multidimensional portals and vortexes of energy which if you choose to pass through, will become vital forces of additional energy and knowledge (which again is energy) that you will bring back to the earth.

Some examples of these would be the gateway wherein the clouds part to reveal a higher vibrational world beyond earthly skies which contain a heightened vibrational understanding of every event, chain of events, and every human soul below.



Information within this gateway is ascribed to understanding the energetic impetus from previous lifetimes, from this lifetime, and from the eternal as related to individual destiny and the means and methods required 'on the ground' in order to activate those potentials within the earthly realm.

Many corridors have to be traveled in accessing higher vibrational energies, many of which either look like plain tubes which a spirit must travel through in order to attain to a heightened scope. Some are like plain tubes with cords along the passageway, which lead to many different realms and potential spheres of reality. Some are very cloudeous, gaseous but highly energized pastel colored looking tunnels through the ethers. These take souls to higher vibrational spheres. The often heard about tunnel in Near Death Experiences, black with the great light at the end, is a time tunnel (a black hole), that takes you into the time continuum wherein they can experience past lifetimes, future lifetimes, lifetimes on other planets, different points during your current lifetime, and the time experienced between lives as well, all through this tunnel.

Multidimensional portals come in a variety of ways, but make it possible to travel to a myriad of dimensions. These can absolutely and do include both spheres of infinity beyond the fifth dimensional reality, third and fourth dimensional reality which is of the mortal realms, earth, and the astral field above us, the fourth; but to the infinite dimensions of

purgation and purgatory and the hellish realms below.

Vortexes are almost always depicted as star tunnels, black holes, interstellar type tunnels, nebulae tunnels, planetary tunnels, corridors within the stars such as the Quasar, or corridors within our own sun. Many worlds lie beyond these vortexes, and in order to get through them, you must be prepared for a very frightening, although invigorating, journey through a spiritual energetic thrust you cannot possibly explain or imagine.

However, do know that when you pass through these vortexes, you will come out differently. You will have been altered and within this lies the necessity of the journey. Some of these will absolutely be new birth points in your spiritual nature, and you may even emerge from the other end as a baby does from a womb.

But one of the reasons I always tell people who are experiencers of Out-of-Body Travel Phenomena to never try to control the experience, but rather, to allow the eternal or God to direct your experience; is because there is so much beyond our normal physical waking understanding, that we could not possibly think these things up.

By surrendering to God, or the eternal, you are allowing an acceleration of this process because God knows what you need and where you need to go.

Chances are, if you try to control the experience yourself, you will limit yourself to a few earthly constructs and not much beyond what is currently known to be true of the etherical spheres beyond our current time/space continuum. Thence, your experience will be limited and less fruitful for you and for the higher purpose outlined by God in His plan for you and the entire realm.

Surrender . . . . that is one of the keys to these worlds.

**Multidimensional Beings** - Earthly and physical realm life-forms are only one form of life form in this universe. I've often stated that scientists would have difficulty finding and understanding other forms of life within our universe if they limited their research to forms of life within our own spectrum; being those who have the same constructs and physical requirements as do we.

This is because life is multidimensional and there are many forms of life beyond what we know here in the mortal and third dimensional sphere of life.

Scientists are understanding this multidimensional layer. In the sciences related to the quantum field (which takes into account the understanding of the particle and atomic form of energy as being the emergent and evolutionary force for all energy fields) they are discovering what mystics have known for thousands of years.

In order to properly understand this, you must know that in the physical universe, physical matter is the primary element of our life form beyond the spirit. But not all life-forms operate under these principles.

We are acutely physical, because we reside in a mortal realm - a purgatorial realm - a realm wherein the battles between good and evil (within ourselves and others) preside. Therefore, we are made of a denser matter, more physical, more solid . . . and in the final analysis, we are heavier.

Those who reside in the multidimensional spheres above us reside in higher and finer frequencies of light, and they are beyond the war of good and evil within themselves and on the ground. Those spheres expand in proportion to their ability to take on and become higher and finer frequencies of the pure and holy love of God, that which is eternal. And by the very nature of taking on this vibration of love, this vibration of knowledge, their actual structure is altered into various manifestations of light.

For instance, the Golden Angels in the twenty third dimension are made up of entirely high and fine light. They are shaped much as we would imagine a human being with angel wings, but they are all energy, fine particulate light. When you gaze upon their countenance, your spirit is frozen in awe because they have captured within their essence something so beyond and so above that which we know, there is a certain sense of awe and sacredness which comes

upon us and throws us to our knees.

Many beings in the higher and highest spheres will demonstrate their vibrational standing by the manner in which they appear. Celestial beings are often psychedelic in nature, exhibiting the brightest and most beautiful colors, many not known to man. Many come in the form of gold or of the purest white; while others come in a finer frequency of light as their only garment. They are see-through and they vibrate with such rapidity, it appears as sparkles of light coming from an empty cavity of diverse forms of love.

The Prophets, Saints, Mystics, Sages and Ascetics from all religions and throughout time, often appear the way they did during life, but with a grand and golden aura around their person. When you meet them, they share something energetically of the knowledge that they imparted during their earthly sojourn to these worlds below. Sometimes, they have actual words to give, and at other times, their words are communicated in energy.

These are the Great Royal Family of God, led by Our Lord Jesus Christ and they all work together for the redemption of humankind through the different religions, races, cultures, creeds and vibrations of humanity.

When you meet Christ, you will be thrown to your knees. Because He is exactly Who He said He was, and absolutely yes, Christ has incarnated in many

worlds and performed the same function in the elevation of their ascension nature. And He is glorified in the galactic heavens, which lie just beyond the black hole into the multidimensional spheres where souls from every time frame and every world gather and work together as one unity, as their creator is One unity and eternal in His and Her nature.

This again is a manifestation of the energetic law which confines you to the universe in which you remain compatible. All universes, then, require higher and finer explications and endurance of the light field which comes from the One and only Source, which is God, also known as that which is eternal; in essence, coming from and going towards that which is good, that which is God.

As mentioned previously regarding vibrational law, to enter into a realm above your vibratory field, makes you actually feel like you are being crushed to death. You cannot go where you are not compatible. So . . . if it is life you seek, you must seek to become more and more compatible with it. And therein lies the mechanism of our realm.

Your purpose here is to purify ourselves and others of the good and evil which remains within you; remove the particulates of that which is dark, going against life, traveling towards death, traveling towards evil, traveling towards the lower realms. By so doing, you allow the spirit, the eternal, to work upon your soul in

your conscious or subconscious dreaming to bring your vibration up to higher and finer vibrations and frequencies of light; thus inspiring higher and higher multidimensional travel and multitudinous encounters with an infinite variety of multidimensional beings from higher and finer frequencies of light.

But as above, so below is a very true statement regarding the laws of mysticism and the laws of physics.

There remains then a multiplicity of mortal realms wherein purgation can take place; our planet is only one of them. There are other planets and species who remain in physical or astral bodies working on the very self-same issues that plague humanity. And they, too, reside in mortal realms.

Purgatorial souls often appear as they would in human form (unless they came from a different race or species of being from another world), but the sign of their primary sin for which they are being purged will show up in the reality around them. It can be present and manifest upon their spiritual form, or in the nature of the work or the punishment which they receive.

For instance, I met with some purgatorial souls who paid no heed to those who had been sent to them during their lifetimes to assist in energizing their paths forward rather than backwards. Their

purgation was being lived out by having to reside in the astral or fourth realm overlapping the earth and wander the world where few could recognize they were present, and fewer still would offer them prayers or assistance in their evolutionary pathway. When they came to me they begged for prayers and assistance to shorten their time of purgation.

Another example, would be that many who commit suicide are often given the task of watching over all who were in their care and should have remained so – but from the spirit – and this is very difficult because there are so few remaining behind in physical matter that can hear and assist them with their needs on the ground. By so doing, they learn that their lives were very important, and that it is much more difficult – sometimes impossible – to fulfill the tasks they owed to others in this life, from the spirit world because very few people can see them, and thus, they are able to offer but little assistance from the physical realm.

A lot of purgatorial spirits are in realms of chaos and insipid stupidity; wasting time. In the realms of chaos, they literally roam around in circles engaging in pointless and noisy activities until it dawns on them there must be something more to life. Those who wasted time are taken to places where there is just an absence of any meaning; they are dark, dank, rainy and void . . . just like the spirits of those who are sent there.

Mystics travel these realities and offer energetic



alteration and assistance to those so that they may attain to a heightened peace and understanding and move forward towards the goal, which is love.

But there are also realms one and two . . . and these realms contain within them those beings who have not moved forward, but rather backwards. They have not served life, but rather death. They have not served good, but rather evil. They have not moved towards God, but rather away from God. They don't move towards creation, thrust and forward flow; but they move towards destruction, deactivation and backwards movement.

These souls are in the first and second dimension, consisting of many multitudinous realms of experience, in other words, the hells. And there are an infinite number of these, as well.

Mystics travel these realities and offer energetic alteration and assistance to these, as well. Aiding those in the lowest of hells to take even the slightest of steps towards an understanding of their vice and bad will towards other men so that eventually in the circle of reincarnation they may rise again to a mortal world and seek to dispel those dark realities and actions which make them compatible such hideous and insidious realms of consciousness.

Within the corridors of these realms, you will find those of the dominantly dark within realm two, and those within the spectrum of pure evil within realm one.

These beings can appear in human form as regular people, but inside be ravenous wolves. In the mystical realms, they will appear according to the true nature of who they really are in an energetic sense; according to their vice, according to their vibration.

As such, the demons themselves often have human characteristics with the skin of a reptile and exaggerated forms of muscular strength. Often, they will have horns, tails or other signs of their infernal origin.

Satan himself is a horrid creature and rages with stench and madness. All of his minions carry a similar smell, and they ooze putrid liquids off of their skin. This is to be expected since they have defiled and misused the realm of the ethers which are that of liquid movement, and putrefied them according to their vices.

Many ghosts, lost souls and wandering spirits will appear the way they were during their lifetime, but can often carry within their energy a 'feel' of terror. This can be as a result of their nature, that of dominant darkness or evil; or the manner in which they died.

Fire is a familiar sign with such beings. Paleness or bluishness of skin around the eyes if they manifest in a human manner; also, they are known to appear as skeletons with putrid flesh rotting off their bones and pathetic hairs barely holding onto the flesh that

remains on their head.

And this is why energetic discernment is required, not optional. You cannot tell the difference between a soul who may be sending out purely evil energy due to karmic ignorance versus a soul who is pure evil, unless you have been trained in the mystical realms to discern such; and that this gift of energetic discernment must have been given to you by God, or the eternal. It is the only way you can truly know the true nature of a thing. Mystics call this energetic truth

...

So, multidimensional beings range to infinity, and their spectrum and range of expression are as vast as their spectrum and range of vibrational love. As the spectrum and range of the multidimensional beings from below range as vastly as the infinite expressions of vice and pure evil descend into dense and heavy matter and the lower vibrational spheres of the underworlds.

*From Heaven and Hell, by Emanuel Swedenborg*

"We can determine the nature of hellish spirits' malice by looking at their unspeakable arts . . . These skills are virtually unknown in the world. One kind has to be with the misuse of correspondence; another with the misuse of the lowest elements of the Divine design; a third with the communication and inflow of

thoughts and affections, using transformations, investigations, other spirits beyond themselves, and emissaries. A fourth kind involves working with hallucinations, a fifth, projection beyond themselves so that they seem to be present where their bodies are not. A sixth kind involves impersonation, persuasion and lies. An evil spirit comes by its very nature into the use of these skills when it has been released from its body. They are intrinsic to the nature of his evil . . . Hellish spirits torment each other with these skills in the hells."

*Heaven & Hell, Chapter 60, No. 580, Page 484,  
(Christianity, Swedenborgianism, Author: Emanuel  
Swedenborg)*

**UFO Contactee Experiences** - Mystical and Out-of-Body Travel Experiences encompasses all forms of UFO Contactee Experiences, as well. Those who have the contactee experience would do well to note that eventually they may also be drawn into the mystical eternal as a general whole because this is what needs to happen.

In the UFO Contactee phenomenon, there are a variety of experiences. Some people have physical, waking experiences with crafts or extraterrestrial life. Others have missing time wherein they were perchance taken aboard a craft and had contacts which can only emerge through hypnosis. Some

report being taken in their sleep and have varieties of memories of this nature. Many people are now reporting receiving 'downloads', either of spiritual or scientific information (very often physics). Others are having fully conscious waking experiences of experiencing eternal love, the highest understanding of the Unity of God and His creation and/or downloads of intrinsic nature to the soul. An entirely valid and rapidly increasing category of the UFO Contactee experience are those who experience these beings in the mystical realms.

In the mystical realms, UFO Contactee experiences run the gamut of what has been described as typical mystical experience; although they might also include visions aboard crafts, communications with various beings from other worlds, transports to other planets and star systems through the star tunnels to experience and inundate that spirit with the higher frequency vibration to bring back to the potential of the earth, etc.

Remember, that anything that can occur in the mystical arena, can also occur in the realm of UFO contactee experience.

Even the nature of good and evil and the mortal realms remain valid, as there are those of different star systems having different intents and capabilities. So they also can be of the eternal nature of forward movement, the residual nature of stagnancy or of the backwards flow. (And very importantly, as well,

some of the extraterrestrial races may display visual similarities to the demonic, but actually are coming from higher levels of evolution than this world. Again, the energetic truth which comes about through the thrust of the magnetic and mystical training provided by the eternal in higher spheres of existence is the only way to discern when you are coming across alien forms of life which may also have reptilian or insect-like features - energetic truth. This does not change the manner or the nature of how the demonic actually appears to us, it just indicates that our senses require even more heightening when taking such life forms into account who may be from a higher realm of existence, but exhibit physical traits similar to darker creatures from the backwards flow.)

The vast majority of the extraterrestrial life forms which are surrounding the earth at this time are here to assist those of us incarnate at this time to bring a higher potential into the realm.

Every time any mystic or regular person experiencing mysticism for the very first time enters into any higher realm and comes back, they are bringing some of that which belongs to heaven back to earth; and by so doing, enlivening the potential within this realm. And this applies also to those who are receiving this uplift from extraterrestrial sources.

The Pleadians are one of the regions that are highly associated with us at this time, but there are other civilizations which remain without name or number,

who are far beyond even the remnant Pleiadians who visit as part of the ongoing operation from God, the eternal and the universal pull to assist in the elevation of the planet and other mortal realms to a higher and finer vibrational frequency of light.

But the key to all of these sightings is that knowledge is energy, energy is love . . . without the understanding of the mechanism of energy within this realm, we are helpless to move ourselves within the direction of the omnipotent and all holy supernatural God.

But in order to proceed further, you must first understand 'The Mechanics of Existence.'

*From the Secret of the Saucers*

"And herein we find pinpointed a significant clue to the true nature and mission of space visitors. They have ingeniously enshrouded their presence in mystery; certainly not because they have any desire to be mysterious, but only because we are not sufficiently mature to bear the impact of the full revelation of even the least of our extraterrestrial visitors."

*The Secret of the Saucers, Opheo Angelucci, 1955*

**CHAPTER TWO**  
**The Mechanics of Existence**



**Universal Sphere of Realms -**





This painting depicts the Universal Sphere of Realms, which is what is contained within the chief's hands. It is an interstellar star map of the universe, of all worlds, upper, lower and inbetween. Mystics and angelic hierarchies are given entry into this mystery to travel to any place within the universe . . . but it is a hidden mystery; only revealed in full to initiates who's purpose is to travel among these realms to work within them seeding evolution and the forward pathway to God.

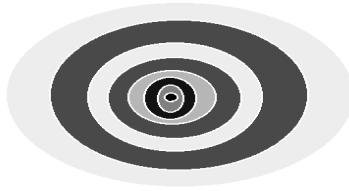
(From 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism', by Marilyn Hughes):

"Allow me to explain a simplified version of how we

may understand the varying realms in which we are going to travel. Perhaps this can give you a point of reference in which to understand the make-up of various realms. Please feel free to use the illustration . . . 'Universal Sphere of Realms,' to picture this image in your mind.

## UNIVERSAL SPHERE OF REALMS

Chapter 13, Page 124



Realms:

Center, 1 and 2 = First and Second Dimension/Lower Worlds (Total Darkness) = Below Veil of Illusion

3 and 4 = Third and Fourth Dimension/Border Worlds (Light and Darkness) = Below Veil of Illusion

5 and above = Fifth Dimension and Above/Upperworlds (Light) = Above Veil of Illusion

Various realms of existence can be compared to a series of concentric circles which begin in the center and continue to expand outward into larger and larger spheres. The center point of those concentric rings would be the point of total and imminent

darkness, as each of the successive rings outward would represent a greater attainment of light . . .

Numbering the realms, you would begin in the center, starting with the number one and moving outward with each ring. Using this process 1) realms one and two represent the lower and hell realms, 2) realms three and four are mortal realms (third & fourth-dimensional reality, our world), and 3) realms five and above represent the heavenly realms, continuing to expand outwards into greater and greater attainments of light.

With this understanding, we continue towards the three major paths outlined in this book, which coincide with several monastic traditions.

The journey begins on the Ascension pathway (Purification) in realms five and above, the heavenly realms. It continues on the Alteration pathway (Discrimination) in realms three and four, the mortal realms (third & fourth-dimensional worlds, the Earth). Finally, it concludes on the Absolution pathway (Discipline) in realms one and two, the lower and hell realms . . .

And so it came to pass that I was given entry into the mysteries of the upper and underworlds; also called the 'Universal Sphere of Realms.' Realms (or dimensions) one through four are all underworlds, as they exist below the veil of illusion. Realms five and above are upperworlds which exist in ever-increasing

levels of light and love above the veil of illusion. Shown the planets of our solar system, it was revealed to me which of them resided beneath the veil of illusion, those that were above.

The underworlds consist of the border or mortal realms, three (Earth) and four, and the lower realms, one and two. Border/mortal realms contain both light and dark energies and provide a karmic circling format for birth and death. Realms one and two are realms of total darkness, one being primary evil and two being dominant darkness. Many variances exist in levels of darkness as well as light . . .

Suddenly standing amidst a desert, an ancient circular stone star map was laid out on a rock before me. Looking somewhat like a shield, I picked it up and began hearing the songs of melodious angels. In a moment, a huge and beautiful angel appeared before me dressed in blue and white with large, feathery and soft wings. Touching my shoulder, she smiled. "When you can hear me singing, I can come to you." Placing her ear next to mine, she said, "Do you hear that?" A vibrating tone emanated from her ears. "Yes," I said, pulling back. "It's okay," she responded, as suddenly an etheric circular star map appeared before me in the air. Continuing the tone as the odd configuration of stars manifested before me, the map contained detailed knowledge of all Universes and realms. Making it clear that the detailed information within the map was for me alone, I was given permission to share the basic structure of it which was encompassed

in the 'Universal Sphere of Realms.'

"The tone has been implanted," she said, "the tone warns you of deception and untruth." "Thank you," I said, as I began to feel catatonic. Falling to the ground, I stared at the swirling star patterns no longer able to move or respond . . ."

*From Astrology and Religion Among Greeks and  
Romans*

"We have seen how admiration for the beauty of the cosmos, the discovery of the celestial harmony, had led to the declaration of the existence of a guiding Providence. But this is not the most characteristic side of the doctrine: all systems of theology invoke the order of nature as a proof of the existence of God. What is more original is that they took this "cosmic emotion" which every man feels and transformed it into a religious sentiment.

The resplendent stars, which eternally pursue their silent course above us, are divinities endowed with personality and animated by feelings. On the other hand, the soul is a particle detached from the cosmic fires. The warmth which animates the human microcosm, is part of the same substance which vivifies the universe, the reason which guides us partakes of the nature of those luminaries which enlighten it. Itself a fiery essence, it is kin to the gods which glitter in the firmament. Thus contemplation of the heaven becomes a communion. The desire which

man feels to fix his eyes long upon the star-spangled vault, is a divine passion which transports him. A call from heaven draws him towards the radiant spaces. In the splendour of the night his spirit is intoxicated with the glow which the fires above shed upon him."

*Astrology and Religion Among Greeks and Romans,  
Franx Cumont, 1917*

**The Program** - The program is that unique destination or destiny in which we have become incarnate to fulfill. Our program can involve the person whom we are meant to spend our lives with, our life calling, the children we are meant to rear, the parents to whom we are meant to incarnate and the life's work that we are meant to accomplish in this time.

When you are operating from within the program, the aspect of what goes towards creation and/or destruction is much more clearcut. When you observe the program from 'the eternal,' those variables can change. (Because 'within the program' and 'within the eternal' contain two very contradictory objectives.)

Within the program, however, good and evil are set boundaries which have to do with the propulsion of the positive and negative influences of energy. Creation vs. destruction, forward vs. backwards. Towards life vs. towards death, going towards that

which is fruitful vs. going towards that which withers on the vine . . . within the program, everything is clearly about the nature and direction of energetic flow and impetus.

It is very important to understand, as well, that anything which interferes with the individual or group program of another . . . warrants intervention on the ground. (From 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism,' By Marilyn Hughes - "The moment you violate another's life, you immediately rescind the right to your own." Words of Chief Joseph.)

Because of this, when a person begins to do things which are destructive to his or another person's program, they will be de-energized. And this means that the person's efforts will become ineffectual. Eventually, if that person continues to work against the program and against life itself; they will be rendered impotent.

When this happens, the person goes backwards. Their minds become scattered and confused, and their lives begin to dismantle and fall apart. In order to be made impotent, your life will be taken apart piece by piece. This is necessary because when you consciously chooses that backwards flow, you are affecting the energy and programming of everyone around you, and the eternal program in place by Our Creator to fulfill within this universal sphere.

Therefore, moving forwards, towards life, towards creation, towards bringing things back together, towards, virtue, towards good . . . enhances the energized nature of your own program. Because as soon as you become capable of affecting energies within yourself and then beyond your own program moving into the program of others and the universal good, that will be energized because it is moving towards God and all that He wishes to bring into this realm or sphere.

As a result, you have become a vessel of evolution, and by the very nature of having moved in this manner, the forces of the eternal will energize, guide and lead you forward. Things will begin working again, because what you are doing is good for the program; your individual program, the individual programs of others, and the program that you were incarnated to impact on a positive level within the universal sphere you occupy. In this case, the earthly and mortal thrust.

Stay with the program, and you will be supported. Turn against the program, and everything you do will begin to fall apart.

This is the simple nature of energy that so many do not understand.

The Ten Commandments were not given to restrict people, but to generate an understanding of that which energizes and causes the program to move



forward and that which de-energizes and causes the program to self-destruct.

If you understood the energetic nature of illicit sexual behavior, you would stop approaching it just from the ground. You would recognize the serious damage multiple partners in sexual union actually causes to your own energy field and program, by the very nature that you take within you the energies which require processing and you create an energetic bond which is hard to be loosed. It is an energetic law of cause and effect and you would simply abide by the laws of physics, because it would be the only way to prevent 'the shattering' that occurs as a result of violating the laws of energy.

Sexual immorality is not a prudish matter, but a matter of quantum physics. Those who recklessly give their bodies over to the lusts of the flesh cause so much energetic damage, that even later if you repent of old ways, you will still require a huge amounts of energy to process through and discard before you could recapture the essence of the original program you may have come in with . . . and many are not so lucky.

Sexuality, in its perfection, is between one man and one woman. And it is so because the nature of sexuality within the program is energetic. Sexuality is meant to draw two beings into one, to serve an eternal purpose by their unity.

So those who have sex with random people with no intent to fulfill the responsibilities and eternal obligations which come with it, commit sacrilege against themselves and the other. From this point of entry, if they do not repent of these behaviors and change that path; they will be de-energized. And everything they set into motion will fall to the wayside a pathetic strand of ill-begotten thought that is dead and decomposing like carcass at the side of the road. It is an energetic law, not a punitive one.

If there is sincerity, people can recover from their mistakes in this and over arenas of vice; but understanding the program, involves understanding that there are laws of virtue and of vice. And when these are violated, there are energetic consequences within the program.

This demonstrates to us the energetic principle behind the Sacrament of Confession, which does play out mystically and those of us who experience such things can actually see mystically. When you have made a mistake in your behavior, you need to rectify that with yourself, with God, with the eternal, and energetically.

Some options, like eternal options (soul-mates, life-paths) come once. And if ignored or discarded do not come again. Sometimes, depending on the nature of the program, eternal options can be presented again at a later juncture, but this is not always the case. We have to be aware of the program and the

consequences to our own destiny that reckless vice and sin do cause.

Understanding virtue, and the requirements of it, are vital to understanding the program.

There is absolute good and evil within the program. Within the program, good and evil have entirely different objectives - creation, destruction, and they cannot in any way work together. "But now I have written to you, not to keep company . . . with such a one . . . For what have I to do to judge them that are without? Do not you judge them that are within? For them that are without, God will judge. Put away the evil one from among yourselves." 1 Corinthians 5:11-13 Dhouey-Rheims.

In the eternal, things can be viewed from a distance, and this is where mystics and yogis throughout time have seen where good and evil unite into one.

This is not because good and evil *can* unite into one, because they cannot. It's because as soul's progress along the subatomic pathway towards goodness, light and love all such opposites become irrelevant.

Your soul, as it attains to that state, has followed the teachings of virtue and ascended your spirit vibrationally to a place of peace where the actual potential to commit evil no longer exists within your energetic imprinting. So as evil can be seen from far away as having little relevance as particles and souls

bounce back and forth, onto one another, away from one another, and into oblivion . . . these concepts within 'the realm of the eternal' have little meaning or bearing on the outcome of world's or destinies.

But *within* the program, even as the eternal soul moves closer to the world where programs and destinies collide, good has the capacity to create new worlds, create new destinies or new potentials which can descend from the greater reality into smaller realms and divides; whereas evil has the capacity to derail all of the above and to desecrate destinies which serve a purpose of higher nature and impetus.

This is the case because of the fact that those who attain to the elevation beyond virtue have become something different energetically. Particles which resided with them of past bad acts are transformed and utilized to help this soul to proceed even further.

Such is the way of repentance.

But knowledge can only come of this way, why is this? Because knowledge is energy and energy is love. And because love is creation, creation must move forward, and forward movement is toward God.

God is . . . everything that we are and have within our creation is of God. It was by disobedience that the mortal realms fell . . . disobedience and the desire to contain the knowledge of both good and evil. However, although all creation comes from God and

is from Him, only that which is good was originally created *of* Him.

So when we disobey the laws of energy, the laws of virtue, and the laws of God . . . we are moving backwards. You can only seek understanding in God who is the creator of all things, so you must be willing to seek Him as He is. He is goodness. He is love.

Satan became who he is through disobedience, and evil was born into the world with his desire to 'like God' and his falling away along with the angels who accompanied him into the lower spheres. Pride goeth before all sin . . .

We don't wish to become 'God,' we wish to become like 'God' in His goodness. And God has provided the map for us throughout the ages in the writings of the prophets, saints, mystics, sages and ascetics from all religions and throughout time. He has also provided a very real map in the 'Universal Sphere of Realms.'

But again, Satan was a creation of God, he is not a creator. He's only allowed sovereignty over the worlds of darkness, evil and the battles which continue to rage because God allowed this to provide an evolutionary program through which to allow energy to expand and heighten itself over aeons of planetary time.

God IS the creator. He created everything. God IS all.

Satan is a creation, not a creator. He can be destroyed by the will of God in a millisecond.

But God determined after the disobedience of mortal beings that He wished for His creation to have the choice to come towards Him or to go away from Him. But the energetic laws regarding such decisions did not become null and void because He did so.

Free will did not include the power to destroy worlds. Neither did it include the option of destroying one's own soul out of laziness and raging passions for transitory things.

It only became more inherently necessary *within* the program that we learn goodness, the laws of virtue . . . for without these laws, we cannot understand God who is goodness itself.

It is so, because God IS so . . .

The program is one living example of how good and evil can easily be understood through the mechanism of energy; you either travel towards God or away from God . . . and it is only by traveling towards God that knowledge descends. Knowledge again, is energy.

Therefore, if the mechanism to knowledge requires us to travel forwards, towards God, then we must do so according to His will and law. Those laws are clearly delineated in ancient sacred texts and scripture. But

those laws are also demonstrated in the energetic and subatomic fields . . .

If you wish to serve God, you must do so according to His divine will and the manner in which He has so chosen to reveal it; not according to what you think, or how you think it should be.

In order to better understand your own program, you must begin to learn about the nature of good and evil; within others and within yourself. And you will cause an acceleration you cannot imagine, because God responds energetically to a humble heart which is silently seeking the truth as regards his own moral and energetic failures.

Grace is *also* energy. And we have to repent of our sins, and confess them to God (the eternal) in order to receive that grace.

You will find that grace is more like quantum energy which escalates any minor understanding of the spiritual path and the nature of the good we must seek and become into a torrential hailstorm of light.

Remember, that you must work *within the internals* of the program as long as you remain incarnate. It is your destiny, and your truth. There are things which energize it, and things which de-energize it. Let go of those things which de-energize it.

Noble wisdom and noble goals cannot be

accomplished by those with ignoble intentions. If your intentions be noble, then seek to know more fully the intentions of your deepest resource – your heart – purify and walk forward in the garment of grace and discard anything ignoble within you. As you do so, you will find yourself lifted up into a celestial understanding within a higher world wherein infinite heights are projected from the program below to the intentions of God above and suddenly you are moving . . . moving rapidly, at and beyond the speed of light, because that is the nature of energy. That is the nature of the program. Serve it, and it will serve you.

Remember, God is . . . ALL. God's laws abide in every living and inanimate thing. There is no other . . .

He is the end point. Seek Him in the way he has instructed you to do so; through the admonitions and teachings of the prophets, saints, mystics, sages and ascetics from throughout time and throughout the world who left the true key to the involution of the spirit beyond this world and into the next gradation higher in the writings of the ancient sacred texts.

Like a staircase through the horizon and beyond to the throne of God above, these texts contain within them the keys to everlasting life, the keys to mortal life, the keys to overcoming the cycle of lives, the keys to immortal existence in the higher spheres of existence . . . in the realms where evil has been washed away from the robes of the lambs. Where



does light prevail? In the heavens . . . but also within the deepest interior of every human soul. This is known to be true by both mystics and quantum physicists.

We serve God in the way He has chosen for us, not in the manner in which we choose for ourselves. And we look towards the scientists who have shown us how energy moves and breathes; and we look to the Royal Family of God; formed and mastered by Jesus Christ, followed by the Buddha, Krishna, Muhammed, Abraham, Baha'u'llah, Guru Nanak, Thoth, Hermes and all the prophets, saints, mystics, sages and ascetics (literally hundreds of them) who have shown us how energy moves and breathes and who work in the work of the redemption on many worlds including our own through the mystical spheres in timelessness to bring about a heightened evolution of particles and light to a greater glory. These energies move and breathe in one direction . . . love, goodness, faith, hope and charity.

If you are not in alignment with the good, you have your answer about why things are not moving forward for you at this time. Remember, that you can change your backwards momentum at any time.

God's messengers work hard and steadfastly to respond to energetic cries for assistance (prayer), and if you make that new choice, and it is sincere . . . if you wish to serve God and the program He has designed for you for His sake and not your own, you

will receive a response within seconds. And for naught but one sincere seeker, they will traverse millions of worlds to save a single soul who reaches to a higher rectification with light and the spheres of redundancy to be no more in their lifetimes . . . and as a result, it is so.

Restoration takes time, but forward momentum always brings about restoration. Catch yourself when you are portaling energy out in the wrong direction.

Choose life . . . and life will choose you.

That's the nature of the program, and that is also the nature of God.

*From Contemplative Prayer*

“TWO INTERNAL GUIDES IN ALL CHRISTIANS

HAVING treated of the contemplative life in general, its nature and end, and the necessary dispositions required for it, it behooves us next to consider the guide we should follow. A guide we must have, for in the present state of our corrupt nature, we have no light to enable us to walk in paths so much above and contrary to our natural inclinations, nor even light enough to discover that there is such a path at all.

Experience teaches us that in good Christians there are Two in two internal lights or teachers, namely, the spirit of corrupt nature, and the Divine Spirit. Both offer themselves in our deliberate actions, and even strive with one another for the mastery over us. Each seeks to lead us into a path and to an end contrary to the other. The natural spirit, on the one hand, teaches us to gratify our sensual desires or worldly aims, which are most hurtful to the soul. The Spirit of God, on the other hand, discovers to us the folly and danger of following such a guide. It teaches us that our happiness consists in renouncing it ; in turning into paths leading in a contrary direction ; in abandoning sensible pleasures and our own convenience, in so far as they are a hindrance, or rather, not an aid, to the knowledge of God and spiritual things. For this must be the object of our desires and efforts, whereby alone we can arrive at eternal happiness and union with God.

These two spirits are the only guides we have within us; by both are good Christians attended. What is not the teaching of the Divine Spirit is the suggestion of the false teacher. The latter took possession of the souls of men, when Adam transgressed by turning a deaf ear to the teaching of God's Holy Spirit, the only internal teacher at that time. From Adam this false light is communicated to his children, so that naturally we have no other light. But the new heavenly teacher, the Holy Spirit, is freely bestowed on us by the Divine Word and the Sacraments. It is a new divine principle imprinted on our spirit, raising

it to God, and continually soliciting us to walk in His ways.

By mortal sin the Divine light is extinguished in the soul, but grace, unhappily, is never able wholly to extinguish or silence the voice of the false teacher. The latter remains even in the perfect, who are ever only too prone to listen to it. As for the less perfect, though they follow the guidance of the Holy Spirit in matters of moment, still on other occasions they are led, for the most part, by their corrupt nature. By it they incur defects which, though venial, obscure in a great measure the Divine light and weaken its efficacy. Even when imperfect souls follow the guidance of God's Spirit as regards the substance and essentials of their actions, yet by mixing with it earthly aims and interests suggested by the false teacher, they diminish much its lustre, beauty, and value. Indeed, so subtle is the natural spirit that often its suggestions are taken for Divine inspirations; and seldom it fails to insinuate its poison either into the beginning or the continuation of our best actions.

From these unquestionable truths it follows evidently that actions must lead especially in the internal ways of the spirit which lead to contemplation and perfection.

God is our only master and guide. Creatures, when He is pleased to use them, are only His instruments. So that all other teachers, the light of reason, external directors, or rules prescribed in books, are to be

followed only in so far as they are conformable to the internal directions of God's Holy Spirit, or as God invites and moves us to have recourse to them to discover His will and to enable us to follow it. If we use them otherwise they will certainly mislead us.

This truth is acknowledged by all mystic writers to be so fundamental, that if we do not accept it and work according to it, it is idle to attempt an internal contemplative life. So that to say as is too commonly said Take your instructions from external teachers or from books, is as much as to say, Have nothing to do with the ways of contemplation. They can be taught only by God or those whom God specially instructs and appoints for the soul's immediate needs. It is God only who internally teaches both the teacher and his disciple ; His inspirations are the only lesson and guide for both. All our light, therefore, is from the Divine illumination, and our strength is from the operation of the Holy Ghost acting on our will and affections.

In order that this important truth may be more distinctly stated and firmly impressed on the minds of God's scholars in the internal ways of His love, they should note that the inspirations here spoken of are of the same nature as the Divine light or grace by which good Christians in the world are led. With this difference, however: they extend much further, and reach to objects and acts which are uninfluenced in those who are aiming even at perfection by the exercises of an active life.

The light and virtue of ordinary grace afford, generally, to all good Christians such internal illuminations and impulses as are sufficient to enable them to resist sinful temptations, and to perform acts of virtue which are of obligation, though this guidance is often obeyed with many accidental defects. Moreover, their actions are pleasing to God in so far only as they proceed from His grace or internal inspiration. As for actions, which are not of obligation, but which might be made to conduce materially towards their sanctification such as what are called in different actions they lack both the light and the strength to make the best use of them, or at least but seldom do so. And this, because they lead distracted lives and keep insufficient solitude and recollection to receive such exceptional light and grace. Then, as to those who pursue active exercises. They certainly attain a greater measure of light and grace than the former. They do their necessary duties more perfectly and with a purer intention, and derive greater spiritual profit from indifferent actions and occurrences. Still these also, from want of habitual recollection of mind and introversion, lose much of the fruit of many of their ordinary actions.

But as for contemplative souls, who have made sufficient progress, they receive grace as the former, but in a more sublime degree and way, so as to purify their actions from a multitude of secret impurities and aims of their corrupt nature. Moreover, they walk in a supernatural light, and are guided by inspirations,

even in their ordinary indifferent actions. Thus they clearly see how they should act so as to accomplish the will of God, and grow in the divine love. This light is communicated to them by virtue of their almost continual recollection and attention to God in spirit.

Thus by this light an interior soul may be directed: subject to the manner and circumstances under which a virtue may be best exercised. For as regards the substance of a virtue and the circumstances in which it cannot, without mortal sin, be omitted, the light of ordinary sanctifying grace will suffice. (2) In the manner, duration, change, and other circumstances of internal prayer. (3) In actions or omissions, which considered absolutely by the light of ordinary grace seem indifferent. Thus reading the study of this or that matter, walking, conversing, staying in or leaving one's room, taking a journey, undertaking or refusing an employment, accepting or refusing an invitation, are all examples where uncertainty may arise. On such occasions souls disposing themselves by solitude and recollection are sure to receive a supernatural light or impulse to enable them to choose what will be best for their souls and most in accordance with the Divine Will. Whereas, without this light, souls generally are moved by an obscure light and natural impulse tending to natural ends and interests, with but little spiritual benefit, and often resulting in much dissipation and distraction.

Generally, when a question arises whether to omit or

perform an external work, the Divine impulse, in contemplative souls, inclines towards not doing; because abstention from external work and increase of internal solitude are more suitable to their state and to that not doing, abstraction of life at which they aim. An exception, however, may be made when the performance will afford a salutary mortification to self-love or other inordinate affections of our corrupt nature.

Instances where the Divine impulse or invitation usually suggests omission are the following, among others : (1) To avoid unnecessary correspondence and conversation. (2) To be wary and sparing in the use of the tongue. (3) Not to avoid anxiously occasions of mortification or affliction. (4) To avoid encumbering ourselves with business which does not concern us. (5) To fly from honours, offices, or care over others. (6) Not to crave the possession of unnecessary things. (7) Not to question or expostulate (except it be a duty) why such a thing was said or done, but to hold one's peace. (8) Not to complain or accuse another. (9) In cases of bearable and unharmed oppression to abstain from appeals to higher superiors. (10) To avoid voluntarily procuring a change in our condition or employment. To quiet passions rising in the heart, and preserve the soul in peace and cheerfulness in God's service. (12) To avoid such things as will cause distracting or dissipating thoughts. (13) To shun particular friendships. (14) To preserve a reasonable liberty of spirit, and to abstain from burdening ourselves with assumed tasks and obligations: by



becoming obligatory they may hinder us from better things. (15) In a word, Divine inspirations ever tend to produce simplicity in our thoughts, words, and deeds, and to lead us to a more perfect exercise of obedience, humility, resignation, purity of intention, and purity of prayer. Whatever is contrary to these is to be rejected as a suggestion of the devil."

*Contemplative Prayer, Dom B. Weld-Blundell, Monk of the Order of St. Benedict, 1657*

**Vibrational Knowledge** - Vibrational Knowledge is that which is given to us through the transfer of wisdom from the Creator and His emissaries. Because people in this world can disguise or hide their true self behind a mask of material nature; it is only through vibrational knowledge that we can truly *know* that which something or someone may be.

Someone may appear to be of the good on the outside, but the internal can only be diagnosed through vibrational knowledge wherein the 'energetic truth' is discerned and given to the mystic in order to know that which they are engaging. (Again, this ability to discern the 'energetic truth' is given only by God to those who undergo mystical training in the spheres beyond this world to achieve it. It is not something that can be learned within the confines of an earthly program.)

*From Science of Breath*

“All is in vibration. From the tiniest atom to the greatest sun, everything is in a state of vibration. There is nothing in absolute rest in nature. A single atom deprived of vibration would wreck the universe. In incessant vibration the universal work is performed. Matter is being constantly played upon by energy and countless forms and numberless varieties result.”

*Science of Breath, Yogi Ramacharaka, 1904*

**Management or the Quantum Field** - The Management field is the realm wherein all thoughts, actions, cause and effect and other energies converge and show what may be coming about in the physical realm within a short span of time, if no intervention is sought after or attained.

The management realm is the field that many psychics touch into, but they don't always understand the mechanics of it, and thereby this is where they can go wrong.

This is so because the realm of management is under the constant flux of further action, thought, reaction or even alterations of energy which are sought out by God and His emissaries to change the outcome of any given situation, if the person has energized something

which would be so destructive to their program that it has to be altered in order to save it, the eternal will call in a 'construct' in order to bridge it.

Alterations of energy themselves can be as simple as moving the presence of a single soul beyond a particular location to alter the outcome; which is often life or death. But they can get very complex and involved with the intricate workings of good and evil within the program and how souls undergo evolutionary process.

Any change in thinking, actions, reactions, etc., can affect the final outcome of something which resides in management and has not yet hit the ground.

For instance, years ago I had met with a woman who needed help. Her ex-boyfriend had threatened to kill her, and she wasn't sure if she should take his threat seriously or not. I didn't know the nature of her question until she arrived, but that previous night I had been taken into the management realm regarding her situation and had gone through her funeral and all sorts of other details pointing to an untimely death. My advice to her was that he was serious, he was very angry, and she just needed to leave town for a few weeks. After that few weeks had passed, his energies would subside and the danger would have passed.

As she followed this direction, everything turned out as we had predicted. If she had not, her boyfriend

may have killed her in a fit of rage. So she was able to change that outcome for herself and him, as well.

So the purpose of going into the management realm, then, is to seed the potentials for future evolution which is hoped to alter a course towards destruction and death to gather itself forward and move towards creation and life.

*From Commentary on the Bible*

“Who covereth the heaven with clouds - Collects the vapours together, in order to cause it to rain upon the earth. Even the direction of the winds, the collection of the clouds, and the descent of the rain, are under the especial management of God. These things form a part of his providential management of the world.”

*Commentary on the Bible, Adam Clarke, 1831*

**Energized** - Energy going towards life, towards creation, towards goodness, towards virtue, towards God, towards new potentials and inevitably towards the grace of God.

**De-Energized** - Energy moving towards death, towards destruction and dismantling, towards evil, towards vice, towards darkness, towards old potentials and inevitably towards the lies and

destruction of Satan and his minions.

*From the Cloud Upon the Sanctuary*

“The love of God and his neighbour is the motive for the Christian's will, and the essence of love itself is Jesus Christ in us.

It is in this way the principle of reason is wisdom in us; and the essence of wisdom, wisdom in its substance, is again Jesus Christ, the light of the world. Thus we find in Him the principle of reason and of morality.

All that I am now saying is not hyperphysical extravagance; it is reality, absolute truth, that everyone can prove for himself by experience, as soon as he receives in himself the principle of all reason and morality — Jesus Christ, being wisdom and love *in essence*.

But the eye of the man of sensuous perception only is firmly closed to the fundamental basis of all that is true and to all that is transcendental.

The intelligence which many would fain raise to legislative authority is only that of the senses, whose light differs from that of transcendental reason, as does the phosphorescent glimmer of decayed wood from the glories of sunshine.

Absolute truth does not exist for sensuous man; it exists only for interior and spiritual man who possesses a suitable sensorium; or, to speak more correctly, who possesses an interior sense to receive the absolute truth of the transcendental world, a spiritual faculty which cognises spiritual objects as objectively and naturally as the exterior senses perceive external phenomena.

This interior faculty of the man spiritual, this sensorium for the metaphysical world, is unfortunately not known to those who cognise only outside of it—for it is a mystery of the kingdom of God . . . In order to see one must have eyes, to hear, one must have ears. Every apparent object requires its appropriate senses. So it is that transcendental objects require their sensorium—and this said sensorium is closed in most men. Hence men judge the metaphysical world through the intelligence of their senses, even as the blind imagine colours and the deaf judge tones—without suitable senses.

There is an objective and substantial ground of reason, an objective and substantial motive for the will. These two together form the new principle *of life*, and morality is there essentially inherent. This pure substance of reason and will, re-uniting in us the divine and the human, is Jesus Christ, the light of the world, who must enter into direct relationship with us, to be really recognized.

This real knowledge is actual faith, in which everything takes place in spirit and in truth. Thus one

ought to have a sensorium fitted for this communication, an organised spiritual sensorium, a spiritual and interior faculty able to receive this light; but it is closed to most men by their senses.

This interior organ is the intuitive sense of the transcendental world, and until this intuitive sense is effective in us we can have no certainty of more lofty truths.

This organism is naturally inactive since the Fall, which degraded man to the world of physical senses alone. The gross matter which envelops this interior sensorium is a film which veils the internal eye, and therefore prevents the exterior eye from seeing into spiritual realms. This same matter muffles our internal hearing, so that we are deaf to the sounds of the metaphysical world; it so paralyses our spiritual speech that we can scarcely stammer words of sacred import, *words we fully pronounced once*, and by virtue of which we held authority over the elements and the external world.

The opening of this spiritual sensorium is the mystery of the New Man—the mystery of Regeneration, and of the vital union between God and man—it is the noblest object of religion on earth, that religion whose sublime goal is none other than to unite men with God in Spirit and in Truth . . .

The moral law then evolves into love for one's neighbour in deed and in truth, whereas for the natural man it is but a simple attitude of thought; and

the spiritual man, regenerated in spirit, sees all *in its essence*, of which the natural man has only the forms void of thought, mere empty sounds, symbols and letters, which are all dead images without interior spirit. The lofty aim of religion is the intimate union of man with God; and this union is possible in this world; but it only can be by the opening of our inner sensorium, which enables our hearts to become receptive to God.

Therein are mysteries that our philosophy does not dream of, the key to which is not to be found in scholastic science."

*The Cloud Upon the Sanctuary, Karl Eckart Schausen,  
1909*

**Oneness** - Who we are in God, as all life is contained in one absolute unity despite the illusion that earthly life gives us of being separate. In the mystical state, a soul is taken into this oneness with all particulate life, here and everywhere, and also into the mind of God which shares the knowledge of all things, and for that moment in time, the Out-of-Body Traveler knows all things at all times in space without question. All mysteries are solved, and all apparent dualities merge into a unitive whole.

For that moment, all existence makes perfect sense. There are no questions, no dualities, no discrepancies and those things which appear to conflict, serve no



conflict whatsoever . . . mystery is clarity, and duality is null and void.

### **From Dore Lectures on Mental Science**

“If, then, it is possible to put the Great Affirmation into words it is that God is ONE and that this ONE finds centre in ourselves; and if the full meaning of this statement is realized, the logical result will be found to be a new creation both in and from ourselves. We shall realize in ourselves the working of a new principle whose distinguishing feature is its simplicity. It is ONE-ness and is not troubled about any second. Hence what it contemplates is not how its action will be modified by that of some second principle, something which will compel it to work in a particular manner and so limit it; but what it contemplates is its own Unity. Then it perceives that its Unity consists in a greater and a lesser movement, just as the rotation of the earth on its axis does not interfere with its rotation round the sun but are both motions of the same unit, and are definitely related to each other. In like manner we find that the Spirit is moving simultaneously in the macrocosm of the universe and in the microcosm of the individual, and the two movements harmonize because they are that of the same Spirit, and the latter is included in the former and pre-supposes it. The Great Affirmation, therefore, is the perception that the "I AM" is ONE, always harmonious with itself, and including all

things in this harmony for the simple reason that there is no second creative power; and when the individual realizes that this always-single power is the root of his own being, and therefore has centre in himself and finds expression through him, he learns to trust its singleness and the consequent harmony of its action in him with what it is doing AROUND him."

*Dore Lectures on Mental Science, Thomas Troward,  
1909*

**Multiplicity** - In our incarnate state, we are said to be in a state of multiplicity. This implies that we have taken on a program, a personality and an identity which is limited to a certain set of circumstances and ideals which does not represent our whole and true nature in God which is unitive and One.

In multiplicity, we are identifying with and participating in a program which serves one aspect of our soul's evolution and discards the memory of others which may or may not have relevance to the particular focus which will be placed upon the program in the current multiplicity.

When you observe a triangle, you can demonstrate multiplicity well. The top point represents the point of One, and this is where all of our selves come back into place, into the center.

However, as the understanding moves down into the triangle, you can see how every moment in time becomes a different aspect of the multiplicity, the many selves and many programs engineered and experienced throughout time.

Most people remain within point in that triangle for an entire lifetime, but the Masters will begin traveling all points of that triangle in order to reach the top point of One, where then all those points come together.

When this is done, what was a merely fragmented being, becomes a whole being and is in touch with all the lessons learned throughout all those points within the triangle. In essence, at that top point of One, all knowledge of every lifetime, not just our own, comes into play . . . and this is how the Masters then are able to make all things manifest according to that knowledge from the standpoint of 'the program' they may be riding through for this particular incarnation.

In so doing, they do then become much more capable of calling up knowledge for many situations and problems, because that fragmented understanding has been brought together with not only the cells of their own past, but the past of their ancestry, humankind and the entire evolution of the universal life to its very core.

That's why mystics have an innate understanding into things which appear not to concern them in the

fragmented personality from which they may have been born. It is simply because they have gathered the knowledge from all forms of cellular knowledge and brought it back to the end point which is unity. In that unity, all knowledge is accessible with the proper mystical training.

But the primary purpose of gathering the fragments of cellular memory back to the point of one is to allow the self to become a full and whole spiritual principle, spiritual presence.

That type of emanation only occurs when all the fragments are gathered into one individual and the knowledge of many worlds can become manifest within that one sieve.

**Multiplicity of Selves in Timelessness** - The multiplicity of ourselves in timelessness is very simple but at the time same quite complex.

We begin with our oversoul, the higher self, the part of us closest to God. But beyond this, in timelessness, which is the nature of the realms beyond time - the spiritual worlds - we experience a multiplicity of our unique selves coming from a variety of different directions.

Past lifetimes and the personalities which configured those generations reside in timelessness, as do the ancestral memory and the cellular memory which also reside from the ancestries of each of those

individual lifetimes.

Beyond this, we also have different aspects of ourselves which have performed different functions in the spirit world.

For instance, one of my multiplicities has to do with the golden angels in the twenty third dimension.

The multiplicity can go even further in that it embraces our ancestors, not just from one lifetime, but from *all life*.

That multiplicity absolutely integrates many worlds, as well, as most people actually do have some extraterrestrial origins. Many have more than one origin, and there are a many still who have multiple extraterrestrial links beyond time.

Most people could not integrate all that they truly are at the moment of death, so most of us only meet deceased relatives from the current lifetime.

But for those who have gone through the initiations into this bringing together of the multiplicities, they will actually meet all of their loved ones waiting to greet them from many lifetimes and many multiplicitous and beyond time environments for the purpose of reintegration.

Those who do not reintegrate in this manner at death, eventually will reintegrate, as well, but it is not

assured it will be after their current lifetime, later in their afterlife phases, or after more experience is inculcated through subsequent experiential events in the worlds within and without of time.

### *From Mysticism*

“The turning of our attention from that crisp and definite world of multiplicity, that cinematograph-show, with which intelligence is accustomed and able to deal, has loosed new powers of perception which we never knew that we possessed. Instead of sharply perceiving the fragment, we apprehend, yet how we know not, the solemn presence of the whole. Deeper levels of personality are opened up, and go gladly to the encounter of the universe. That universe, or some Reality hid between it and ourselves, responds to “the true lovely will of our heart.” Our ingoing concentration is balanced by a great outgoing sense of expansion, of new worlds made ours, as we receive the inflow of its life. So complete is the self’s absorption that it is for the time unconscious of any acts of mind or will; in technical language, its “faculties are suspended.” This is the “ligature” frequently mentioned by teachers of contemplative prayer, and often regarded as an essential character of mystical states.”

*Mysticism, Evelyn Underhill, 1911*

**Multidimensional** - We are all multidimensional beings with multiplicitous configurations which include but are not limited to current lifetime, past lifetimes, memories of lifetimes held within the cellular structure from our own ancestries, energetic memories which are stored in the matter of our soul from our time beyond the worlds of time, memories of many functions we may perform on the other side; either currently, or only inbetween incarnations.

**Parallel Realities** - Realities which occur simultaneously, at the same time, which can include the playing out of 'other choices' that could have been made at important junctures in your life.

**Past Life Recall** - The Remembrance of past lives . . . which can be on this planet or any other. And . . . they can be from the past *or* the future. One of the common misperceptions is that past lives must be retained in the 'past.' When in fact, the development of any human soul can utilize any time construct during their journey into ultimate unity which can include any time frame or period in any number of configurations, and in any order. Whichever order best pleases God, and which best serves the soul.

*From the Secret Doctrine of the Rosicrucians*

"The Rosicrucians teach that these seven planets of our planetary chain are closely linked and connected by subtle etheric forces, and that there is a constant

etheric current passing from one to the others and flowing ever through the entire circuit. These connected planets constitute the chain of worlds which is the series of homes of the individual soul, and the circuit of which is travelled by all individual souls. Not only does each individual soul now on earth reincarnate a number of times on this planet, but in the course of the ages it progresses to the next highest planet, just as in ages past it has progressed from the next lowest one. And this round of the chain of planets has been made several times by the human race in some form of existence, and will be made again several times.

The planets of this chain of worlds are not identical in composition and nature with the earth; on the contrary there is a wide difference between the several planets in this respect. The earth is not the highest in development in this chain, but on the contrary is far down on the scale, although there are others still lower. The progress of the souls around this chain of worlds, however, is not merely like a circle in which the soul travels from the lowest to the highest, but is rather according to the plan of the spiral, in which the journey always returns to the starting point, but on a higher plane of activity."

*The Secret Doctrine of the Rosicrucians, Magus  
Incognito, 1918*

**Karmic Impetus** - Impetus to act or behave according



to karmic impulses; such as misperceptions about the true nature of love, power or abundance in this world.

Karmic impetus is generally discerned by the nature of the chaos which often surrounds it and the ill-natured and multiplicitous decisions which spring from it. Conflict and disharmony are common.

**Eternal Impetus** - Impetus to act or behave according to eternal impulses; such as a true eternal understanding of love, power and abundance in this world.

Eternal impetus is generally discerned by the nature of the peace which surrounds it and the decisions unitive and loving decisions which spring from it. Peace and harmony are common.

*From Tilak of Tibet Reveals Life's Purpose*

**"THE ETERNAL SELF-CONSCIOUSNESS**

Tilak meditated: An earthly life is but an episode in the endless existence of the individual. As many physical bodies as the individual may animate, so many physical bodies pass into oblivion. Earthly life is incessant repetition. This repetition ceases for the individual only when the individual's faculties expand and the individual needs the repetition no longer. Repetition is a reminder; every earthly life is a

reminder for the individual. Thinking is difficult. Thinking does not permit thoughts to wander indifferently. Many thoughts pass without self-conscious notice. This is not thinking. Thinking is directing thoughts self-consciously. Directed thoughts form the nucleus of a retentive memory. Faulty memory results from faulty thinking."

*Tilak of Tibet Reveals Life's Purpose, Ann Hackett,  
1944*

**Cellular Memory, Generational Memory, DNA Memory** – The memory retained within our actual cells, which contain not only memories of our current life and our own past lives; but include memories which follow the line of our ancestors can be said to be aspects of Cellular, Generational and DNA Memory. This can be one of the factors which make it more difficult to discern between memories of past lifetimes and actual memories emerging from the cellular memory from our ancestral or family line.

Scientists know that this is not just mystically true, but true according to the laws of physics. Somehow our DNA is receiving our memories much like the hard drive of a computer and these memories are stored not just in the ethereal cellular but the physical cellular.

Therefore, not only are we depositing our own memories into our cellular structure which is then

passed on to our descendants, but we can actually retain memories from the lives of family members in our ancestral line as if we were there . . . and it is through all these mechanisms that the value of experience becomes multiplied. We are able to take on the learning of more than what stands right in front of us. Cellular, Generational and DNA memories confront us with the experiences of others who have come before.

And it appears that we can pass down our experiences to our descendants, but they have to learn to be able to access those memories in a meaningful way for them to be able to accept that experience into something tangible enough within their spirit to prevent them from having to make similar mistakes over again to learn the same lessons.

*From the Lives and Teachings of the Masters of the  
Far East*

“The human body is built up from the individual cell, like the bodies of plants and animals, whom we love to call younger and less evolved brothers. The individual cell is a minute microscopic unit of the body. By a process of growth and division, repeated many times, this minute nucleus of a cell-unit results at last in a complete human being, built up of almost countless millions of cells. These body cells specialize for certain different functions but they retain, in the

main, the characteristics of the individual cell whence they arose. This individual cell may be looked upon as the torch bearer of animate life. It passes on from generation to generation the latent fires of God—the vitality of all living beings, with an unbroken ancestry reaching back to the time when life first appeared on this planet.' This individual cell has the property of unlimited youth. But what about the group cells called the body? The group cells arose from the individual cell repeated many times, retaining its individual characteristics, one of which is the latent fire of life, or Eternal Youth. The group cells, or body, function as guardian of the individual cell only during the short span of life as you know it now.

"The most ancient of our teachers by inspirational means perceived the truth of the fundamental unity of life reactions in plant and animal. We can well imagine these teachers beneath the spreading banyan addressing their pupils as follows: 'Look at this giant tree. The vital process going on in our brother, this tree, and in ourselves is fundamentally the same. Behold the leaves and the buds at the tips of the oldest banyan—how young they are—young as the seed from which the giant sprang into life. The life reactions of plant and man being alike, man can certainly profit by the experience of the plant. As the leaves and buds at the tips of the branches of the oldest banyan are as young as the seed whence it sprang, even so the group cells in man forming his body, need not gradually lose their vitality and die, but may grow young and evergreen as the ovum or

individual cell itself. Indeed, there is no reason why your body should not grow as young and vital as the vital seed from which it sprang. The ever-spreading banyan, always a symbol of everlasting life, does not die except through accident. No natural law of decay, no old age process seems to exist within the banyan tree to affect injuriously the vital energy of its cells. The same is true of the human form divine."

*The Lives and Teachings of the Masters of the Far East, Baird Spaulding, Volume I, Chapter V, 1924*

**Universal Memory** - Universal memory includes all that was stated about cellular memory, but contains within it all the experience that any particulate of our soul and every other living thing has also gained in other worlds, other spheres of existence, in the period between our lives, etc.

*From Science of Mind*

### "THE SUBJECTIVE MIND

Our subjective mind is our mental emanation in Universal Subjectivity; it is our individual use of mental law. It is also the avenue through which Instinctive Man works, carrying on the functions of the body; for it is the silent builder of the body. The subjective mind of the individual is the working of

Instinctive Man within him, plus all of his conscious and subconscious experiences.

### **SEAT OF MEMORY**

The subjective mind is the seat of memory and of instinctive emotion. Being the seat of memory, it contains a remembrance of everything that has ever happened to the outer man. This memory is perfect and retains every experience of the individual life. The subjective mind also contains many of the family and race characteristics which have been experienced by individualized man. It retains these memories, partly, at least, as mental pictures or impressions. This is proven by the fact that pictures have been taken of the subjective thought and definite outlines developed. This does not necessarily mean that every impression is retained as a mental picture, but that, in all probability, anything that the outer eye has definitely seen is retained as a more or less distinct picture.

The subjective mind is a picture gallery, upon whose walls are hung the pictures of all the people whom the individual has ever known and all the incidents which he has ever experienced.

### **SUGGESTION AND SUBJECTIVITY**

The subjective mind being deductive only in its reasoning powers is compelled by its nature to retain all the mental impressions that it has ever received. It, therefore, contains much that the objective mind has

never consciously known. When we realize that the individual's subjectivity is his use of the One Subjective Mind, we shall see that a subjective unity is maintained between all people, and that individual mentalities which are in sympathetic vibration with each other must, more or less, mingle, and receive suggestions from each other. This is the meaning of mental influence, which is, indeed, a very real thing. This also means that the subjective mind receives suggestions from the race and is, more or less, influenced by its environment; all this takes place on the silent side of life and is mostly unknown to the receiver.

Race-suggestion is a very real thing, and each individual carries around with him, and has written into his mentality, many impressions that he never consciously thought of or experienced; for there is a silent influence going on at all times between people under this law.

## **SUBJECTIVE COMMUNICATION**

It is almost certain that between friends there is, at all times, a silent communication, a sort of unconscious mental conversation going on subjectively. When this rises to the surface of conscious intelligence, it is called mental telepathy. This communication with others is going on at all times, whether the conscious mind is aware of the fact or not. We are always receiving impressions that are more or less vague, and it is seldom that they come to the surface; but they are there nevertheless and are gradually building

into our mentalities impressions and forms of thought that are unconsciously and silently perceived.

## **SUBJECTIVE MIND AND INSPIRATION**

Since the subjective mind is the storehouse of memory, it retains all that the eye has seen, the ear heard or the mentality conceived. Since it contains much that the outer man never consciously knew, and is the receptacle of much of the race-knowledge, through unconscious communication, it must, and does, have knowledge that far surpasses the objective faculties.

Realizing that the subjective draws to itself everything that it is in sympathy with, or vibrates to, we see that anyone who is sympathetically inclined toward the race, or vibrates to the race-thought, might pick up the entire race-emotion and experience, and, if he were able to bring it to the surface, he could consciously depict it."

*Science of Mind, Ernest Holmes, 1926*

**Eternal Understanding** - An eternal understanding is something that must be cultivated through deep experience, prayer, contemplation, meditation and study . . . Because we remain in a mortal realm because there are issues that we retain regarding the true nature of eternal love, the correct use of power or the distribution of wealth.



Eternal understanding denotes a knowledge of that which is good and true, which serves life, which goes towards creation, which goes towards God, which goes towards the evolution of soul matter towards the Godhead and the universal principles which guide all life, animate and inanimate.

In order to achieve an eternal understanding, a soul has to be really open to receiving insight and influx of a higher nature and they have to be willing to do the work of spiritual reading which helps to form our conscience in the manner which is so impeccably vital to our soul's advancement into higher particulate matter and higher spheres of residence.

Because we remain incarnate, we can *assume* and we really must assume that there are things we hold to be true about these and other matters which are false, and therefore, karmic viewpoints which are impeding our ability to let go of the ground view of matters pertaining to spirit and to actually uplift our spirit beyond the matter which contains us to an understanding which by its very nature elevates the human soul into higher spheres of knowledge and continuing elevation to greater wisdom.

There is nothing - in a mortal realm - that is more important than this. Because this is, in essence, the purpose of your life in this realm; it is to purify yourself of these false views which have not been integrated into a higher understanding of that which is . . . and that which is not.

And, ironically, many people look to religion as being something old or superstitious when it was the great writers on the moral law from every religion who understood this mechanism. Without understanding this mechanism, the soul can do nothing but continue to circle around the same misperceived views which have held them to the ground for centuries.

When it comes to eternal understanding, it is important to grasp that the *keys*, and I mean this as literally as I can make myself clear, the KEYS to heaven, the keys to ascension, the keys to progress – lie in the teachings of moral, mystical and ascetical theology.

And some of the greatest quantum physicists to have ever walked the earth did so hundreds and thousands of years ago, because they were taught of God, they understood the workings of God. In other words, they were mystics and mystical theologians . . . and their words remain as relevant today as they were in their own time.

### *From Hindu Mysticism*

“With the Indian sages this doctrine of a transcendent self was not merely a matter of speculative philosophy. For philosophy came to them much later than the actual practice of the liberation of this true

self from the bondage of the association with all our so-called psychical states, ideas, feelings, emotions, images and concepts.”

*Hindu Mysticism, S.N. Dasgupta, 1927*

**Karmic Understanding** – Any belief system, habitual behavior or activity that is focused on the ground, in delusion, deception or untruth. As eternal understanding is all that is relative to God, karmic understanding is related to the limited understanding of man.

If a person holds to karmic understanding, they cannot ascend to a higher thrust. They are caught up in certain beliefs or tightly held habits that prevent the emergence of higher wisdom or knowledge; and thus, liberation.

**Afterlife Particles** – Afterlife particles are always shed when a person passes from this world to the next. But it is enhanced when a person passes before their time.

The way that this works is that when a person crosses over through death, whatever gifts that they may have had during life will be disbursed onto a ‘successor’ so to speak. This is often why in the histories of the saints and the lineage of various transmitted teachings, there is always someone in line

to receive that energy when the great master dies.

But this is relevant whether it happens to a great spiritual master, a great violinist, a great scientist; or in essence, all of us, because we all have something that we then shed at death which we hope to disburse among the living. And it is something of the nature of the gifts we have come to perfect most in our lifetimes.

When someone dies young, there will be a combination of the energies of the lost potential; and the backwards energies which were with them at the time of their passing. They will actively seek out souls who can process those afterlife particles so they may move forward. Especially when someone dies in a violent, suicidal or unexpected early death, there will also be afterlife particles relating to the trauma they experienced shortly before their death and at the time of their death.

Sometimes, they will try to hand those particles on their loved ones who often will help them to disburse them through various prayers depending on their religious belief.

In the Catholic Tradition, having Masses said for the souls of the deceased is a means of assisting them in this purification of the things that they carried with them into death and need help in disbursing.

Thus, we see the true interdependency of life in all realms. There are souls in purgatorial realms who

cannot help themselves without the prayers of those who remain behind in the mortal realms. And there are those of us in mortal realms cannot get by without the energetic assistance which we receive from those in higher dimensional realities who come in to make alterations and assist us in actually attaining to higher states and achieving something while still encased to this dense and cold, hard flesh which is oftentimes very difficult to break through for many.

Beyond this, those who die in a state of mortal sin, who have lived a life of evil; well, they are a different story.

Whereas, we wish to help our brothers and sisters who have passed either too soon, or are shedding their gifts in energetic fashion; those who are leaving the world in a state of evil present a very dangerous proposition.

They will also try to shed afterlife particles, but the shedding of those particles is not something that can generally be processed out by your average person. This can be the cause of hauntings, obsessions, possessions and demonic spirits being set loose.

When dealing with the afterlife particles which are discernibly evil and from a dark source, the best way they can be handled is by casting them off into the outer darkness and asking God to return them to whomever they may originally belong.

But as many of you know, this may not be enough in some cases and other sources of intervention may be required. Only those who have been trained mystically should even attempt to assist with such particles because the threat of contamination is too great. Those who have been taken into the realms of initiation and learned these secret processes, are able to do so with protection and therefore suffer no harm in going into a situation when asked to by the eternal. But even such as these should never go into such a situation unless directed to by the eternal, in other words *being drawn in*, because to do so would not be energized, and therefore, they would not carry with them the normal protection that comes with them into such states.

*From Psalms of the Sisters*

“But she is never led to look forward to bliss in terms of *time*, positive or negative. If Death be conquered, it is not through the winning . . . of eternal living, but because, when Death comes, his eternally recurring visitation ceases.”

*Psalms of Sisters, Mrs. Rhys Davids*

**Residual Energy** - Residual energy is similar to afterlife particles, but differ in the fact that energies can be left behind which have no further attachment

to the spirit or soul who originally generated them. Residual energy is usually very highly charged energy which occurs around a place where highly charged events took place; a suicide, a murder, a battlefield . . . holographic memories of such events can remain in a location long after the last of the souls has gone.

In such cases, exorcisms are sometimes required. As to battlefields and other places of extreme human horror, those resonances within the holographic field of memory may always remain, they may embed in that location; not unlike cellular memory that attaches to the earth where something significant like this has happened.

Those who are taught mystically are often called into places such as these to disburse these afterlife and residual energies, and they are given the grace and the wisdom of the Holy Spirit to do so when called. But let it be known that anytime anyone, even someone mystically trained, goes into a situation like this without the true call of God, they take great risks.

Some of these locations – for instance, the castles where torture chambers have been found and wars have been fought – may never be able to be truly freed from the horrors that occurred in those locations.

Especially in a world where we do like to preserve such historical sites and these locations are

continually kept in good status, it is unlikely that this residual memory will ever be removed.

However, if you wish to really try to relieve a place of its residual memory, it can be done. It cannot be guaranteed in all instances, because as I said, you must have eternal command behind your action.

But the best way to disburse that residual energy would be to burn it down and remove every remnant of what happened there. Plant trees, flowers and completely change the purpose of that location. It would likely require the efforts of many mystics, and presumably exorcists. But it is possible.

However, even I myself cannot imagine destroying such historical sites even for this purpose. Perhaps some kind of lesson remains in these unique locations where the residual energy is just too great to repartition that place in the time-space continuum for anything but the tragic events which once took place there. And perhaps human respect and dignity require us to preserve and honor those places . . . but even so, never walk in without the intention of releasing any lost souls, wandering spirits or banish from the earth any energies that are ready and energized to be removed.

We must never forget that when we process energies like these for others, we are helping them in their afterlife journey. We are all interconnected, and we all help everyone in the continuum by every action -



energetic or otherwise - that we take towards serving life and energizing the eternal within our realm and other realms as we are so called.

*From a Textbook of Theosophy*

“From DEATH is the laying aside of the physical body; but it makes no more difference to the ego than does the laying aside of an overcoat to the physical man. Having put off his physical body, the ego continues to live in his astral body until the force has become exhausted which has been generated by such emotions and passions as he has allowed himself to feel during earth-life. When that has happened, the second death takes place; the astral body also falls away from him, and he finds himself living in the mental body and in the lower mental world. In that condition he remains until the thought-forces generated during his physical and astral lives have worn themselves out; then he drops the third vehicle in its turn and remains once more an ego in his own world, inhabiting his causal body.”

*A Textbook of Theosophy, C.W. Leadbeater, 1912*

**Past Life Particles** - Past life particles are similar to afterlife particles, except in that these are particles which can be attached to us at birth from previous existences; they can also be attached to us or attracted

to us as we attain to maturity in this life when those particles often become relevant in the soul's journey.

The purpose of understanding that these particles can be attached to us, is that our memories of past events - which can include both lifetimes of our own, and lifetimes of ancestors - are only there to be understood and then processed and shed.

Therefore, in any past life recall, the benefit of journaling becomes clear. Over time, if someone is having a great deal of past life involvement in the present - or again ancestral involvement - those memories will begin to show a pattern.

It is so vital that you look for that pattern, because that pattern will contain within it - as deeply difficult as it may be to acknowledge those failings, weaknesses, misperceptions, etc., - the key to what you have yet to overcome in this lifetime.

And it will be related to misperceptions about love (karmic love), misperceptions about abundance (karmic greed), or misperceptions about the proper use of power (karmic power.)

Once you recognize it, you become capable of beginning the process which will disburse those particles and offer you the opportunity to exercise eternal understanding in future confrontations with the same karmic configurations.

But don't get overconfident, because you will receive those opportunities; and you will probably fail, maybe several times. But if you don't give up, and you refuse to accept this karmic condition of cycling over and over again over this very self-same issue; eventually you will completely transform it.

And when you do, you actually transform what is possible in this realm, as well. Again, nothing we do individually is lost to the multitude. And nothing we do on a mass scale is lost to the individual.

Everything intersects, all energy is in contact with all other particles. Everything you do to raise your own vibrational knowledge and understanding changes the potential of this realm.

*From the Secret Doctrine of the Rosicrucians*

“Universal Flame of Life

**The One is the Flame of Life. The Many are the Sparks in the Flame. The Flame once lighted kindles everything within its sphere. The Fire is in everything and everywhere; there is nothing dark or cold within its sphere.**

In this Fifth Aphorism of Creation, the Rosicrucian is directed to apply his attention to the concept of the Universal Life—the Life of the World Soul, permeating everything everywhere within its sphere

of existence. This concept of the World Soul as a Flaming Fire of Life, abiding in the entire Universe in all of its parts, is represented by the Rosicrucians by the symbol of a circle filled with flaming fire.

The symbol of Life has always been the Flaming Fire, in all occult teachings. The Eternal, Universal Fire, or Flame, which kindles ever all that presents itself to its influence, yet ever remains unchanged and undiminished in its Essence, has ever been the favorite symbol of the occultists for the Universal Life in Manifestation. When the term "Spirit" is used to indicate "Life," then the Flame or Fire has always been the symbol for Spirit.

And, indeed, the Flame is the most appropriate symbol for Life that can be thought of. For the Flame while ever remaining the same, yet is never composed of the same particles or sparks for even two consecutive seconds. The Flame, itself, in its Essence, ever remains the same and unchanged, yet its Manifestation is always accompanied and correlated to the appearance and disappearance of innumerable tiny particles of material substance which it kindles into sparks, then destroys by the process of combustion, and then replaces by others of similar nature.

And so it is with the Universal Life. It ever persists unchanged and unaltered in its Essence, yet constantly manifesting itself through and in countless material forms which come and go and are in turn replaced by other forms. The form appears, is

consumed, and perishes—yet the Flame abides and survives all change.”

*The Secret Doctrine of the Rosicrucians, Magus  
Incognito, 1918*

**Shedding of the Program** - We all have to shed the program at the time our death, and there is a process that occurs after the soul has expired and passed through the portal of death into the new life.

Ironically, it is often in the life review phase wherein this process actually begins to take place. And it can be a very painful process, as we have heard through several Near Death Experiencers. However, we also understand through their experiences that this *shedding of the program* can occur to them in this life by having gone through that life review and returning to their body after having experienced what turned out to be a temporary death.

Also, as with all things spiritual, we have the capacity to instigate this process within ourselves. We don't have to die to do it. And it involves this willingness to look more closely, to investigate more thoroughly . . . the trail of the ancient writings which were left behind by masters in every faith of the secrets to their liberation before they took their final walk.

Shedding the program cannot be done entirely while we remain on earth, but we can work on those

negative aspects of the program that remain karmic or under the shade of darkness or false views.

We are held to the program to a certain extent as it relates to our soul's destiny; but we can shed the aspects of the program which no longer serve the soul at any time. And this comes through the effort of a soul who seeks God with all of their heart. Because God does reach back to those who reach towards Him; but He will do so in mysterious ways.

So many people think they are entitled to a revelation, and that would be nice. Many people are given insights through mystical experiences into the areas in which their soul retains delusion.

But we have to remember that God, in his infinite brilliance, knew that it would never be possible to contain within any one mystical vessel the secrets of Creation. So . . . he shared different aspects of Who He Is with every single prophet, saint, mystic, sage and ascetic that he made contact with, and through instructing them to write down everything He had taught them, thereby making it possible for us to ascend the mystical staircase of knowledge.

For example, many of my out-of-body experiences have been of this very staircase. It is made up of books - stacks upon stacks of the ancient sacred texts - which were given to us. And each of them holds the secret to a subsequent step.

They are also held secured in the Heavenly New Jerusalem within the confines of 'The Palace of Ancient Knowledge.' Every sacred writing - including the writings lost in Alexandria - are kept in this holy place beyond the sheath and the veil of the physical form. In the worlds of the spiritual where wisdom is energy, and energy is never lost, ancient sacred texts are preserved forevermore.

Don't neglect this very sacred duty. Do not ignore the most valuable resource we have remaining from the ancient world up until today.

The more we do in our conscious waking lives to attain to awakened realization, to overcome our vices, to remonstrate to duly obey the virtues, the easier our afterlife journey becomes.

This is because this is what we are here to do. How many people do you know who will not even begin the process in their lifetime? That is a tragedy. Don't ignore the only thing that will matter when you go through your own life review.

Start reviewing everything now . . .

### *From Mysticism*

"He has yet to pass through that "night of the senses" in which he learns to distinguish the substance of

Reality from the accidents under which it is perceived; to discover that the heavenly food here given cannot satisfy his "hunger for the Absolute." His true goal lies far beyond this joyful basking in the sunbeams of the Uncreated Light. Only the greatest souls learn this lesson, and tread the whole of that "King's Highway" which leads man back to his Source. "For the many that come to Bethlehem, there be few that will go on to Calvary." The rest stay here, in this Earthly Paradise, these flowery fields; where the liberated self wanders at will . . . "

*Mysticism, Evelyn Underhill, 1911*

**Within the Program** - That which pertains to the personality and all the worldly structures around a human being. A program can consist of karmic impetus, and/or a destiny . . . so in that sense, it can be karmic or eternal, or a bit of both.

*From the Golden Verses of Pythagorus*

"The power of the Will was exercised upon the things to be done, or upon the future; the necessity of Destiny, upon the things done, or upon the past: and the one nourished the other unceasingly, by working upon the materials which they reciprocally furnished each other; for according to this admirable philosopher, it is of the past that the future is born, of



the future that the past is formed, and of the union of both that is engendered the always existing present, from which they draw alike their origin: a most profound idea that the Stoics had adopted. Thus, following this doctrine, liberty rules in the future, necessity in the past, and Providence over the present. Nothing that exists happens by chance but by the union of the fundamental and providential law with the human will which follows or transgresses it, by operating upon necessity. The harmony of the Will and Providence constitutes Good; Evil is born of their opposition."

*The Golden Verses of Pythagorus, Fabre de'Olivet,  
1917*

**Within the Eternal** - That which pertains to the eternal destination, the soul, and all spiritual constructs around a human being: that which is within the eternal lies beyond all delusionary impetus. It requires the soul to perceive, act and become that eternal nature which is beginning to emerge within the physical waking body.

No one does this quickly, it is gradual and it can be very grueling. But it must needs be done.

That which is in the eternal can have karmic impulses tied to it on the earth, but the end-goal of those impulses would be to transform them into eternal sepulchers of emanating knowledge.

When we become a soul - within the eternal - we become that which we have always sought. And that beingness emanates . . . . we become something entirely different, and can then serve an entirely different purpose - we become an emanation.

And an emanation operates according to the mechanics of existence in our universe . . .

*From Traces of a Hidden Tradition in Masonry and Medieval Mysticism*

"It is these traces that must be collected, in order to demonstrate that these "Messengers of Love," as they were often termed, were inheritors of a "Kingdom of Heaven " - a mystic heaven, indeed, of pure doctrine, noble life, and holy aspirations."

*Traces of a Hidden Tradition in Masonry and Medieval Mysticism, Isabel Cooper-Oakley, 1900*

**Energetic Knowledge** - Knowledge is energy and energy is knowledge. Vibration is knowledge and knowledge is vibration.

*From St. Bonaventure*

“For that most glorious body – subtle, agile and immortal – was clothed in glory so as to be truly more radiant than the sun, showing an example of the beauty destined for the risen human bodies.”

*Bonaventure, The Tree of Life, Paulist Press, 1978*

**Within Time** - When a soul operates from within the confines of a personality, a program, a space/time continuum, they are as spirit, within a construct of time wherein past, present and future are all separate variable elements within the function of the conscious life.

**Timelessness** - When a soul operates from outside the confines of a personality, a program, a space/time continuum, they are as spirit, within an eternal flowing sea of time and continuity wherein all life, all consciousness, all existence remains simultaneous. Past, present and future are inextricably linked into the present moment, and infinity contains within it all that ever was and all that shall ever be.

Where we are is just a blip in timelessness . . . where we are, we shall ever be . . . and where we are not, we are there still.

*From the Splendour of God*

**“THE VALLEY OF ABSOLUTE POVERTY AND  
ANNIHILATION**

This is the station of dying from self, and living through God; of being poor of one's self, and rich in the Desired One.

In this station poverty is mentioned as meaning one's indigence in all that is of the world of creation; and one's affluence in all that is of the worlds of Truth.

For when a sincere lover and agreeable friend attains to the meeting of the beloved and desired one, a fire is enkindled from the radiance of the beauty of the beloved and the heat of the heart of the lover, which consumes all coverings and veils.

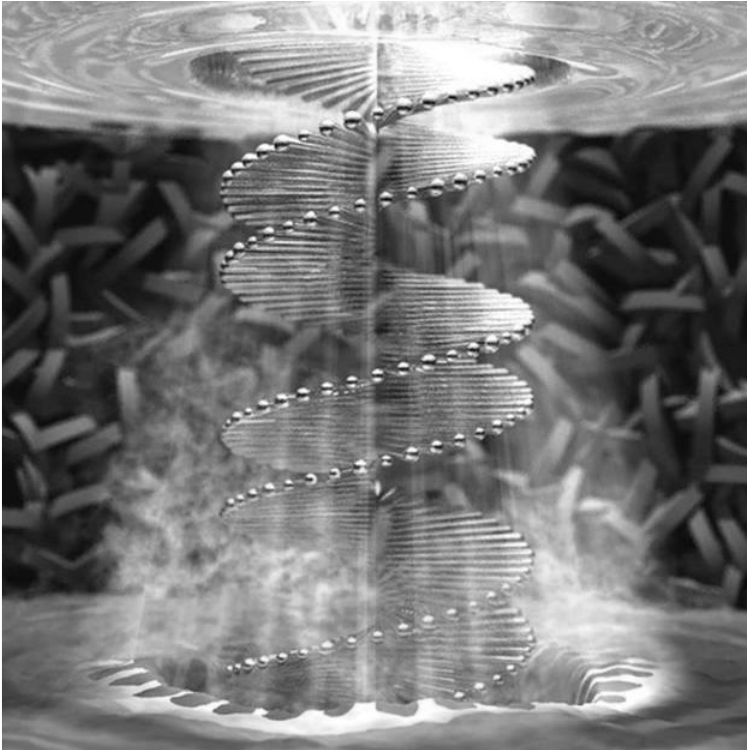
Nay, whatever is with him, even marrow and skin, will thereby be burnt, and naught remain except the friend.”

*The Splendour of God, Eric Hammond, 1909 (Words  
of Baha'u'llah)*

But in order to proceed further, you must first understand ‘The Mechanics of the Alteration of Reality.’

## CHAPTER THREE

### The Mechanics of the Alteration of Reality



**Alterations** - Within the mechanics of energy there is a process known as alteration.

As all human beings are given a certain level of free will within the confines of eternal law, there are moments with the time/energy continuum wherein a soul may be about to take a step or move into position with the particulate matter of other souls which could so drastically alter their program or that of another - sometimes their life, as well - wherein the eternal,

God, determines an energetic alteration is necessary and sends an emissary from God's Mystical Kingdom to perform that deed.

In such cases, this is when someone is about to do something, either with or without foreknowledge of the outcome, which will put their higher thrust at stake. It can also be something which would take their life or destroy their destiny.

For instance, one of my alterations involved a very drunk and upset man who had a shotgun and was hiding behind a car in a parking lot. Because he was so distraught, he was about to start shooting and kill a bunch of people including himself.

In this alteration, I manifested in energy right next to him. Because these alterations often occur in the management realms, we were both in the spirit within that realm where thoughts, actions, deeds and intentions come together to form reality.

The potential perpetrator was able to see me, but no one else could. So I spoke to him about his life, and how this would irreparably damage the program he had come in with to serve God. It was clear he would either spend his life in prison or die, add the karma of several other lost lives to his own; and that he would then be going backwards.

My primary purpose was to point out to him that despite of how hurt and angry he was (about what I

was not given to know), that the line of his destiny would remain intact if he just got up and left refusing to follow through with his original insane plan which had come about through the heat of passion.

After several hours, as if nothing had ever happened in the first place, he'd had enough time to cool down and did indeed walk away, program intact. Job complete. It never happened on the ground . . .

Yet, alterations can also take infinite different forms. Sometimes an energetic alteration is a simple shifting of the energy of an individual in their subconscious sleeping, to make it possible for them to take the next spiritual step. You will see these forms of energetic alteration in the mystical realms, often performed at the hand of an angel.

Approaching the subconsciously sleeping soul, you will see the angels place their hands somewhere over the head of the subconscious spirit. Sometimes, this will occur over the heart or stomach – center of love and emotion.

A light shift will take place and the angel will move onto the next subconscious sleeper. But this is one manner in which the celestial realms work to aid in the spiritual evolution of individual souls.

The Out-of-Body Travel Foundation Headquarters in the Mystical Realms actually exists. And there are thousands of beds and cots wherein souls will go

subconsciously at night during their sleeping. The angels come and work on every single one of them, and there are also volunteer souls who assist them to make such energetic adjustments possible.

Sometimes, the alteration is simply to change the location of a particular individual at a moment in time to prevent accidental death or grave injury.

Sometimes, the alteration is to offer excelled and heightened protection to a soul who is moving from a dark past into a higher potentiality; but may not be able to do so without the likelihood of losing their life. Angels will come in and actually construct structures of energy around them which assist in making them 'invisible' so to speak. Memory loss of that person ensues with the soul's former partners in crime, and somehow he just becomes more transparent and able to move forward with haste and without interference.

Obviously, sometimes alteration and protection is not afforded to those in such situations and they do pay the price of their life. But the loss of that life, in order for that construct to take place does provide a higher value on that sacrifice.

But these alterations can also occur for situations involving grave evil, wherein sometimes the task of the alteration itself is to annihilate a particular demon, dark force or evil person getting ready to commit an act which would irretrievably push back the cause of creation and the good in the programs of at least one



individual, although they often involve many more.

But it is important to realize that only God knows the energetic truth of a soul and the program; and because free will is in effect for mortal realms, good and evil *do* occur in great quantity.

Alterations are taken on for particular circumstances which only the Creator actually discerns warrant such intervention. When intervention does not come, it is not in any way an indication of God's denoted value upon the person to whom it was not given; only to a very detached energetic standard quantifying the value of the alteration in relation to the effect it might have on all worlds, at all times, and in this present now.

If you or someone you love has been victimized by evil and no intervention took place, it is not in any way an indication of God's love for that particular soul of having less value than one He may have ordered an alteration as regards . . . The determination which allows for an alteration is mysterious, unknown and energetic. Evil will always exist in mortal realms, we can only reduce the outflow and only when so given by the eternal . . .

In such cases, the actual demons and dark spirits are dismantled, literally blown into little tiny pieces and those pieces are then sent down to the abyss, which is one of the hell realms designed for this specific action. From there, the particles of evil have the opportunity

to reassemble into something of a higher nature.

But if they do not, they have guards in the abyss who will dismantle them over and over again, if need be, until they begin to create something that serves God and His creation. If they never do, they are subject to being sent to a hell realm below them.

Alterations are accomplished for an infinite number of needs within the light body and the realm of management for every living soul; assisting a soul to attain to a higher thrust, stopping a soul from committing a backwards thrust, aiding souls from a variety of states to cross over (lost souls, wandering spirits, purgatorial spirits, dark spirits), for the purpose of removing souls from homes that are haunted, relegating demons to their true domains (to that which they are compatible), and it can also be involved in the spiritual warfare between the principalities and powers of this world.

A soul educated in the alteration process will have only done so through mystical education, it cannot be taught on the ground. The further you go into this training, the more eternal power you will have to exert on the opposing forces of evil and the more you will be sought out as a soul by the dark forces which *will try* to take you down, over and over again.

That battle will not end in this lifetime, because those who take on the energetic responsibility for this realm become a major threat to the backwards forces who

seek to retain their own impassioned rule.

And don't think that they don't accomplish this, because these are battles for the redistribution of the energies of this particular mortal realm. Battles can be won, and battles can be lost.

Demonic forces have the capacity to cause actual physical and spiritual injury in these battles; heart attacks, heart damage, strokes, accidents, other illnesses . . . and as the eternal warrior who fights for the cause of energetic alteration gets older, they will get more and more tired even if they have avoided all 'hits' so to speak.

But no one avoids all the 'hits'. So be prepared to enter into this *only* if you have been called and trained in the mystical realms by God and His emissaries. And even if you have, know that there will be no going in without the possibility of defeat. These battles are real, and you can sustain serious harm even though you carry the protection of one who is eventually deemed an 'eternal warrior.'

But if you have been called, I can't say you'll have much choice in the matter as to whence you must serve. For the contemplative life is silent; but it is not without action. The energetic warrior retains himself in aloneness, but he is rarely without the company of all of creation.

And when creation calls such a one, you can go from being fully conscious, to falling asleep for no apparent

reason . . . a deep sleep, some might call it lazy, if only they knew what grace were doing with such a soul at such a time?

### *From Mysticism*

““This restful travail,” said Walter Hilton, “is full far from fleshly idleness and from blind security. It is full of ghostly work but it is called rest, for grace looseth the heavy yoke of fleshly love from the soul and maketh it mighty and free through the gift of the holy ghostly love for to work gladly, softly, and delectably. . . . Therefore is it called an holy idleness and a rest most busy; and so is it in *stillness* from the great crying and the beastly noise of fleshly desires.”

If those who have cultivated this latent power be correct in their statements, the self was mistaken in supposing herself to be entirely shut off from the true external universe. She has, it seems certain tentacles which, once she learns to uncurl them, will stretch sensitive fingers far beyond that limiting envelope in which her normal consciousness is contained, and give her news of a higher reality than that which can be deduced from the reports of the senses. The fully developed and completely conscious human soul can open as an anemone does, and *know* the ocean in which she is bathed. This act, this condition of consciousness, in which barriers are obliterated, the Absolute flows in on us, and we, rushing out to its embrace, “find and feel the Infinite above all reason

and above all knowledge," is the true "mystical state." The value of contemplation is that it tends to produce this state, release this transcendental sense; and so turns the "lower servitude" in which the natural man lives under the sway of his earthly environment to the "higher servitude" of fully conscious dependence on that Reality "in Whom we live and move and have our being."

*Mysticism, Evelyn Underhill, 1912*

**Residue** - Residue (or energetic residue) is a film of opaque and musty energy which can attach to souls, actions, places, things, events, deaths, emotional highs or lows, etc. It is generally darkened energy, with just a tinge of clarity.

When mystics are speaking of residue, they are observing something that is attached to either a living human being or has been left behind by such a one who has crossed on.

Residue can be attached to living souls from an infinite number of sources, but they can be brought down to a simple understanding.

Those who have lost loved ones might have residual energies attached to them from the deceased; unresolved relationships, unresolved sins for which the holder of the residual energy has not yet accepted

responsibility.

Residual energy can also attach to any human soul from any dynamic event; this means that you can retain residual energy from a highly charged sexual event, or a highly traumatic moment in your life.

Victims of crime retain a lot of residual energy from the actions of the perpetrator.

Criminals and predators not only thrust residual energy onto their victims, but in many instances, the demonic forces behind them. This happens, in part, because the criminal refuses to accept any accountability for his actions, and has convinced himself that what he is doing is not a big deal.

Such as these have a very frightening awakening coming to them when they cross over.

But for their victims, it is highly important to be aware of this deposit of energy and to cast off that which does not belong to you. Energies placed upon victims do not belong to them. And it is important for you to understand that as long as you allow the victims of crimes to feel as if they *are* in responsible for these energies, they *will* retain them.

In the purely particulate sense, those residual energies (and demonic forces) belong to the predator. But this is one manner in which a soul who commits sacrilege is able to throw that residue off of himself.

This is why some criminals or other immoral people who perpetuate their values upon others can appear relatively stain free in the physical; because they refuse responsibility for their own actions and throw it off to those they harm.

Woe to those who call good, evil and evil, good. But yet, energetically, it does take away that residue for some time; until energetic law reaches fruition and it is all yet given back.

Victims of energetic violations or crime rarely are allowed to acknowledge the actual 'energetic hit' they took, the damage which was done to them; in essence, the perpetrators and predators can continue victimizing and feeling quite self-righteous about their behavior as being good and true and something that those who have the misfortune of falling into their path should 'just get over.'

But energy has laws.

These *thrusts*, and they are indeed thrusts, are an energetic invasion into another's program and *must be* cast out and back onto the one who retains responsibility for the action and all of its consequences.

One of the reasons there are so many suicides is because sexuality has been twisted and used against people as a weapon. When sexuality becomes predatorial (and this does not have to be rape, it can

come from any improper use of the sexual faculty of another human being), it also becomes sacrilege.

Many people who use this kind of humiliating sexual energy upon others actually carry within them demons of suicide; so that when the two part after the deception, those demons of suicide leap upon the victim of the sacrilege and can tear them apart.

But those demons belong to the perpetrator. The act of sacrilege also belongs with the predator. Therefore, go ye forward and cast that energy back for the predator to process.

You can carry residual energies for many other circumstances, as well. For instance:

- 1.) If someone committed suicide and you were a catalyst in that action, either intentionally or unintentionally.
- 2.) If someone died and they are trying to get something done through you.
- 3.) If someone died and they are trying to let you know what happened to them or leave you with a final message.
- 4.) Any will act of vice perpetrated onto another human being including greed, betrayal, improper use of power, etc. can leave residue upon the victim and the perpetrator.

But remember, the key to this is casting off the energy which does not belong to you, and taking



responsibility for the residue which does belong to you. If you didn't perpetrate it, cast it back to the one who did. If you don't know who did it, you cast it off at the foot of the cross and let God determine wherein that energy should go. If you are responsible, you step up and take responsibility for that residue yourself.

By condoning small acts and breaches against moral law, you make possible larger breaches against eternal law.

Eternal warriors are - by the nature of their calling - required to lower this momentum towards the backwards flow, to degrade the pathways which lead to the deterioration of spiritual development in this world and others and to eliminate the vast heightening of causes which completely impede proper development of worlds in any mortal realm.

If we don't make some of these simple changes energetically to the way our realm operates, no spiritual progress will ensue. And because spiritual progress is essential to evolution, going backwards eventually leads to the possibility of the extinction of species and entire worlds which become responsible for lowering the overall energy traveling through all worlds.

Those who commit foul acts against God **MUST** retain the consequences energetically. Even as they seek mercy, there is an energetic process which processes

guilt against reparative activity.

And those who receive foul acts against their program, **MUST NOT** retain the consequences energetically.

You carry that which you are responsible for, but nothing more.

Mystics will and do carry more . . . but that is so by the very nature of the program through which they have been born into this realm, and the quantity of the mystical training they have received which makes it possible for them to safely process out residual and other types of energies within the holy protection of God.

Energy is always in a state which requires some level of processing. So make sure that persons responsible for generating that residual energy are the ones who are carrying and processing it.

Thereby, you are accelerating eternal law in this realm and making possible higher thrusts of behavior, action, evolution and impetus within and into this mortal realm of the earth.

With those who have crossed on, this can happen with a death; any unresolved issues, anything left unfinished, any type of traumatic passing, unresolved relationships, hatred or resentment, etc., will leave behind a residue.

Much of this residue is picked up by the angels and processed out for typical souls, but when residue remains beyond this; mystics are often called in to assist in processing out the energies and then releasing them back into the eternal.

How do mystics process such things? Mystics generally have to 'read' the residue. By so doing, you will have an understanding of what kind of energy it is, if its disbursement requires the sharing of information with another person, or whether this is something that the mystic may simply transmute.

Because of the gifts mystics have to feel the contents of the residue, they are also often gifted with the knowledge of alteration.

In essence, the mystic would feel the residue, have a telepathic communication with the bearer of the residue, communicate understanding, express empathy of the pain, share awareness of the damage caused, and direct that energy through their hands as the soul turns to God.

This is often enough to bring the conversation and the energy within and through the mystic towards a resonating factor of light that brings movement forward from the soul to the residual matter and/or energy and causes transmutation.

As to residual energies that are randomly traveling through space and time, mystics are able to take it

within them and transmute that particulate of energy from backwards flowing to forward movement . . . thus, stabilizing and enlivening the entire realm.

### *From Mysticism*

“Only mystics can really write about mysticism. Fortunately, many mystics have so written; and we, from their experiences and from the explorations of psychology upon another plane, are able to make certain elementary deductions. It appears generally from these that the act of contemplation is for the mystic a psychic gateway; a method of going from one level of consciousness to another. In technical language it is the condition under which he shifts his “field of perception” and obtains his characteristic outlook on the universe. That there is such a characteristic outlook, peculiar to no creed or race, is proved by the history of mysticism; which demonstrates plainly enough that in some men another sort of consciousness, another “sense,” may be liberated beyond the normal powers we have discussed. This “sense” has attachments at each point to emotion, to intellect, and to will. It can express itself under each of the aspects which these terms connote. Yet it differs from and transcends the emotional, intellectual, and volitional life of ordinary men. It was recognized by Plato as that consciousness which could apprehend the real world of the Ideas. Its development is the final object of that education

which his "Republic" describes. It is called by Plotinus "Another intellect, different from that which reasons and is denominated rational." Its business, he says, is the perception of the supersensual—or, in Neoplatonic language, the *intelligible* world. It is the sense which, in the words of the "Theologia Germanica," has "the power of seeing into eternity," the "mysterious eye of the soul" by which St. Augustine saw "the light that never changes." It is, says Al Ghazzali, a Persian mystic of the eleventh century, "like an immediate perception, as if one touched its object with one's hand." In the words of his great Christian successor, St. Bernard, "it may be defined as the soul's true unerring intuition, the unhesitating apprehension of truth": which "simple vision of truth," says St. Thomas Aquinas, "ends in a *movement of desire.*"

*Mysticism, Evelyn Underhill, 1912*

**Good and Evil 'Within the Program' or 'Within the Eternal'** - Good and evil become separate entities depending upon where they reside. Within the program, good and evil have two entirely different objectives.

Good moves towards creation, new life, expansion, virtue and the good of the individual soul, his program along with the eternal laws of the realm.

But evil has the opposite effect upon a soul still traveling 'within a program.' Evil moves towards destruction, dead stuff, the turning in of itself, onto itself (and itself onto others), vice and that which is contrary for the individual soul, his program and the eternal laws of this realm.

Because the nature of all reality even down to the subatomic is to move either in concert with, bounce off of, crash into, away from or ride along peacefully aside all of ethereal life; when a soul chooses evil for themselves, there is usually no way to prevent them from causing damage to others traveling 'within the program' whether by the means of evil or good.

Which is why evil must be stopped (when ordered by eternal law), not coddled or accepted in any way. Eternal law states that the borders, pathways, realms and divides occupied by such states are to have their boundaries maintained. By their very nature, they are placed into a certain sense of lockdown.

However, even so, this doesn't mean they cannot still perpetuate evil in the mortal realms. They can. But there does come a time when there is no turning back wherein God allows that they be 'terminated' so to speak, dismantled, into a billion pieces and sent to the abyss. This does not have to be an earthly death, although it can be. But it can also come about by spinning the evil upon itself, which unravels it to its lowest common denominator and makes it impotent to participate in its own evil anymore.

In any case, evil will always eventually come in upon itself because that is its nature. If a parasite is eating its own flesh, eventually there will be nothing left.

When God determines by energy that a soul has consciously chosen evil, they are cast out into an external darkness. But this darkness is a barrier only seen by the mystics, not to them. Their potencies regarding those who are traveling a good road are diminished and their senses are made highly acute to those traveling a similar road to their own.

This is so, because when two evil souls meet and unite, although their uniting will initially create an acceleration of their mutual evil and abilities to cause harm . . . it dies down very quickly as the two parasitic beasts wither away from charging into one another with their nature. Eventually, they become impotized, unable to transcend their evil state, and truly locked up within their own soul.

For a soul who has chosen this path, if sincerity truly exists and is present to alter that path, God sends angels to assist.

However, for those who go this far, it is unlikely such an emergence will occur in this life and as long as this is their motion-center, they must be left there to rot. For this is their nature, and they have consciously chosen it for themselves.

Eternal law allows for barriers to be placed between

those 'within the program' who serve the good and those who serve the evil. And as a result, much evil is expressed between those who mutually serve destruction. Such actions are also then multiplied as evils come into contact with other evils because the nature of union between evils accelerates their evil.

But innocents are always brought into their pathway whenever the soul who serves the backwards flow can find one, and this is when eternal law is brandished unable to prevent such action.

Therefore, evil exists in mortal realms . . .

But evil no longer retains 'within the eternal' itself. Although evil can manifest and occur within a soul operating for the good 'within a program,' evil does not exist in that 'whichin the eternal.'

There is no natural need for balance between the two forces, there is no requirement that evil balance out the good . . . good is a *whole* in itself . . . evil is always a fraction, and can only exist in fractionary aspects of the universes and their multispheres.

Again, the boundaries are maintained by the eternal because that which is evil cannot reside within it. It is divine law and mandate . . .



*From Action and Reaction*

“A raging windstorm carrying a dark substance similar to airborne dirt whirled violently in a strange vortex like a dark waterspout.

From the monstrous body of the dreadful storm, human faces emerged, twisted in horror, cursing and moaning.

They appeared suddenly, linked to each other like enormous chains of creatures holding onto each other in a moment of peril in their instinctive anxiety to prevail and survive.

Like us, Druso contemplated this sad picture with visible compassion written on his face.

He looked at us silently as if inviting us to reflect. He seemed to be implying how sorrowful the work was for him in that place of suffering, when Hilario asked:

‘Why not open the doors to those who are crying for help out there? Isn’t this supposed to be a rescue outpost?’

‘Yes,’ answered the Instructor, very moved, ‘but rescue is only truly meaningful for those who actually want to be rescued.’

After a short pause, he continued:

'Here, on this side of the grave, the most painful surprise for me was exactly this: meeting human beasts that used to live in the flesh as ordinary people. If given shelter here without being duly prepared, they would immediately attack and destroy this institute of peaceful assistance. We mustn't forget that order is the basis of charity.'

*Action and Reaction, Francisco Candido Xavier,  
Brazilian Spiritist Federation, 2010*

**Subconscious and Unconscious Alteration** - Eternal warriors will have vivid memories of these alterations which take place within the program and the eternal, however, it is often likely that the recipient of an alteration will not have conscious memory.

When this happens, they are said to have had a subconscious or unconscious alteration which occurred on another level of their awareness.

This level of awareness is sometimes that sphere within a soul which can be dipped into through hypnosis, but not always.

Energy moves from the deepest levels of the unconscious through the subconscious mind. All spiritual evolutionary processes proceed through very well-ordered sequence.

*From the Varieties of Religious Experience*

“There could be no more perfect description of the divided will, when the higher wishes lack just that last acuteness, that touch of explosive intensity, of dynamogenic quality . . . that enables them to burst their shell, and make irruption (to break or burst in) efficaciously into life and quell the lower tendencies forever.”

*The Varieties of Religious Experience, William James,  
1902*

**Re-Energizing Station** - When an Eternal Warrior makes a mistake during an alteration operation, they can sustain serious energetic injury to their thrust, memory and purpose.

After wandering around aimlessly after a failed alteration, the Eternal Warrior can have no memory of the alteration, who they were, where they were, where they are; and their energies are very, very weakened.

At this time, the Re-Energizing Station makes itself visible somewhere in the canopy of the energetic reality which the warrior is wandering.

There is a long, white, straight and wide staircase which leads to a place of ineffable light. Without the assistance of higher forces at this time, the Energetic

Warrior would be too weak to ascend those steps. So, in essence, they are lifted up, brought into the Re-Energizing Station, set on a floating bed wherein many energetic healings are performed upon them.

Another alterer is sent back to take care of the missed alteration while the warrior is re-fueled, given back his memory, and brought back into an energized state of consciousness.

Again, all such things are true battles. You can win and you can lose . . . Energetic Warriors never forget that they can lose. Thus, they remain on high alert when called swiftly into energetic action.

*From The Varieties of Religious Experience*

"If now he should never go back, and never again suffer . . . political interests to gain dominion over him, he would be for practical intents and purposes a permanently transformed being. Our ordinary alterations of character, as we pass from one of our aims to another, are not commonly called transformations, because each of them is so rapidly succeeded by another in the reverse direction; but whenever one aim grows so stable as to expel definitively its previous rivals from the individual's life, we tend to speak of the phenomenon, and perhaps to wonder at it, as a transformation."

*The Varieties of Religious Experience, William James,*

**Processing** – The processing of various energies is a continuum within the life of the eternal rather than something which occurs infrequently.

Processing requires that the person so called into the energetic disturbances of this world or others is able to take within his external energy field those particles of energy which have not been processed into their proper function and wander aimlessly around like pollution in the heavens and the mortal worlds.

Whence they retain the energy into their outer energetic body, they are able to transmute those energies through thought and energy funneled in from the eternal and release them as fully processed.

In some respects, processing energy is not all that different from what human beings may do in having certain objects, homes or dwellings blessed in the effort to alter what has occurred to that person, object, home or dwelling previously into something which has been cleared and now contains within it that of the higher and eternal potential.

*From the Flower Ornament Scripture*

“Their minds are pure, without attachment . . .

They promulgate true teaching to educate people.  
And cause sentient beings everywhere to attain peace

...

They always carry on the teaching according to the  
truth.

Benevolent by nature, free from cruelty . . .

Their knowledge and discernment always clear,

Their capacities are fully complete . . .

They crush the armies of demons and annihilate  
them.

They hold fast to pure morality, without  
transgression;

With firm determination they forbear, unshakably,

They vow to forever clear away anger from the mind

And always gladly practice the teachings . . .

They practice giving to be of aid,

Causing them to open their hearts.

In regard to the Supreme, as well as others

Their minds are pure and full of joy.

Enlightenment being provide for all . . . “

*The Flower Ornament Scripture, Translated by  
Thomas Cleary, Shambhalla, 1984*

**Ghosts and Lost Souls** - Ghosts are the souls who have died and have been unable or unwilling to go onto the next life after death. This can be related to attachments they have to people they love or hate, or

to duties they feel that they have not yet finished, desires to fulfill relationships that were left unfinished before their death, sometimes profoundly traumatic events, a horrific memory can hold a soul to the earth as a ghost as can another horrific spirit who either passed before or after them who seems to wish to keep them captive.

Probably two of the most common causes for souls to become Ghosts are 1.) a form of death which either happened so quickly or unexpectedly that they do not realize that they have died, or 2.) those who don't have any spiritual beliefs before death - atheists, agnostics, sometimes are very confused when they die and they are not dead and have no idea where to go or what to do, and therefore, they just keep doing what they were doing where they were doing it. Because of this, their vibrational level does not increase significantly enough to recognize, acknowledge or simply 'see' these higher vibrational spiritual beings.

The primary issues as related to typical Ghosts/Lost Souls in what is required to help in crossing them over are 1.) helping them to accept their deceased status, 2.) listening to whatever it was that happened to them at the moment of death or during life 3.) making them feel safe with you in that you do really empathize and understand their trauma, 4.) making them aware that God still loves them despite the mistakes of their past life, 5.) making them aware that they have Guardian Angels on stand-by who will

escort them to the next world as soon as they raise their vibration enough to become aware of them, able to see them, and able to respond to them. 6.) Releasing them to the Celestial Hierarchy.

Now, some Ghosts are not going to be going to heaven. Some are going to be escorted to hell . . . and such as these will require an entirely different mechanism to assist their departure to worlds in which they remain compatible.

Remember, the afterlife is about compatibility, not judgment. We go where we are compatible. Within these words, lies a great deal of wisdom.

Ghosts and lost souls can range from purely lost spirits, to wandering souls who are literally just confused . . . to purely evil and demonic souls.

Wandering spirits, ghosts and lost souls are very often tapped into by those who consult with illegitimate mediums into the spirit world. This can consist of those who have not been properly mystically and ascetically trained through the Higher Celestial Forces of the Law, and therefore, their gift of spiritual seeing would not be properly configured within the Law of the universe, the moral law, eternal law, etc. Without this, they could not give valid assistance to those on earth, earthbound, or lost in the spirit, and they make themselves and others open to the demonic, as well.



Ouija boards are another avenue wherein such spirits often congregate. Angels don't respond to such things, they respond to legitimate and persevering prayer.

Such things will only draw those who either intend to confuse, look upon confusing those below as something fun to do, or those who are actually leaning more towards the demonic looking for a body to inhabit, obsess or possibly even possess.

Remember, ghosts, lost souls and wandering spirits, purgatorial spirits – cannot tell you anything that you would need to know.

Only angels could do that, and they are reached in an entirely different manner.

(But you can read about all the variations in 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism,' and other books By Marilyn Hughes.)

*From the Devi Bhagavatam*

“There not even a single soul becomes pure. What use is a holy place to him, whose heart becomes attached to the sensual objects and who can therefore be called the lost souls.”

*Devi Bhagavatam, Swami Vijnanananda, 1921***Purgatorial Souls on Earth and in Other Realms -**

There are many other mortal (third and fourth sphere) realms which inhabit other realities, dimensions, universes, planets, etc. Souls can migrate to an infinite number of purgatories upon death . . . . but many purgatorial spirits who wander the earth are here because they have to atone for ignoring the needs of others during their lifetimes, and they do so by being unseen by all except a few people who see them or those who remember the dead in their prayers. Some have to complete tasks here that they were reticent in completing during their lives.

As to purgatories in other realms, they exist in infinite number due to the infinite configurations of delusion within and without the mortal realms. Such purgatories are formed for the specific purpose of purification, to assist souls with certain and very focused dysfunction and behavior, by focusing very precise energetic attunements and intellectual realizations of that which they have done.

These intellectual realizations have to first emerge just as factual matter within the soul before they can proceed to being able to actually feel the emotional pattern they have created. Beyond this, the purgatoriant must then go beyond the emotional into the comprehension of the infinite harm such actions cause other souls, Infinite Wisdom, Ultimate Good,

the Eternal . . . thus, God.

From that point onward, their path will be one of learning the mechanics of action and inaction, morality versus immortality, energizing vs. de-energizing, from whence, they will be set forth to act again, and again be judged according to their energetic thrust. Thus, karmic circling and cycling begins . . . but it can instantly be overcome by a true and sincere desire and will to serve only God.

Within this kind of sincere and graduated attainment, there is a mechanism which falls into place and extrapolates that which is good from that which is evil in a soul and prepares the way for a clear and just departure . . . and then, a soul can enter the world as a simple karmic birth, but yet attain to become a liberator, and then to emerge triumphant as a clear, effulgent light which transcends and destroys delusion with a singular thought.

*From the Divine Pymander*

“But first thou must tear to pieces, and break through the garment thou wearest, the web of Ignorance; the foundation of all Mischieif; the bond of Corruption; the dark Coverture; the living Death; the sensible Carcass; the Sepulchre, carried about with us; the domestical Thief, which in what he loves us, hates us, envies us.

Such is the hurtful Apparel, wherewith thou art clothed, which draws and pulls thee downward by its own self, lest looking upward and seeing the beauty of Truth, and the Good that is reposed therein, thou shouldst hate the wickedness of this Garment and understand the traps and ambushes which it had laid for thee . . .

Stand, and be sober, and look up again with the Eyes of your heart, and if you cannot all do so, yet do so many as you can.

For the malice of Ignorance surroundeth all the Earth, and corrupteth the Soul, shut up in the Body, not suffering it to arrive at the Havens of Salvation.

Suffer not yourselves to be carried with the Great Stream, but stem the tide you that can lay hold of the Haven of Safety, and make your full course towards it.

Seek on that may lead you by the hand, and conduct you to the door of Truth and Knowledge, where the clear Light is that is pure from Darkness, where there is not one drunken, but all are sober, and in their heart look up to him, whose pleasure it is to be seen.

For he cannot be heard with ears, nor seen with eyes, nor expressed in words; but only in mind and heart."

*The Divine Pymander of Hermes Trismegistus,  
Translated by John Everard, 1650*

**Evil Spirits** - Evil spirits are by their very nature wrathful and beyond repose. Evil is often defined by the mystics as those spirits who actually enjoy perpetuating harm upon others, and this is true, but their avarice extends even further.

Evil spirits actually enjoy that which is backwards. Generally, they are moving away from God, engaged in energetic and physical destruction and are filled with hatefulness and self-serving propositions.

Relationships with others are generally based only on what those can provide for them and oftentimes deceit.

Evil spirits can manifest in the form of actual demonic forces, lost souls, wandering spirits or even human beings. Evil itself is a state of the soul, rather than something only defined by external manifestation.

A person who is evil may appear human in the external waking world, but their true nature will appear in the mystical realms in the manner of its actual thrust.

Evil spirits and evil actions always go hand in hand, however, evil actions do not always go hand in hand with evil spirits.

Evil can be committed by souls for three very different reasons; karmic ignorance, dominant darkness or pure evil. Karmic ignorance is a state

wherein a soul behaves or acts out of a certain lack of perception due to karmic delusions; and therefore, that action can be rendered differently due to its cause. If a soul remains in karmic ignorance due to choice; that thrust will eventually become dominant darkness, wherein the soul's actual energetic makeup has rendered itself dark and its actions are perpetuated through habits and desires that the soul refuses to address. Because of this refusal to take responsibility for the harm the actions or delusions cause to others, it renders itself dominantly dark.

Pure evil results from a conscious choice. Evil souls, spirits or demons actually enjoy the harm they cause to others. And because of their energetic thrust to actual perspicacious avarice, they become complete destruction itself. Their preference remains evil and their thrust remains evil.

The actual nature of their energy breaks others apart and dismantles their lives and their reality. Sometimes, this pure evil thrust is so embedded within a soul, that this can happen even without the soul's awareness OR the awareness of those around them whose lives are literally falling apart not due to any action in particular of their own or of the evil soul in their perimeter, but by the very nature of that evil soul's energy just being present within their confine.

*From St. Bonaventure*

"On high  
 The wrathful Judge  
 Will then appear;  
 Below,  
 Hell will open up  
 As a horrible chaos.  
 On the right  
 Will be the accusing sins,  
 On the left  
 Countless demons.  
 Thus surrounded,  
 Where will the sinner flee?  
 Certainly, to hide will be impossible  
 And to be seen, intolerable.  
 For if the just man scarcely will be saved  
 Where will the impious and sinner appear?  
 Do not, therefore, enter into judgment  
 With your servant,  
 O Lord."

*Bonaventure, The Tree of Life, Paulist Press, 1978*

**Sacrilege** - Sacrilege is the often the result of almost every action of any evil spirit or soul who exists, incarnates or roams the mortal realms.

Because of the nature of evil as an energetic thrust and intention; almost everything coming from such a source can be deemed sacrilege.

For instance, I knew of a man who bore the wound

and energetic thrust of evil within his very soul; he had chosen his own damnation.

My spirit had been taken to his home one day, and I was given to look into his kitchen cabinet wherein there were several glasses from which to drink. Behind these glasses were two piece of his mother's wedding china.

The energy of 'sacrilege' covered all of these items. This was a man who had chosen to use deception, lies and ill-intent to lure women into his sexual traps; wherein he would use them for his vile purposes and then discard them.

The glasses had the energy of 'sacrilege' upon them because I could energetically discern and feel that he had used this glass to serve water and drinks to many if not all of his victims. It was given to me to know that every single one of the women that he had ever been in a 'relationship' with, had been an act of sacrilege. There were no exceptions, and it was because of this intent that he had committed such a heinous act.

Promises made in order to fulfill his own sexual lusts had scarred and damaged many women . . .

His mother's wedding china was also a victim of this man's sacrilege because his mother had not lived in this manner, nor had she taught him these ways in example, word or deed. He had committed sacrilege



against his own parents, their marriage . . . but in particular his mother, by targeting women to hurt and defame them in the ways he had chosen.

He was guilty of sacrilege; his soul was actually completely dead; deceased due to a suicide of the spirit. Presented as having hung himself by a rope, his spirit also exhibited a strange wrapping of cellophane which was carefully and deeply wrapped around his entire body and up around his face so that he could not breathe. Literally, he had smothered the 'spirit' of God and refused to breathe it in.

This was a soul who had been given eternal options and had repeatedly committed sacrilege against them, and thus, he was damned.

But again, the very nature of his energy had the capacity to unravel and dismantle the lives of his friends and any women who might be so unlucky as to come into his life or his presence because his energy was evil.

In essence, he was an evil spirit still living, yet dead in his own body of sin. And his energy carried within it the power to unravel the energetic thrust of those who were in his perimeter . . . but interestingly, his evil did not affect his own minimal energetic thrust.

It did not do so because the nature of evil is to live off of the energies of others, and thus, he was always out looking for more women as prey to suck the life out

of . . . because of himself, he had the ability to generate absolutely nothing.

But he was so acquainted with these phenomena, it never occurred to him that he was the cause of the troubles that befell every single soul who came upon his pathway and he possibly would not see this until the time of his death, and thus, time before the time of the just judgment would come to pass.

*From St. Bonaventure*

“Then things hidden in the darkness  
 Will be illumined;  
 Then the counsels of hearts  
 Will be revealed;  
 Then the books of consciences will be opened  
 And that book itself will be opened  
 Which is called the book of life.  
 Then, altogether and in an instant,  
 All the secrets of all  
 Will be revealed to all  
 With such clear certainty  
 That against the testimony of truth speaking in Christ  
 And of each conscience giving similar testimony,  
 Not a single path will be open  
 For denial, or defense or excuse or subterfuge,  
 But each will receive according to his deeds.”

*Bonaventure, The Tree of Life, Paulist Press, 1978*

**Good and Evil** - Absence is a central function of evil, whereas, presence is a central function of good.

This may come to some as a surprise, but Presence is a central portion of goodness. And this is why the everpresent love of God is referred to as 'Presence.'

Absence is darkness, absence is void and absence is the central feature of evil. If you were to gaze upon the works of evil and examine them, you would see that evil is often perpetrated very quickly and just as quickly the thrust through whom which that evil was done disappears.

Evil thrusts quickly, sharply and with vacant disregard to its victims. And then it disappears . . . and the victim remains alone with the energetic thrust which was perpetrated against him.

Presence and absence . . . goodness remains, bad deeds retain. They are held to the victimized soul as so much discarded energy from the embalmer of the wicked. Evil souls and spirits seek to discard the energies as they achieve to a point of mass retain by victimizing other persons or souls. Whence they do, such energies are amassed and dismissed upon the victim to process, as if that energy actually belonged to them in the first place. But this in and of itself is a crime, an energetic crime.

Disposing of one's waste onto an innocent soul is a violation of eternal law which states that the moment

you violate the life of another soul you rescind the right to your own.

Therefore, such violations and dismissals of energies onto souls of the innocent, should absolutely not be retained by them. Energies of the perpetrator, must be sent back upon the perpetrator. Within this lies the re-empowering of those who have received the thrust of criminal actions upon their souls.

Although grief remains to be processed for those whom perpetration has occurred, the actual energy of the crime belongs to the doer of the act, not the recipient. It is their karma, and the consequences of their karma are upon their souls, not the souls of their victims.

Place the energy back, grieve . . . and pray that any actions taken against your soul will only result in good coming towards your soul and that any karmic result of the action come down upon the head of the perpetrator.

And cast it out . . . for it is not yours to process, it is an act of cowardice that evil souls and spirits make to suspend some of the oft-repeated and dense energies of their constant flux of buffoonery upon others. And this is a violation of eternal law. It belongs to them, make them carry it . . .

**Exorcism** - The process by which a person who is actually embodied by evil spirits is liberated from that

bondage.

Only a Catholic Priest, and most preferably an Exorcist, can truly perform this function; although many mystics do participate in these types of processes within the out-of-body travel state.

**Deliverance** - Deliverance is utilized when souls are affected by evil spirits, lost souls or wandering spirits which have not embodied them; but may have entered within their spiritual and auric sphere.

Prayer is required to free such souls from the incessant thinking, obsessive thoughts and inherent compulsions which such entrance can bring to the soul.

**Thought Forms** - In the mystical or out-of-body travel states, thoughts immediately become things. Thought forms are the projection of anything within our thought process which appears before us in the ethereal reality instantly as a creation or formation of the thinking process.

The formation of thought forms shows us somewhat the nature of the creation of reality in that our thoughts do embody themselves in form.

But it is highly relevant to understand that the creation of reality comes through a process involving not only thought creation; but involves mechanisms of free will, positive and negative thrusts, the

thoughts and creations of others around us and the intricate workings of the will of God and our own unique and individual destiny.

*From Rudolph Steiner*

“For such a one the soul phenomena in the soul region around him and the spiritual phenomena in the spiritual region become super-sensibly visible. For him, feelings ray out from the feeling being as light phenomena; thoughts surge through the spiritual space. For him, the thought of one man about another is not something imperceptible but a perceptible occurrence. The thought streams out as an actual reality from one human being and flows to the other. And the way in which this thought acts on the other person becomes similarly a perceptible occurrence in the spiritual world. Thus the physically perceptible human being is only part of the whole man for him whose spiritual senses are unfolded. This physical man becomes the center of soul and spiritual outpourings. It is impossible to do more than faintly indicate the richly varied world which discloses itself here to the seer.”

*Theosophy, Rudolph Steiner, 1910*

**Diminishment** - Any energetic process, either conscious or unconscious, which diminishes the

capacity of the soul to create, form and fulfill that from which it has come to incarnation to conceive.

Anything retained within the confines of any soul with the general nature of darkness or karmic thrust will diminish your soul.

Our souls can be diminished by our own temptations, the actions of others, energetic manipulation (i.e. witchcraft or other magical practices), decisions and free will choices of others (some of which are against the eternal program or destiny of themselves, and thus, our own, as well).

We can also easily be diminished by a lack of balance in the activities within our own lives which lead to life-giving fruits; and the simple distraction of technology, bad habits or wasted time.

Remember that we ultimately choose to allow for contraction or expansion; diminishment, repose or propulsion.

Souls are atomic constructs; we make choices everyday to feed it. Be careful what you feed a soul.

If you wish to propel your soul towards God, feed it spiritual reading, prayer, contemplation and meditation.

Feed your soul that which will propel it towards God, the ultimate reality . . . and not fling it backwards

towards waste, delusion, distraction, diminution and darkness.

A path headed by the virtues is required to attain to this. All that is headed by vice will require dismantling and further habitual disdain in order to reckon the soul to its mighty bearer, the One True and Almighty God.

*From Plotinus*

“Hence its eternity, its identity, its utter irreceptivity and impermeability. If it took in anything, it must be taking in something outside itself, that is to say, Existence would at last include non-existence. But it must be Authentic Existence all through; it must, therefore, present itself equipped from its own stores with all that makes up Existence so that all stands together and all is one thing. The Existent [Real Being] must have thus much of determination: if it had not, then it could not be the source of the Intellectual Principle and of Life which would be importations into it originating in the sphere of non-Being; and Real Being would be lifeless and mindless; but mindlessness and lifelessness are the characteristics of non-being and must belong to the lower order, to the outer borders of the existent; for Intellect and Life rise from the Beyond-Existence [the Indefinable Supreme]- though Itself has no need of them- and are conveyed from It into the Authentic Existent.



. . . Things whose nature represents a diminishment have no power of recuperation after even a slight disturbance and they perish; thus what has most definitely become body, having most closely approximated to non-being lacks the strength to reknit its unity: the heavy and violent crash of body against body works destruction, and weak is powerful against weak, non-being against its like.

*The Enneads, Plotinus, Translated by Stephen  
Mackenna and B.S. Page, 1917 - 1930*

But in order to proceed further, you must first understand 'The Mechanics of Eternal Law.'

**CHAPTER FOUR**  
**The Mechanics of Eternal Law**



**Eternal Law - Eternal Law is the Universal Law**

under which energy is governed . . . Eternal Law deals with rational consequences to actions and non-actions of souls interacting within or outside of the program.

Eternal Law states clearly and explicitly 'The moment you violate another's life, you immediately rescind the right to your own.'

Beyond this directive are laws of how different forms of energy may or may not interact with one another without incurring consequences.

For instance, it is a much greater violation of Eternal Law to participate in casual sex with someone who holds to true principles of marital love, than to do the same with another person who does not.

To kill for the sake of defense of oneself or others has an entirely different consequence than to kill for avarice, revenge or hatred.

Eternal Law is very consistent with the Moral Law that has been taught by all the world religions throughout the ages. And Eternal Law is not subject to reasoning or arguments; but to the contrary, final, just and swift retributive consequence from the hands of God, or through the universal stream of energy.

*From Immanuel Kant*

“A metaphysic of morals is therefore indispensably necessary, not merely for speculative reasons, in order to investigate the sources of the practical principles which are to be found a priori in our reason, but also because morals themselves are liable to all sorts of corruption, as long as we are without that clue and supreme canon by which to estimate them correctly. For in order that an action should be morally good, it is not enough that it conform to the moral law, but it must also be done for the sake of the law, otherwise that conformity is only very contingent and uncertain; since a principle which is not moral, although it may now and then produce actions conformable to the law, will also often produce actions which contradict it.”

*Fundamental Principles of the Metaphysics of  
Morals, Immanuel Kant, 1785*

Another example of Eternal Law is the swift expectation that those with advanced mystical knowledge do not share such knowledge with those who don't wish to hear of it. Because of the irreparable harm that such premature knowledge can do to individual souls, it is a violation of Eternal Law to do so.

Again, to share information with an individual regarding a message from someone who is deceased – unless they absolutely agree to hear such information

- is a violation of eternal law because it can affect the outcome of their spiritual development.

For those called to Energetic Alteration, Eternal Law is very clearly laid out in the soul.

*From Tao, the Great Luminant*

“Medieval thought regarded the universe as an articulated whole, and everything in it as both a part and a whole. The world is cosmos, a divinely instituted harmony. And, in accordance with the Neoplatonic philosophy, the higher principle is not divided up when it 'comes down' in its creative power to give life and order to the lower ranks of being. It is present everywhere in its entirety, though enfeebled to a greater or less degree in its operation, from its admixture with lower existences. Therefore, every institution and even every individual is a microcosm or minor mundus (hsiao tien). God, the Absolute One, is above the plurality of the world, the source and also the goal of every living being. Hence the *lex eterna*, the eternal law of God, permeates all the apparent multiplicity of the world. 'All multitude', it was said, 'is derived from the One, and is brought back to the One'”

*Tao, the Great Luminant: Essays from the Huai Nan Tzu, Translated by Evan S. Morgan, Shanghai, 1933*

**Violation of Eternal Law** – Lighted people often operate through naiveté because they don't understand the mechanism of true evil. Believing that everyone has right to their own view, they do not discern between dark and light thinking. Eternal law states an entirely different supposition, 'The moment you violate another's life, you immediately rescind the right to your own.' Because many souls violate life without intention or through ignorance, God sends angels and guides to protect us from what we may truly deserve. But true evil violates life with evil intent because it carries within it absolutely no compassion or empathy, it has not yet cultivated these traits and it sees only its own survival and need. Evil is predatory and cannot be tolerated, it must be *stopped*. And thus it is so . . .

But even so, there are circumstances wherein violations of Eternal Law will be remanded due to ignorance or other lack of knowledge . . . but ignorance is not an automatic merciful gesture. It is the eternal truth which determines the validity of any and all interaction, the eternal truth which lies within the energetic understanding of God. This eternal truth exposes our intentions; good or bad, and our knowledge; vast or discreet.

*From the Summa Theologica*

“For sin, being a sickness of the soul . . . is said to be mortal by comparison with a disease, which is said to

be mortal, through causing an irreparable defect consisting in the corruption of a principle . . . Now the principle of the spiritual life, which is a life in accord with virtue, is the order to the last end . . . and if this order be corrupted, it cannot be repaired by any intrinsic principle, but by the power of God alone . . . because disorders in things referred to the end, are repaired through the end, even as an error about conclusions can be repaired through the truth of the principles. Hence the defect of order to the last end cannot be repaired through something else as a higher principle, as neither can an error about principles. Wherefore such sins are called mortal, as being irreparable. On the other hand, sins which imply a disorder in things referred to the end, the order to the end itself being preserved, are reparable. These sins are called venial: because a sin receives its acquittal [when the debt of punishment is taken away, and this ceases when the sin ceases . . . Accordingly, mortal and venial are mutually opposed as reparable and irreparable: and I say this with reference to the intrinsic principle, but not to the Divine power, which can repair all diseases, whether of the body or of the soul.”

*Summa Theologica, St. Thomas Aquinas, 1947*

**Alignment with Eternal Law** - Mystics are expected and required to align complete to Eternal Law, and this is gradually effected into substantive being through years of mystical training wherein the

understanding of the Law and all of its precepts are embedded within the soul to such an energetic extent that to act outside of its confines would be a serious infraction of moral status.

Such a fall is much more serious for those mystics called to such things than it is for the ignorant or profane who may be unaware of the seriousness of their disregard.

*From the Secret Teachings of All Ages*

“Hebrew theology was divided into three distinct parts. The first was the *law*, the second was *the soul of the law*, and the third was *the soul of the soul of the law*. The law was taught to all the children of Israel; the *Mishna*, or the soul of the law, was revealed to the Rabbins and teachers; but the *Qabbalah*, the soul of the soul of the law, was cunningly concealed, and only the highest initiates among the Jews were instructed in its secret principles . . .

According to certain Jewish mystics, Moses ascended Mount Sinai three times, remaining in the presence of God forty days each time. During the first forty days the tables of the written law were delivered to the prophet; during the second forty days he received the soul of the law; and during the last forty days God instructed him in the mysteries of the *Qabbalah*, the soul of the soul of the law. Moses concealed in the



first four books of the Pentateuch the secret instructions that God had given him, and for centuries students of Qabbalism have sought therein the secret doctrine of Israel. As the spiritual nature of man is concealed in his physical body, so the unwritten law--the *Mishna* and the *Qabbalah*--is concealed within the written teachings of the Mosaic code. *Qabbalah* means the *secret or hidden tradition, the unwritten law*, and according to an early Rabbi, it was delivered to man in order that through the aid of its abstruse principles he might learn to understand the mystery of both the universe about him and the universe within him . . .

Early initiates of the Qabbalistic Mysteries believed that its principles were first taught by God to a school of His angels before the fall of man. The angels later communicated the secrets to Adam, so that through the knowledge gained from an understanding of its principles fallen humanity might regain its lost estate. The Angel Raziel was dispatched from heaven to instruct Adam in the mysteries of the Qabbalah. Different angels were employed to initiate the succeeding patriarchs in this difficult science. Tophiel was the teacher of Shem, Raphael of Isaac, Metatron of Moses, and Michael of David . . . Moses, who was learned in all the wisdom of Egypt, was first initiated into it in the land of his birth, but became most proficient in it during his wanderings in the wilderness, when he not only devoted to it the leisure hours of the whole forty years, but received lessons in it from one of the angels. Moses also initiated the

seventy Elders into the secrets of this doctrine and they again transmitted them from hand to hand. Of all who formed the unbroken line of tradition, David and Solomon were most initiated into the Kabbalah."

*The Secret Teachings of All Ages, Manly P. Hall, 1928*

But even so, God provides a means and a pathway for everyone to recover from their falls if they continue to seek the redemptive power and amnesty from the merciful and loving God.

It is desirable that all humanity were to align with Eternal Law, if it could be so. And to do so would require little more than the effort and investment into the time required to study the tenets of all major and minor world religions; which contain within them the subsidy of the Law, and the beginning of all truth.

But the Law can be summed up in but a simple exhortation. Move thyself from selfishness to selflessness, and your echo will be wide and vast in the universe yet before thee.

*From Initiation, Human and Solar*

"Let the disciple search within the heart's deep cave. If there the fire burns bright, warming his brother yet heating not himself, the hour has come for making

application to stand before the door. When love for all beings, irrespective of who they may be, is beginning to be a realised fact in the heart of a disciple, and yet nevertheless love for himself exists not, then comes the indication that he is nearing the Portal of Initiation."

*Initiation, Human and Solar, Alice Bailey, 1922*

**Energetic Outcome** - Energetic outcome refers to that which has or will have been accomplished in energy in a particular soul due to either an alteration or an acceleration within their spirit; or on the opposite end of the spectrum, due to backwards flow which was instigated due to free will choice in matters which affected the eternal status of the soul.

The Energetic Outcome reflects the Energetic Truth, that which is true beyond all finite boundaries, and visible in energy to God alone.

That outcome can be life-serving, or life-defeating . . . it can be forward moving or serving the backwards flow . . . it can represent life or death to the spirit . . . and good or evil to the substance of the spirit.

**Outcome on the Ground** - The outcome on the ground will be what is expected to occur after an alteration, acceleration or deceleration on the ground.

What actually occurs on the ground is not always

representative of what is happening in energy.

For instance, in one case I was given to assist a soul who was trying to leave a very dangerous gang on the ground. Although the outcome in energy was positive, forward moving and progress to this particular soul; this person was going to die on the ground.

The outcome on the ground would be his death, because that which he had tried to escape was so serious, that they would kill him when he left the gang.

But the energetic outcome would be forward motion, movement towards God . . . and so the sacrifice was considered well chosen.

**Offense against God** - This can be reckoned with the sin against the Holy Spirit, which has a great more to do with the manner in which human beings or souls manage to block the working of the Holy Spirit within themselves or another.

This is an Offense against God . . . because the Holy Spirit is the maker and mover of all things visible and invisible, all things seen and unseen . . . to damage the holy route by which all souls esteem and get to know God, to harness the living route from earth to heaven in a flurry of fear and approbation against the gifts of the Holy Spirit is to tear down the road to Redemption for ourselves or others.

If you wish to not sin against the Holy Spirit, do not judge the path of every unique soul and the manner in which the Wisdom of God descends to create paths for all manner of humanity to avail themselves of His mercies.

*From the World's Sixteen Crucified Saviours*

"It may effect something in the way of mitigating the anxious fears of some of our Christian brothers and sisters to explain the nature of "the sin against the Holy Ghost," and assign the reason for its being unpardonable. The sin against the Holy Ghost consisted . . . in resisting its operations in the second birth—that is, the regeneration of the heart or soul by the Holy Ghost. And as the rectification of the heart or soul was a prominent idea with Christ, there is scarcely any ground to doubt but that this was the notion he cherished of the nature of the sin against the Holy Ghost. And it was considered unpardonable, simply because as the pardoning and cleansing process consisted in, or was at least always accompanied with baptism by water, in which operation the Holy Ghost was the agent in effecting a "new birth," therefore, when the ministrations or operations of this indispensable agent were resisted or rejected, there was no channel, no means, no possible mode left for the sinner to find a renewed acceptance with God. When a person sinned against

the Father or the Word (the Son), he could find a door of forgiveness through the baptizing processes, spiritual or elementary, of the Holy Ghost, But an offense committed against this third limb of the Godhead had the effect to close and bar the door so that there could be "no forgiveness, either in this life or that which is to come." To sin against the Holy Ghost was to tear down the scaffold by which the door of heaven was to be reached."

*The World's Sixteen Crucified Saviours, Kersey  
Graves, 1875*

**Council of Twelve** - As to the judgments of men beyond this world, there is a council of twelve elders, prophets and holy men and women of old who bear witness to the sins of the transgressor and pronounce judgment.

You are not taken before the Council of Twelve unless you are in danger of the Second Death.

**Sentence of the Second Death** - The Lord Jesus, after allowing me to witness the sentence of the second death for a former Satanic Worshipper, said, 'It's not for you to understand, it's just for you to know.'

What does this mean to us? The Sentence of the Second Death could be a simple sentence into the hellish realms. It could also mean the extinction of the spirit of the one condemned, to be dismantled and

departed into the realms of the particulate energy to combine and form again into hopefully yet a greater creation.

But yet, it remains that it is not for us to understand, just for us to know.

### *From the Great Controversy*

#### **“The Second Death**

Satan rushes into the midst, and tries to stir up the multitude to action. But fire from God out of heaven is rained upon them, and the great men, and the mighty men, and the noble, and poor and miserable men, are all consumed together. I saw that some were quickly destroyed, while others suffered longer. They were punished according to the deeds done in the body. Some were many days consuming, and just as long as there was a portion of them unconsumed, all the sense of suffering was there. Said the angel, The worm of life shall not die; their fire shall not be quenched as long as there is the least particle for it to prey upon.

But Satan and his angels suffered long. Satan not only bore the weight and punishment of his sins, but the sins of all the redeemed host had been placed upon him; and he must also suffer for the ruin of the souls which he had caused. Then I saw that Satan, and all the wicked host, were consumed, and the

justice of God was satisfied; and all the angelic host, and all the redeemed saints, with a loud voice said, Amen!

Said the angel, Satan is the root, his children are the branches. They are now consumed root and branch. They have died an everlasting death. They will never have a resurrection, and God will have a clean universe. I then looked, and saw the fire which had consumed the wicked, burning up the rubbish and purifying the earth. Again I looked and saw the earth purified. There was not a single sign of the curse. The broken up, and uneven surface of the earth now looked like a level, extensive plain. God's entire universe was clean, and the great controversy was forever ended. Everywhere we looked, everything the eye rested upon, was beautiful and holy. And all the redeemed host, old and young, great and small, cast their glittering crowns at the feet of their Redeemer, and prostrated themselves in adoration before him, and worshiped him that liveth forever and ever. The beautiful New Earth, with all its glory, was the eternal inheritance of the saints. The kingdom, and dominion, and greatness of the kingdom under the whole heaven, was then given to the saints of the Most High who were to possess it forever, even forever and ever.

*The Great Controversy, Ellen G. White, 1858*

**Heaven, Hell and Purgatory** - All of the Abodes of Heaven consist of an infinite number of spheres



containing within them vast numbers of soul variations and differentials on vibratory function.

The Realm of the Evil is in hell, the realm of the purifying yet justified are in purgatory and the realm of the righteous is in heaven.

But the infinitudes of each of these three locations is unfathomable.

*From the Dolorous Passion of Our Lord*

“The form under which the Heavenly Jerusalem is generally represented in my visions is that of a beautiful and well-regulated city, and the different degrees of glory to which the elect are raised are demonstrated by the magnificence of their palaces., or the wonderful fruit and flowers with which the gardens are embellished. Hell is shown to me under the same form, but all within it is, on the contrary, close, confused, and crowded; every object tends to fill the mind with sensations of pain and grief; the marks of the wrath and vengeance of God are visible everywhere; despair, like a vulture, gnaws every heart, and discord and misery reign around. In the Heavenly Jerusalem all is peace and eternal harmony, the beginning, fulfilment, and end of everything being pure and perfect happiness; the city is filled with splendid buildings, decorated in such a manner as to charm every eye and enrapture every sense; the inhabitants of this delightful abode are overflowing

with rapture and exultation, the gardens gay with lovely flowers, and the trees covered with delicious fruits which give eternal life. In the city of Hell nothing is to be seen but dismal dungeons, dark caverns, frightful deserts, fetid swamps filled with every imaginable species of poisonous and disgusting reptile. In Heaven you behold the happiness and peaceful union of the saints; in Hell, perpetual scenes of wretched discord, and every species of sin and corruption, either under the most horrible forms imaginable, or represented by different kinds of dreadful torments. All in this dreary abode tends to fill the mind with horror; not a word of comfort is heard or a consoling idea admitted; the one tremendous thought, that the justice of an all-powerful God inflicts or, the damned nothing but what they have fully deserved is the absorbing tremendous conviction which weighs down each heart. Vice appears in its own grim disgusting colours, being stripped of the mask under which it is hidden in this world, and the infernal viper is seen devouring those who have cherished or fostered it here below. In a word, Hell is the temple of anguish and despair, while the kingdom of God is the temple of peace and happiness. This is easy to understand when seen; but it is almost impossible to describe clearly.

The tremendous explosion of oaths, curses, cries of despair, and frightful exclamations which, like a clap of thunder, burst forth when the gates of Hell were thrown open by the angels, would be difficult even to

imagine; our Lord spoke first to the soul of Judas, and the angels then compelled all the demons to acknowledge and adore Jesus. They would have infinitely preferred the most frightful torments to such a humiliation; but all were obliged to submit. Many were chained down in a circle which was placed round other circles. In the centre of Hell I saw a dark and horrible-looking abyss, and into this Lucifer was cast, after being first strongly secured with chains; thick clouds of sulphureous black smoke arose from its fearful depths, and enveloped his frightful form in the dismal folds, thus effectually concealing him from every beholder . . . .

Our Lord, however, displayed before me, at the same time, another picture, in which I beheld the immense mercies which he bestows in the present day on the poor souls in Purgatory; for on every anniversary of this great day, when his Church is celebrating the glorious mystery of his death, he casts a look of compassion on the souls in Purgatory, and frees some of those who sinned against him before his crucifixion. I this day saw Jesus deliver many souls; some I was acquainted with, and others were strangers to me, but I cannot name any of them.

Our Lord, by descending into Hell, planted (if I may thus express myself), in the spiritual garden of the Church, a mysterious tree, the fruits of which--namely, his merits--are destined for the constant relief of the poor souls in Purgatory. The Church militant must cultivate the tree, and gather its fruits, in order

to present them to that suffering portion of the Church which can do nothing for itself. Thus it is with all the merits of Christ; we must labour with him if we wish to obtain our share of them; we must gain our bread by the sweat of our brow. Everything which our Lord has done for us in time must produce fruit for eternity; but we must gather these fruits in time, without which we cannot possess them in eternity. The Church is the most prudent and thoughtful of mothers; the ecclesiastical year is an immense and magnificent garden, in which all those fruits for eternity are gathered together, that we may make use of them in time. Each year contains sufficient to supply the wants of all; but woe be to that careless or dishonest gardener who allows any of the fruit committed to his care to perish; if he fails to turn to a proper account those graces which would restore health to the sick, strength to the weak, or furnish food to the hungry! When the Day of Judgment arrives, the Master of the garden will demand a strict account, not only of every tree, but also of all the fruit produced in the garden."

*The Dolorous Passion of Our Lord, Ven. Anne  
Catherine Emmerich, 1862*

**Eternal Love** - Eternal love is that which we bear to God and our fellow man from the goodness within our hearts.

**Karmic Love** - Karmic love is that which we bear to

God and our fellow man from the delusions within our hearts.

**Eternal Understanding** - Eternal understanding is a perception of things as they pertain to Universal Goodness and ability to comprehend that which is of God to that which is of man. Correct views, true devotion to God, selfless motivations . . . lead to eternal understanding.

*From the Buddha*

“The Blessed One replied: In the life of an earnest disciple there are two aspects that are to be distinguished: namely, the state of attachment to the self-natures arising from discrimination of himself and his field of consciousness to which he is related; and second, the excellent and exalted state of self-realisation of Noble Wisdom. The state of attachment to the discriminations of the self-natures of things, ideas and selfhood is accompanied by emotions of pleasure or aversion according to experience or as laid down in books of logic. Conforming himself to the egolessness of things and holding back wrong views as to his own egoness, he should abandon these thoughts and hold himself firmly to the continuously ascending journey of the stages.

The exalted state of self-realisation as it relates to an earnest disciple is a state of mental concentration in which he seeks to identify himself with Noble

Wisdom. In that effort he must seek to annihilate all vagrant thoughts and notions belonging to the externality of things, and all ideas of individuality and generality, of suffering and impermanence, and cultivate the noblest ideas of egolessness and emptiness and imagelessness; thus will he attain a realisation of truth that is free from passion and is ever serene."

*The Buddhist Bible, Dwight Goddard, 1932*

**Karmic Understanding** - Karmic understanding is a perception of things as they pertain to our own delusions or inability to comprehend that which is of God to that which is of man. Wrong views, false and worldly idols, selfish motivations . . . lead to karmic understanding.

**From Matthew Henry's Commentary on the Bible,  
The Book of Job**

"Our worst mistakes are occasioned by drawing wrong views from undeniable truths . . . Ever since man sinned, it has been terrible to him to receive communications from Heaven, conscious that he can expect no good tidings thence. Sinful man! shall he pretend to be more just, more pure, than God, who being his Maker, is his Lord and Owner? How dreadful, then, the pride and presumption of man!

How great the patience of God! Look upon man in his life. The very foundation of that cottage of clay in which man dwells, is in the dust, and it will sink with its own weight. We stand but upon the dust. Some have a higher heap of dust to stand upon than others but still it is the earth that stays us up, and will shortly swallow us up. Man is soon crushed; or if some lingering distemper, which consumes like a moth, be sent to destroy him, he cannot resist it. Shall such a creature pretend to blame the appointments of God? Look upon man in his death. Life is short, and in a little time men are cut off. Beauty, strength, learning, not only cannot secure them from death, but these things die with them; nor shall their pomp, their wealth, or power, continue after them. Shall a weak, sinful, dying creature, pretend to be more just than God, and more pure than his Maker? No: instead of quarrelling with his afflictions, let him wonder that he is out of hell. Can a man be cleansed without his Maker? Will God justify sinful mortals, and clear them from guilt? or will he do so without their having an interest in the righteousness and gracious help of their promised Redeemer, when angels, once ministering spirits before his throne, receive the just recompence of their sins? Notwithstanding the seeming impunity of men for a short time, though living without God in the world, their doom is as certain as that of the fallen angels, and is continually overtaking them. Yet careless sinners note it so little, that they expect not the change, nor are wise to consider their latter end."

*Matthew Henry's Commentary on the Whole Bible,  
1706*

**Ancient Sacred Texts** - The preserved writings of the prophets, saints, mystics, sages and ascetics who have compiled the wisdom of their unique revelations and liberations throughout the ages, throughout world and religious history . . . leaving behind a monument to wisdom that never dies, and showing that those things which are eternal, last forever and cease not their existence and relevance in the world of form and causation.

*From Ancient Jewish Proverbs*

“Truth Stands, falsehood does not stand.”

*Ancient Jewish Proverbs, Abraham Cohen, 1911*

**Seven Virtues** - The four cardinal virtues are prudence, justice, temperance and fortitude. The three theological virtues are faith, hope, and charity (or love).

*From the Writings of St. Francis of Assisi*



**"SALUTATION OF THE VIRTUES.**

Hail, queen wisdom! May the Lord save thee with thy sister holy pure simplicity! O Lady, holy poverty, may the Lord save thee with thy sister holy humility! O Lady, holy charity, may the Lord save thee with thy sister holy obedience! O all ye most holy virtues, may the Lord, from whom you proceed and come, save you! There is absolutely no man in the whole world who can possess one among you unless he first die. He who possesses one and does not offend the others, possesses all; and he who offends one, possesses none and offends all; and every one [of them] confounds vices and sins. Holy wisdom confounds Satan and all his wickednesses. Pure holy simplicity confounds all the wisdom of this world and the wisdom of the flesh. Holy poverty confounds cupidity and avarice and the cares of this world. Holy humility confounds pride and all the men of this world and all things that are in the world. Holy charity confounds all diabolical and fleshly temptations and all fleshly fears. Holy obedience confounds all bodily and fleshly desires and keeps the body mortified to the obedience of the spirit and to the obedience of one's brother and makes a man subject to all the men of this world and not to men alone, but also to all beasts and wild animals, so that they may do with him whatsoever they will, in so far as it may be granted to them from above by the Lord."

*The Writings of St. Francis of Assisi, Translated by  
Paschal Robinson, 1905*

*From St. Bonaventure*

“We, therefore, pray  
 To the most kind Father  
 through you, his only-begotten Son,

Who for us became man, was crucified and glorified,  
 that he send us  
 out of his treasures  
 the Spirit of sevenfold grace  
 who rested upon you in all fullness:  
 the Spirit, I say, of WISDOM,  
 that we may taste the life-giving flavors  
 of the fruit of the tree of life,  
 which you truly are;  
 the gift also of UNDERSTANDING,  
 by which the intentions of our mind are illumined;  
 the gift of COUNSEL,  
 by which we may follow in your footsteps  
 on the right paths;  
 the gift of FORTITUDE,  
 by which we may be able to weaken the violence of  
 our enemies’ attacks;  
 the gift of KNOWLEDGE,  
 by which we may be filled with the brilliant light  
 of your sacred teaching  
 to distinguish good and evil;  
 the gift of PIETY,  
 by which we may acquire a merciful heart;  
 the gift of FEAR,  
 By which we may draw away from all evil  
 and be set at peace  
 by submitting in awe to your eternal majesty.

For you have wished  
that we ask for these things  
in that sacred prayer which you have taught us;  
and now we ask to obtain them,  
through your cross,  
for the praise of your most holy name.  
To you,  
with the Father and the Holy Spirit,  
be honor and glory,  
thanksgiving, beauty and power,  
forever and ever,  
Amen."

*Bonaventure, The Tree of Life, Paulist Press, 1978*

**Staying in the Center** - Staying in the center could be compared to the Buddhist Middle Way. As extremes emerge energetically, spiritually and physically into our waking or conscious lives; it is best to try to encapsulate the best of both extremes and remain in the center of the energetic thrusts as they are coming into fruition.

By staying in the center, energetically, you can throw off bad energies coming from other sources and prevent yourself also from falling prey to the over-exaltation of an energetic thrust.

It is always best to remain in the center as regards your energy, and to culminate the best of the exterior parameters of your vision to penetrate true

knowledge.

**Fruitfulness in the Spirit** - Always judge spiritual matters by the fruit it provides. Remember the fruits . . . look to the fruits to discern that which good and that which is evil.

You will be able to see what kind of fruit is borne out of any human or spiritual interaction . . . and it is undoubtedly purified . . . or tarnished according to that which is good or that which is evil.

Do not be deceived by the tongue or outward appearances, but look only for the fruits.

*From St. Augustine*

““A good tree cannot bring forth evil fruit, neither can a corrupt tree bring forth good fruit,” and therefore think that neither can it happen that an evil soul should be changed into something better, nor a good one into something worse; as if it were said, A good tree cannot become evil, nor an evil tree good . . . For the tree is certainly the soul itself, *i.e.* the man himself, but the fruits are the works of the man; an evil man, therefore, cannot perform good works, nor a good man evil works.”

*St. Augustine, Sermon on the Mount, Volume 6 of the Writings of the Early Church Fathers, Nicene and Post-Nicene Fathers*

**Angelic Hierarchy** - One of the primary misunderstandings people seem to have about the Angelic Hierarchy is that although every one of us does have a guardian angel appointed at birth; there is a series of witnesses to the entire spiritual which every soul will take in the journey of a lifetime.

This comes as a result of the fact that if a soul is approaching towards the interior light and moving forward in a progressive fashion, the natural outgrowth of this process will include the movement from one body of knowledge to another and yet another.

With each of these movements from concepts of that which is eternal, will come new angelic hosts, guardians, guides and teachers from the angelic hierarchy to teach of these specialized energetic attainments and concepts.

Throughout the life of the mystic or the sincere spiritual seeker, you can expect hundreds of spheres of knowledge - all specialized and taught by a specific angelic host - which will come and go into the life of the seeker as needed to impart knowledge and wisdom of God.

### *From Angelic Spirituality*

“The theme of angels as theophanies of God assisting in the spiritual formation of the soul is closely related

to the theme of angels as light. But whereas the theme of the angels as light focuses on the goal of the spiritual journey, that is, the uncreated light of the Father of Lights and Jesus as the Light of the Father, the theme of angelic theophanies focuses on the many possible maps of the journey itself. That is, as with the theme of the angels as spiritual paths, each angel is a revelation or theophany of a particular 'voice' of God. By listening to and discerning the true voice of God, one begins to follow one's own God-given path to holiness.

*Angelic Spirituality, Medieval Perspectives on the Ways of Angels, Translated and Introduced by Steven Chase, Paulist Press, 2002*

**Destinies and Fates** – Destinies and fates are often determined much more by past deeds than most of us would like to encourage.

For although destinies of an eternal nature are often formulated from the will of God, our fates are determined by the deeds of or past and present actions.

Will a higher destiny have the capacity to emerge within the confines of the actions and karma we have heaped upon our energetic formation?

Some like to think that their significance will lie in great deeds accomplished during their lives, but

completely neglect the only matter of substance in the formation of their unique ability to do so – the matter of fulfilling our debts, purifying our souls and seeking a life of virtue and selfless giving and love to all life.

Without such, no great deeds can emerge of any eternal significance. However, if the soul is moving in a forward enhancement towards the will and destiny of God for all mankind and all life and embraces the goodness required of him to attain to energies of higher thrusts and magnitudes; such things come of themselves simply by the nature of the energetic attainments and escalations which are encouraged and come to fruition through the wise actions of the good.

Fates and destinies are inextricably bound. Fate is determined by intention and action. Destiny is determined by God. You can blindly follow your fate as it is already written while never reaching your full potential or destiny. But you can also very conscientiously determine your fate by altering and transforming what has already been written by that which is yet to be and reach your full potential and destiny just by the nature of the energetic thrust which will ensue.

So many souls sit around and do nothing . . . and waste a lot of time. Don't sit around and do nothing, make every moment of your conscious and unconscious existence meaningful in the eyes of God .

. . . and it will thus retain purpose for yourself and all of existence by the very nature of its movement.

### *From Action and Reaction*

“We owe our fate to no one but ourselves.

‘Nonetheless, if it is true that we find ourselves today among the ruins of our own deplorable deeds, it is also true that we are not without hope.

‘Although the wisdom of our Heavenly Father does not forego justice when judging us, this same justice is not displayed without love.

‘If we are victims of ourselves, we are also beneficiaries of Divine Tolerance, which reveals the sanctuaries of life so that we may expiate and solve, restore and pay.

‘In days gone by, either we wasted time instilling sentiments and thoughts in others that we did not desire for ourselves, or we sewed a vast crop of hatred and persecution through cruelty and pride.

‘With such attitudes, however, to our harm we attracted the disharmony and suffering that accompanied our lives like inexorable ghosts.

‘The past speaks to us with the shouts of the demanding predator, piling before us the bitter fruits



of what we have sewn . . . hence, the maladjustments and diseases that assault our minds, damaging our means of manifestation.

‘We believed that the transition from the grave would be a miraculous cleansing that would free our spirit, but we awoke in the subtle body we have today with the ills we have nourished inside.

‘Consequently, our links to the past remain alive. The ties of misguided emotions and the chains of aversion still bind us to incarnate and discarnate fellow spirits, many of them presenting more serious and constraining imbalances than our own.

‘As we nourish goals of regeneration and improvement, today we are beings awakening between hell and earth, as attuned to each other as we are to our deeds.

‘We may find ourselves steeped in the dream of renewal and peace, aspiring to Immersion in the Higher Life; but who can acquire respectability without first paying off their debts to the law?

‘No one can move ahead without clearing the debts they contracted.

‘How can we walk the path of the angels with our feet shackled to the earth, where humans accuse us of wrongdoings, thereby immersing our memory in the darkness?!’”

*Action and Reaction, Francisco Candido Xavier,  
Brazilian Spiritist Federation, 2010*

**Forgiveness as Potential** - Forgiveness is an actual energetic thrust . . . when given or received sincerely, a great and powerful force for goodness and transformation. When given insincerely, a great and powerful force for self-condemnation of the giver.

As we seek to achieve to forgiveness, let it be authentic . . . for in its authenticity, will the power retain.

Allow forgiveness the time and cultivation it requires to achieve fruition, but when that time comes for the emergence of the seed of destiny, allow it to splendor in its flowering oasis of spiritual wonderment and eternal joy.

Forgiveness is a potential which is required of each and every one of us in order to receive it. And it is only in forgiving the hard wounds that our souls become perfected in their unity with the all-silent and Glorious God.

But do not push forgiveness, allow it to emerge of its own faithfulness . . . because in such a manner is the light of its potential born.

And never cease to seek out the forgiveness from whence your own sinful nature has been employed.

There is nothing of greater need to each of us as individual souls than the sincerely sought forgiveness given to us by those we have offended, and by the Mighty and Good God from whom we have turned our faces in admiration of lesser goods.

### **From the Mahabharata**

“Forgiveness is the might of the mighty; forgiveness is sacrifice; forgiveness is quiet of mind. How . . . can one like us abandon forgiveness, which is such, and in which are established *Brahma* (*Hindu Trinitarian God, in alignment with Vishnu and Shiva*), and truth, and wisdom and the worlds? The man of wisdom should ever forgive, for when he is capable of forgiving everything, he attaineth to *Brahma*. The world belongeth to those that are forgiving; the other world is also theirs. The forgiving acquire honours here, and a state of blessedness hereafter. Those men that ever conquer their wrath by forgiveness, obtain the higher regions. Therefore hath it been said that forgiveness is the highest virtue.”

*Mahabharata, Translated by Kisari Mohan Ganguli, 1883  
- 1896*

*From the Book of Psalms*

“Out of the depths have I cried unto thee, O LORD.

Lord, hear my voice: let thine ears be attentive to the voice of my supplications.

If thou, LORD, shouldest mark iniquities, O Lord, who shall stand?

But there is forgiveness with thee, that thou mayest be feared.

I wait for the LORD, my soul doth wait, and in his word do I hope.”

*Book of Psalms, King James Version, Chapter 130 1-5*

But in order to proceed further, you must first understand ‘The Mechanics of Energy.’

## CHAPTER FIVE

### The Mechanics of Energy



**Energetic Truth** - That which is true according to the Lord, the Eternal. The Energetic Truth is that which is really going on beyond the physical appearances, beyond all fantastical imaginings, beyond delusionary thinking . . . it is the absolute truth.

**Energetic Impetus** - That impetus to which energy is flowing despite all external appearances; i.e. towards life, towards death; forward motion, backwards flow; towards good, towards evil; towards light, towards darkness; towards creation, towards destruction, etc.

**The Eternal - Universal Good . . . God**

**Purification, Purgative/**

**Discrimination, Illuminative/**

**Discipline, Unitive** - From 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism,' By Marilyn Hughes

"The journey begins on the Ascension pathway (Purification) in realms five and above, the heavenly realms. It continues on the Alteration pathway (Discrimination) in realms three and four, the mortal realms (third & fourth-dimensional worlds, the Earth). Finally, it concludes on the Absolution pathway (Discipline) in realms one and two, the lower and hell realms.

Within most monastic/mystical traditions, you will find that there are three grand phases of soul development. In the Buddhist tradition they are referred to as Purification, Discrimination, and Discipline. In the writings of the Early Christian Church Fathers they are referred to as Purification, Enlightenment and Union. You will find these three phases, using Buddhist terminology, within these pages, as well.

Purification deals with reincarnation, personal karma, and misunderstandings about the true nature of eternal love. Karmic misunderstandings resonate towards darkness, even if they originate from ignorance, thus, purification seeks to alter personal thrusts which resonate toward delusion, self-

gratification and vice. In purifying these aspects of habitual sin, the Lord redirects the soul towards paths of virtue.

*The path of Purification leads to the Ascension of the soul.* (In the Ascension Pathway, you will encounter eight phases of the Purification process: Awakening, Co-creation, Surrender, Rites of Passage and Initiation into the Mysteries, Emergence of Karma, Mirroring of Karma, Ignition of the Eternal Flame, and Ascension.) The soul travels this path by beginning to explore the heavenly realms, realms five and above, the worlds of life and light, for the purpose of discovering the true nature of eternal love.

Discrimination deals with dark and light forces in the Universe, and becoming energetically capable of recognizing and altering them at God's command. Being able to identify the serpent from the lamb is the first goal, but then the seeker begins to take on the knowledge of energetic evolution in regards to mortal beings, and how to affect it in ways which lead souls, including their own, towards progress.

*The path of Discrimination leads to the Alteration of reality, in energy and on the ground.* (In Part II of this text, you will encounter three phases of the Discrimination process: Rites into the Medicine, Rites of Evolution, and Alteration of Reality.) The soul travels this path by beginning to explore the mortal realms, realms three and four (third & fourth-dimensional worlds, the Earth), for the purpose of

attaining spiritual discretion and the ability to alter negative thrusts.

Discipline deals with sacred practices and teachings from the prophets, saints, mystics and sages of every world religion throughout time. Intensive self-scrutiny and disciplined techniques lead the soul ever deeper into the knowledge of darkness and evil, heaven, purgatory and hell, and the continual combat that rages in every soul between these forces.

*The path of Discipline leads to the Absolution of the soul, an interior cleanliness which serves God (In Part III of this text, you will encounter five phases of the Discipline process: Ancient Sacred Paths, Entry into the Knowledge of the Lower Realms, Self-Scrutiny, Original Sin, and the Mysteries of the Redemption.) The soul travels this path by beginning to explore the lower purgatorial and hellish realms, realms one and two, the realms of dominant darkness and pure evil, for the purpose of intensive physical, spiritual and mental discipline, which is achieved through the deep examination of evil in the self and the world."*

**Opposite Poles of Motion** - Positive, Negative; Towards Life, Towards Death (Away From Life), Towards God, Away from God, Towards Good, Towards Evil, etc.

*From the Book of Enoch the Prophet*



“XLI.

1. After this I beheld the secrets of the heavens and of paradise, according to its divisions; and of human action, as they weigh it there in balances. I saw the habitations of the elect, and the habitations of the holy. And there my eyes beheld all the sinners, who denied the Lord of glory, and whom they were expelling from thence, and dragging away, as they stood *there*; no punishment proceeding against them from the Lord of spirits.

2. There, too, my eyes beheld the secrets of the lightning and the thunder; and the secrets of the winds, how they are distributed as they blow over the earth: the secrets of the winds, of the dew, and of the clouds. There I perceived the place from which they issued forth, and became saturated with the dust of the earth.

3. There I saw the wooden receptacles out of which the winds became separated, the receptacle of hail, the receptacle of snow, the receptacle of the clouds, and the cloud itself, *which* continued over the earth before *the creation* of the world.

4. I beheld also the receptacles of the moon, whence the moons came, whither they proceeded, their glorious return, and how one became more splendid than another. I *marked* their rich progress, their unchangeable progress, their disunited and undiminished progress; their observance of a mutual fidelity by a stable oath; their proceeding forth before

the sun, and their adherence to the path *allotted* them, in obedience to the command of the Lord of spirits. Potent is his name for ever and for ever.

5. After this *I perceived, that* the path both concealed and manifest of the moon, as well as the progress of its path, was there completed by day and by night; while each, one with another, looked towards the Lord of spirits, magnifying and praising without cessation, since praise to them is rest; for in the splendid sun there is a frequent conversion to blessing and to malediction.

6. The course of the moon's path to the righteous is light, but to sinners it is darkness; in the name of the Lord of spirits, who created *a division* between light and darkness, and, separating the spirits of men, strengthened the spirits of the righteous in the name of his own righteousness.

7. Nor does the angel prevent *this*, neither is he endowed with the power of preventing it; for the Judge beholds them all, and judges them all in his own presence.

## XLII.

1. Wisdom found not a place *on earth* where she could inhabit; her dwelling therefore is in heaven.

2. Wisdom went forth to dwell among the sons of men, but she obtained not an habitation. Wisdom returned to her place, and seated herself in the midst

of the angels. But iniquity went forth after her return, who unwillingly found *an habitation*, and resided among them, as rain in the desert, and as a dew in a thirsty land.

### XLIII.

1. I beheld another splendour, and the stars of heaven. I observed that he called them all by their respective names, and that they heard. In a righteous balance I saw that he weighed out with their light the amplitude of their places, and the day of their appearance and their conversion. Splendour produced splendour; and their conversion *was* into the number of the angels, and of the faithful.

2. Then I inquired of the angel, who proceeded with me, and explained to me secret things, What *their names* were. He answered, A similitude of those has the Lord of spirits shown thee. They are names of the righteous who dwell upon earth, and who believe in the name of the Lord of spirits for ever and for ever.

### XLIV.

Another thing also I saw respecting splendour; that it rises out of the stars, and becomes splendour; being incapable of forsaking them.

## XLV.

1. Parable the second, respecting these who deny the name of the habitation of the holy ones, and of the Lord of spirits.

2. Heaven they shall not ascend, nor shall they come on the earth. This shall be the portion of sinners, who deny the name of the Lord of spirits, and who are thus reserved for the day of punishment and of affliction.

3. In that day shall the Elect One sit upon a throne of glory; and shall choose their conditions and countless habitations (while their spirits within them shall be strengthened, when they behold my Elect One), *shall choose them* for those who have fled for protection to my holy and glorious name.

4. In that day I will cause my Elect One to dwell in the midst of them; will change *the face of* heaven; will bless it, and illuminate it for ever.

5. I will also change *the face of* the earth; will bless it; and cause those whom I have elected to dwell upon it. But those who have committed sin and iniquity shall not inhabit it, for I have marked their proceedings. My righteous ones will I satisfy with peace, placing them before me; but the condemnation of sinners shall draw near, that I may destroy them from the face of the earth.

## XLVI.

1. There I beheld the Ancient of days, whose head was like white wool, and with him another, whose countenance resembled that of man. His countenance was full of grace, like *that of* one of the holy angels. Then I inquired of one of the angels, who went with me, and who showed me every secret thing, concerning this Son of man; who he was; whence he was; and why he accompanied the Ancient of days.

2. He answered and said to me, This is the Son of man, to whom righteousness belongs; with whom righteousness has dwelt; and who will reveal all the treasures of that which is concealed: for the Lord of spirits has chosen him; and his portion has surpassed all before the Lord of spirits in everlasting uprightness.

3. This Son of man, whom thou beholdest, shall raise up kings and the mighty from their couches, and the powerful from their thrones; shall loosen the bridles of the powerful, and break in pieces the teeth of sinners.

4. He shall hurl kings from their thrones and their dominions; because they will not exalt and praise him, nor humble themselves *before him*, by whom their kingdoms were granted to them. The countenance likewise of the mighty shall He cast down, filling them with confusion. Darkness shall be their habitation, and worms shall be their bed; nor from *that* their bed shall they hope to be again raised,

because they exalted not the name of the Lord of spirits.

5. They shall condemn the stars of heaven, shall lift up their hands against the Most High, shall tread upon and inhabit the earth, exhibiting all their works of iniquity, even their works of iniquity. Their strength shall be in their riches, and their faith in the gods whom they have formed with their own hands. They shall deny the name of the Lord of spirits, and shall expel him from the temples, in which they assemble;

6. And *with him* the faithful, who suffer in the name of the Lord of spirits.

#### XLVII.

1. In that day the prayer of the holy and the righteous, and the blood of the righteous, shall ascend from the earth into the presence of the Lord of spirits.

2. In that day shall the holy ones assemble, who dwell above the heavens, and with united voice petition, supplicate, praise, laud, and bless the name of the Lord of spirits, on account of the blood of the righteous which has been shed; that the prayer of the righteous may not be intermitted before the Lord of spirits; that for them he would execute judgment; and that his patience may not endure for ever.

3. At that time I beheld the Ancient of days, while he sat upon the throne of his glory, *while* the book of the living was opened in his presence, and *while* all the

powers which were above the heavens stood around and before him.

4. Then were the hearts of the saints full of joy, because the consummation of righteousness was arrived, the supplication of the saints heard, and the blood of the righteous appreciated by the Lord of spirits.

#### XLVIII.

1. In that place I beheld a fountain of righteousness, which never failed, encircled by many springs of wisdom. Of these all the thirsty drank, and were filled with wisdom, having their habitation with the righteous, the elect, and the holy.

2. In that hour was this Son of man invoked before the Lord of spirits, and his name in the presence of the Ancient of days.

3. Before the sun and the signs were created, before the stars of heaven were formed, his name was invoked in the presence of the Lord of spirits. A support shall he be for the righteous and the holy to lean upon, without falling; and he shall be the light of nations.

4. He shall be the hope of those whose hearts are troubled. All, who dwell on earth, shall fall down and worship before him; shall bless and glorify him, and sing praises to the name of the Lord of spirits.

5. Therefore the Elect and the Concealed One existed in his presence, before the world was created, and for ever.

6. In his presence *he existed*, and has revealed to the saints and to the righteous the wisdom of the Lord of spirits; for he has preserved the lot of the righteous, because they have hated and rejected this world of iniquity, and have detested all its works and ways, in the name of the Lord of spirits.

7. For in his name shall they be preserved; and his will shall be their life. In those days shall the kings of the earth and the mighty men, who have gained the world by their achievements, become humble in countenance.

8. For in the day of their anxiety and trouble their souls shall not be saved; and they shall be in subjection to those whom I have chosen.

9. I will cast them like hay into the fire, and like lead into the water. Thus shall they burn in the presence of the righteous, and sink in the presence of the holy; nor shall a tenth part of them be found.

10. But in the day of their trouble, the world shall obtain tranquillity.

11. In his presence shall they fall, and not be raised up again; nor shall there be any one to take them out of his hands, and to lift them up: for they have denied the Lord of spirits, and his Messiah. The name of the



Lord of spirits shall be blessed.

XLVIII.

1. Wisdom is poured forth like water, and glory fails not before him for ever and ever; for potent is he in all the secrets of righteousness.

2. But iniquity passes away like a shadow, and possesses not a fixed station: for the Elect One stands before the Lord of spirits; and his glory is for ever and ever; and his power from generation to generation.

3. With him dwells the spirit of intellectual wisdom, the spirit of instruction and of power, and the spirit of those who sleep in righteousness; he shall judge secret things.

4. Nor shall any be able to utter a single word before him; for the Elect One is in the presence of the Lord of spirits, according to his own pleasure.

XLIX.

1. In those days the saints and the chosen shall undergo a change. The light of day shall rest upon them; and the splendour and glory of the saints shall be changed.

2. In the day of trouble evil shall be heaped up upon sinners; but the righteous shall triumph in the name of the Lord of spirits.

3. Others shall be made to see, that they must repent, and forsake the works of their hands; and that glory awaits them not in the presence of the Lord of spirits; yet that by his name they may be saved. The Lord of spirits will have compassion on them: for great is his mercy; and righteousness is in his judgment, and in the presence of his glory; nor in his judgment shall iniquity stand. He who repents not before him shall perish.

4. Henceforward I will not have mercy on them, saith the Lord of spirits.

L.

1. In those days shall the earth deliver up from her womb, and hell deliver up from hers, that which it has received; and destruction shall restore that which it owes.

2. He shall select the righteous and holy from among them; for the day of their salvation has approached.

3. And in those days shall the Elect One sit upon his throne, while every secret of intellectual wisdom shall proceed from his mouth; for the Lord of spirits has gifted and glorified him.

4. In those days the mountains shall skip like rams, and the hills shall leap like young sheep satiated with milk; and all *the righteous* shall become angels in heaven.

5. Their countenance shall be bright with joy; for in those days shall the Elect One be exalted. The earth shall rejoice; the righteous shall inhabit it, and the elect possess it.

*The Book of Enoch the Prophet, Translated by  
Richard Laurence, 1883*

But in order to proceed further, you must first understand 'The Mechanics of Karma.'

**CHAPTER SIX**  
**The Mechanics of Karma**



**Seven Vices, Deadly Sins - Gluttony, Lust, Greed, Pride, Sloth, Vanity and Avarice**

*From the Goal of Life*

“The existence in all times past of what are called mystic orders, is evidence in itself that instructions have been left on record concerning laws and methods of life by which man may obtain superordinary, not supernatural, powers. These records are not so full in the Bible as in the chronicles of a few of the most ancient orders still surviving. These chronicles contain, however, scarcely more than shadows of the truth—reflections from the time when "God saw that the wickedness of man was great in the earth, and that every imagination of the thoughts of his heart was only evil continually." (Gen. vi. 5.) Because of these evil imaginations whatever of divine truth man was able to obtain through the members of the Order of Melchisedek; was degraded for selfish purposes; and so, as the ages rolled on, perversion increased until, when the Christ came, the light of those truths had almost left the earth.”

*The Goal of Life, Hiram Butler, 1908*

**Dominant Darkness** - Someone who has embraced the ignorance of karma and has repeatedly refused to address the issues from whence their darkness originates.

*From Action and Reaction*

“Thus, I can assure you that the hellish regions per se are inhabited only by those minds that were aware of their mortal responsibilities, but deliberately ignored them with the foolish purpose of trying to deceive God. Strictly speaking, hell can thus be defined as a vast arena of imbalance, established by calculated evil, born of willful blindness and downright wickedness. There are some spirits who have lived there for centuries, who have become veritable beasts, crystallized in cruelty and selfishness. Such sad places are a vast, vibratory province connected with earthly humankind, because all infernal suffering is nothing but a creation of humankind itself. They function as strainers for spirits that slid into all sorts of derelictions, scorning the responsibilities the Lord gave them. Consequently, every soul that has been endowed with the knowledge of truth and justice is responsible for upholding the good. But if it is slipped into this or that crime while on earth, heedless of the ennobling duty that the world offered it, it will spend days, months or years in such places after the death of the physical body so that it can reconsider its attitude ...”

*Action and Reaction, Francisco Candido Xavier,  
Brazilian Spiritist Federation, 2010*

**Karmic Ignorance** - The state of ignorance can be defined as one in which a soul, caught up in his own karmic delusions, perceives something as true which indeed is not true - according to the eternal light of

wisdom - and acts according to the karmic misunderstanding in ignorance of the truth of the nature of his action or inaction. Such a state is Karmic Ignorance.

**Original Sin** - Original sin is transmitted through the seeds of the seven deadly sins, is implanted through habit, is cultivated by tolerance, and grows through the mass ignorance of humanity. Original sin can only be transformed through the seeds of the seven virtues, implanted through habitual choice, cultivated by discernment, and grown through the singular awareness of an individual soul. Beyond our individual karma and vice, lies the original sin of all mankind. We partake of it because of our own humanity, so we must transform it because of our own divinity.

**Karma** - Delusion born from vice and sin . . . the capitulation of the seven deadly sins as a means of a valid considered existence.

### *From Action and Reaction*

“Heaven is victory, but it does not impose itself.

‘The divine law is founded on inexorable justice and applies equally to everybody.

‘For that reason, our conscience reflects either the darkness or the light of our individual creations.

'Light clears our vision and unveils the road ahead; darkness blinds us and chains us to the prison of our wrongs.

'The spirit in harmony with the Higher Designs can see the next horizon and walks courageously and serenely ahead in order to cross it; however, those who misuse their free will and reason, breaking the currents of the divine blessings, shape darkness around themselves. They isolate themselves in dreadful nightmares and are thus incapable of going any farther.

'Therefore, in defining our own particular situation, we could say that we are souls caught between the light of divine aspirations and the fog of appalling debt. As the restarting of the learning experience, reincarnation is a concession from the Heavenly Goodness and we must take advantage of it for our indispensable redemption.

'Of course, we will continue to suffer the effects of our ties to our accomplices and partners in intemperance and immoderation for a long time, but by means of new opportunities for work in the physical arena, we can redo our destiny and liquidate heavy debts, and above all, sew new crops of love and dignity, understanding and spiritual growth.

'By submitting to the workings of laws prevailing in the physical realm, we will have the fortune to meet up with our old enemies under the veil of temporary



forgetfulness, thereby facilitating the precious opportunity to make amends . . .

‘We are spirits in debt. We must do everything possible for our renewal. Let us begin to articulate redemptive and spiritually constructive ideas from here on out so that we can rebuild our future.

‘Let us be willing to forgive those who have offended us, with the sincere purpose of asking forgiveness from our own victims.

‘Cultivating prayer and serving our neighbor, let us acknowledge the good spirit who helps us in the hard times challenging us to put forth a greater effort.

‘Gathering all the possibilities within our reach, let us spread the help of our prayers and the concourse of our fraternal hand in the provinces of darkness and pain that surround us. That is how we can prepare for our return to the battlefield in the physical realm, where the Lord will give us the blessing of a new body to help us to forget evil and sew the good.

‘For us, heirs of a reprehensible past, the realm of physical forms symbolizes the exit door from the hell we have created.

‘Overcoming our moral infirmities and extinguishing old pernicious habits by triumphing over ourselves, we will purify the qualities of our spirit so that, in uplifting ourselves, we may extend our friendly

hands to those who remain stuck in the mire of misfortune.

‘We, who have erred in the darkness; we, tormented travelers in suffering; we, who know the wasteland of ice and the torment of fire in our oppressed souls, could we find a greater happiness than to ascend a few steps in heaven in order to safely descend into hell to save those we love the most, lost today just as we ourselves were lost in the past, in the caves of misery and death.’

*Action and Reaction, Francisco Candido Xavier,  
Brazilian Spiritist Federation, 2010*

*From Swami Vivekananda*

“All this is determined by *Karma*, work. No one can get anything unless he earns it; this is an eternal law; we may sometimes think it is not so, but in the long run we become convinced of it.

Love, truth and unselfishness are not merely moral figures of speech, but they form our highest ideal, because in them lies such a manifestation of power.”

*Karma-Yoga, Swami Vivekananda, 1921*

**Sin** - Actions against the will of God.

*From Easton's Bible Dictionary*

“(1.) Is "any want of conformity unto or transgression of the law of God" (Jo1 3:4; Rom 4:15), in the inward state and habit of the soul, as well as in the outward conduct of the life, whether by omission or commission (Rom 6:12; 7:5-24). It is "not a mere violation of the law of our constitution, nor of the system of things, but an offense against a personal lawgiver and moral governor who vindicates his law with penalties. The soul that sins is always conscious that his sin is (1.) intrinsically vile and polluting, and (2.) that it justly deserves punishment, and calls down the righteous wrath of God. Hence sin carries with it two inalienable characters, (1.) ill-desert, guilt ( reatus ); and (2.) pollution ( macula ).", Hodge's Outlines . The moral character of a man's actions is determined by the moral state of his heart. The disposition to sin, or the habit of the soul that leads to the sinful act, is itself also sin (Rom 6:12; Gal 5:17; Jam 1:14, Jam 1:15). The origin of sin is a mystery, and must for ever remain such to us. It is plain that for some reason God has permitted sin to enter this world, and that is all we know. His permitting it, however, in no way makes God the author of sin. Adam's sin (Gen 3:1) consisted in his yielding to the assaults of temptation and eating the forbidden fruit. It involved in it, (1.) the sin of unbelief, virtually making God a liar; and (2.) the guilt of disobedience to a positive command. By this sin he became an apostate from God, a rebel in arms against his Creator. He lost the favour of God and communion with him; his whole nature became

depraved, and he incurred the penalty involved in the covenant of works. Original sin. "Our first parents being the root of all mankind, the guilt of their sin was imputed, and the same death in sin and corrupted nature were conveyed to all their posterity, descending from them by ordinary generation." Adam was constituted by God the federal head and representative of all his posterity, as he was also their natural head, and therefore when he fell they fell with him (Rom 5:12; 1 Cor. 15:22-45). His probation was their probation, and his fall their fall. Because of Adam's first sin all his posterity came into the world in a state of sin and condemnation, i.e., (1.) a state of moral corruption, and (2.) of guilt, as having judicially imputed to them the guilt of Adam's first sin. "Original sin" is frequently and properly used to denote only the moral corruption of their whole nature inherited by all men from Adam. This inherited moral corruption consists in, (1.) the loss of original righteousness; and (2.) the presence of a constant proneness to evil, which is the root and origin of all actual sin. It is called "sin" (Rom 6:12, Rom 6:14, Rom 6:17; Rom 7:5), the "flesh" (Gal 5:17, Gal 5:24), "lust" (Jam 1:14, Jam 1:15), the "body of sin" (Rom 6:6), "ignorance," "blindness of heart," "alienation from the life of God" (Eph 4:18, Eph 4:19). It influences and depraves the whole man, and its tendency is still downward to deeper and deeper corruption, there remaining no recuperative element in the soul. It is a total depravity, and it is also universally inherited by all the natural descendants of Adam (Rom 3:10; Rom 5:12; Rom 8:7). Pelagians deny

original sin, and regard man as by nature morally and spiritually well; semi-Pelagians regard him as morally sick; Augustinians, or, as they are also called, Calvinists, regard man as described above, spiritually dead (Eph 2:1; Jo1 3:14). The doctrine of original sin is proved, (1.) From the fact of the universal sinfulness of men. "There is no man that sinneth not" (Kg1 8:46; Isa 53:6; Psa 130:3; Rom 3:19, Rom 3:22, Rom 3:23; Gal 3:22). (2.) From the total depravity of man. All men are declared to be destitute of any principle of spiritual life; man's apostasy from God is total and complete (Job 15:14; Gen 6:5, Gen 6:6). (3.) From its early manifestation (Psa 58:3; Pro 22:15). (4.) It is proved also from the necessity, absolutely and universally, of regeneration (Joh 3:3; Co2 5:17). (5.) From the universality of death (Rom 5:12). Various kinds of sin are mentioned, (1.) "Presumptuous sins," or as literally rendered, "sins with an uplifted hand", i.e., defiant acts of sin, in contrast with "errors" or "inadvertencies" (Psa 19:13). (2.) "Secret", i.e., hidden sins (Psa 19:12); sins which escape the notice of the soul. (3.) "Sin against the Holy Ghost" (q.v.), or a "sin unto death" (Mat 12:31, Mat 12:32; Jo1 5:16), which amounts to a willful rejection of grace."

*Easton's Bible Dictionary, Thomas Nelson Publisher,  
1897*

**Cravings** - Passions (i.e. Lust, Greed, Gluttony, Vengeance, Love, etc.) A craving is an intense emotion or profound desire for something which can

profoundly impede the spiritual journey and/or escalation into higher spheres of knowledge.

*From the Philosophy of Natural Magic*

"THE passions of the human mind are nothing else but certain motions or inclinations proceeding from the apprehension of any thing, as of good or evil, convenient or inconvenient. Now these kind of apprehensions are of three sorts, viz., Sensual, Rational, and Intellectual. According to these three are three sorts of passions in the soul; for when they follow the sensitive apprehension then they respect a temporary good or evil, under the notion of profitable or unprofitable, or delightful or offensive, and are called natural or animal passions. When they follow the rational apprehension, and so respect good or bad, under the notions of virtue or vice, praise or disgrace, profitable or unprofitable, or honest or dishonest, they are called rational or voluntary passions. When they follow the intellectual apprehension, and respect good or bad, under the notion of just or unjust, or true or false, they are called intellectual passions, or syncrisis, the faculty of choosing from comparison. Now, the subject of the passions of the soul is the concupitive power of the soul, and is divided into that concupiscible and that irascible, and both respect good and bad, but under a different notion. For when the concupiscible power respects good and evil absolutely, love or lust, or, on

the contrary, hatred is caused. When it respects good, though absent, so desire is caused; or evil, though absent or at hand, and so is caused horror, flying from, or loathing; or, if it respects good, though present, then there is caused delight, mirth or pleasure; but if evil, though present, then sadness, anxiety, or grief; but the irascible power respects good or bad, under the notion of some difficulty, to obtain the one, or to avoid the other, and this sometimes with confidence. And so there is caused hope or boldness; but when with diffidency, then despair and fear. But when that irascible power riseth into revenge, and this be only about some evil past, as it were, of injury or hurt offered, there is caused anger. And so we find eleven passions in the mind, which are: love, hatred, desire, horror, joy, grief, hope, despair, boldness, fear, and anger."

*The Philosophy of Natural Magic, Henry Cornelius  
Agrippa, 1913*

**Distractions** - Worldly matters which impede the movement of spiritual unfoldment and the natural inclination of the soul to uphold its destiny.

Distractions can be anything from bad habits, technology, sins, cravings, perterbability to the world below . . . an inability to concentrate on the One True Spirit of Life, which leads to the liberation of the soul and the magnetization of destiny and forward motion.

Distractions have to be monitored carefully in the spiritual life, for what is but a momentary lingering one day can become a deeply held habit in a very short span of days.

Withhold distraction from your soul, and you will uphold progression within the line of evolutionary projection into the line of a greater unraveling, and a more profound silence and escalating thrust towards the upper spheres of immortality and conscious Oneness with all that is, God, Unitive Consciousness . . . Goodness itself.

**Detachment** - To uphold the natural law of the spirit in bringing it above the world of matter and the nonsensical worries of the world at large into the higher cosmic intelligence known as the Universal Good.

To detach from the world is to allow the enrichment of the spirit into a communal spiritual reality. This reality is not congruent with the emotional highs and lows of earthly existence, but rather, enjoys an equilibrium of mind and spirit beyond whatever may be happening on the ground.

*From Meister Eckhart*

“True detachment is nothing else than for the spirit to stand as immovable against whatever may chance to it of joy and sorrow, honor, shame, and disgrace, as a



mountain of lead stands before a little breath of wind. This immovable detachment brings a man into the greatest equality with God, because God has it from his immovable detachment that he is God, and it is from his detachment that he has his purity and his simplicity and his unchangeability."

*Meister Eckhart, Translated by Edmund Colledge,  
O.S.A., Bernard McGinn, Paulist Press, 1981*

But in order to proceed further, you must first understand 'The Mechanics of Initiations.'

## CHAPTER SEVEN

### The Mechanics of Initiation



**Initiations into the Mysteries, Rites of Passage –** Among the spiritual journeys you will take if you are to embark upon the mystical pathway are a myriad of initiations and rites into the many mysteries presented to us within the spectrum of energetic and experiential knowing.

Every mystery retains within it some profoundly needful energy of which the soul must take on to pass beyond it. Some of those purposes include knowledge of certain mysteries of creation. Whereas others often include the death of the persona and the surrender of the soul to the will of the Almighty God.

Specific initiations will occur regarding the nature of

time and space; time and timelessness, the balance of the masculine and feminine energies within your soul, entries into the eye of mystical knowledge known by the Egyptians, the cycles of time as retributive karma, energetic exchange between planetary systems, the coming together of the past and the future, birth and death points in lifetimes and in individual cycles of energy, the unification of all past, present and future existences (our own and all of creation), energetic foray into the elemental world of creation, a series of ritual passage in order to achieve the ascension of the soul, ignition of the eternal flame with the soul, rites of alteration, returning to the natural state, achieving equanimity, receiving of the living water which is the water which never remains, which is consistently overflowing, never runs out and the energetic and official entry into the Book of the Immortals (The Book of Life).

From this primarily energetic journey - as the knowledge contained within these rites and initiations can hardly be explained in words but received only as a particulate thrust - your soul will endeavor to uncover the secrets of its own manifestation - within time and beyond the gates of timelessness and its veils.

Some of the initiations and rites that you may encounter along the pathway can include, but are not limited to: Interstellar Initiations, Crucifixion, Mystery Corridors, Pyramidal Initiations, Here, There and Always, Cycles of Time, Interplanetary

Initiations, Initiation of the Birth and Death Points, Completion of the Sacred Hoop (Current Self Circling to Future Self), Initiations into the Balance of Masculine and Feminine Energies, Initiation into the Elemental Spirits, The Coming Together of all Multiplicities, Fragmented Parts, Past, Present and Future, Rites of the Ascension, Initiations into the Golden Flame, Initiations into Different Windows of Perception, Ritual of the House of the Mysteries, Rite of the Nightmare House, Ritual of the Key, Rites of the Medicine (Rites of Alteration), Rites of the Native, (To return to the natural state . . . ), Imperterbability, Ritual of the Reception of the Living Water, Initiation into the Immortal (The Book of the Eights).

*From St. Bonaventure*

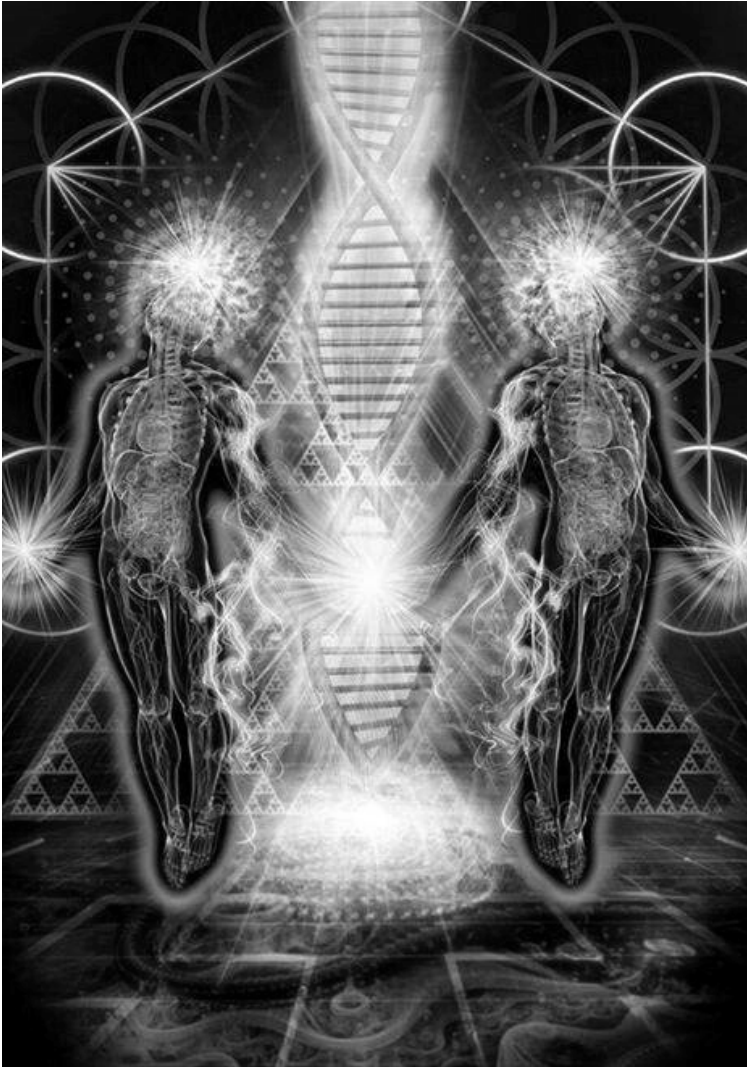
“O, if only I could find this book  
 Whose origin is eternal,  
 Whose essence is incorruptible,  
 Whose knowledge is life,  
 Whose script is indelible,  
 Whose study is desirable  
 Whose teaching is easy,  
 Whose knowledge is sweet,  
 Whose depth is inscrutable,  
 Whose words are ineffable,  
 Yet all are a single Word!  
 Truly, whoever finds this book  
 Will find life and will draw salvation from the Lord.”

*Bonaventure, The Tree of Life, Paulist Press, 1978*

(You can read about the Initiations and Rites in great detail in 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism,' by Marilyn Hughes)

But in order to proceed further, you must first understand 'The Mechanics of Unitive Consciousness.'

**CHAPTER EIGHT**  
**The Mechanics of Unitive Consciousness**



And so we ask that the Lord let it be as it is . . . and that we come to be that which is. All are a conscious point of awareness alone.

Awareness is God. God is unity . . . we are aspects of that unity. Soul is one. Matter is null. Unitive awareness is an endpoint.

One of many, we presume.

Matter and form, space and time, time and timelessness, consciousness and delusion, personhood and soul, personalities and unities, good and evil . . . are all in their bare essence one thing. They are one, multiplicity is the illusion.

But their separate delineation serves a purpose for a time. In achieving the eternal consequent awakening, however, all becomes still. In their stillness, they unite.

And unitive consciousness has one mechanic . . . awareness. Quiet, solitary, whispering awareness resonating across and through the entire universal and atomic world as a speck of nothing, a speck of consciousness . . . but yet, it is.

Awareness arising . . .

Now you know who you really are . . . or do you?

*From Mysticism*

“Far from being academic or unreal, that history, I think, is vital for the deeper understanding of the history of humanity. It shows us, upon high levels, the psychological process to which every self which desires to rise to the perception of Reality must submit: the formula under which man’s spiritual consciousness, be it strong or weak, must necessarily unfold. In the great mystics we see the highest and widest development of that consciousness to which the human race has yet attained. We see its growth exhibited to us on a grand scale, perceptible of all men: the stages of its slow transcendence of the sense-world marked by episodes of splendour and of terror which are hard for common men to accept or understand as a part of the organic process of life. But the germ of that same transcendent life, the spring of the amazing energy which enables the great mystic to rise to freedom and dominate his world, is latent in all of us, an integral part of our humanity. Where the mystic has a genius for the Absolute, we have each a little buried talent, some greater, some less; and the growth of this talent, this spark of the soul, once we permit its emergence, will conform in little, and according to its measure, to those laws of organic growth those inexorable conditions of transcendence which we found to govern the Mystic Way.

Every person, then, who awakens to consciousness of a Reality which transcends the normal world of sense—however small, weak imperfect that consciousness may be—is put upon a road which



follows at low levels the path which the mystic treads at high levels. The success with which he follows this way to freedom and full life will depend on the intensity of his love and will, his capacity for self-discipline, his steadfastness and courage. It will depend on the generosity and completeness of his outgoing passion for absolute beauty, absolute goodness, or absolute truth. But if he move at all, he will move through a series of states which are, in their own small way, analogous to those experienced by the greatest contemplative on his journey towards that union with God which is the term of the spirit's ascent towards its home."

*Mysticism, Evelyn Underhill, 1911*

*From St. Bonaventure*

"As all things are produced through the Word eternally spoken, so all things are restored, advanced and completed through the Word united to flesh. Therefore he is truly and properly called Jesus, *because there is no other name under heaven given to men by which one can attain salvation.* (Acts 4:12) . . .

You soul devoted to God  
 Whoever you are,  
 Run  
 With living desire  
 To this Fountain of Life and light  
 And with the innermost power of your heart

Cry out to him:  
 'O inaccessible beauty of the most high God  
 And the pure brightness of the eternal light,  
 And keeping in perpetual splendor  
 A thousand times a thousand lights  
 Brilliantly shining  
 Before the throne of your Divinity  
 Since the primeval dawn!  
 O eternal and inaccessible,  
 Clear and sweet stream from the fountain  
 Hidden from the eyes of all mortals,  
 Whose depth is without bottom,  
 Whose height is without limit,  
 Whose breadth cannot be bounded,  
 Whose purity cannot be disturbed.  
 From this Fountain  
 Flows the stream of the oil of gladness,  
 Which gladdens the city of God,  
 And the powerful fiery torrent,  
 The torrent, I say, of the pleasure of God,  
 From which the guests at the heavenly banquet  
 Drink to joyful inebriation  
 And sing without ceasing  
 Hymns of jubilation.  
 Anoint us  
 With this sacred oil  
 And refresh with the longed-for waters of this torrent  
 The thirsting throat of our parched hearts  
 So that amid shouts of joy and thanksgiving  
 We may sing to you  
 A canticle of praise,  
 Proving by experience that

With you  
 Is the fountain of life  
 And in your life  
 We will see  
 Light."

*Bonaventure, The Tree of Life, Paulist Press, 1978*

*From the Summary of the Fragments of the Great  
 Book of the Logos According to the Mystery*

"The Mystery shining forth became Water of the Ocean. The Earth in the midst of the Ocean became purified. The whole vast matter of the Ocean became purified--that is to say, the Sea and all species existing therein. Through its shining forth it sealed the Sea and all that are therein, for the power that is in them was in disorder (chaos) against the existing order (cosmos)."

*Summary of the Fragments of the Great Book of the  
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*From the Ashtavakra Gita*

You are Self – the Solitary Witness.  
 You are perfect, All - pervading, One.  
 You are free, desireless, forever still.  
 The universe is but a seeming in You.

Meditate on this: "I am Awareness alone - Unity  
itself."

Give up the idea that you are separate,  
a person, that there is within and without.

You have long been bound thinking: "I am a person."  
Let the knowledge: "I am Awareness alone"  
be the sword that frees you."

*Ashtavakra Gita, Translated by Bart Marshall*

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