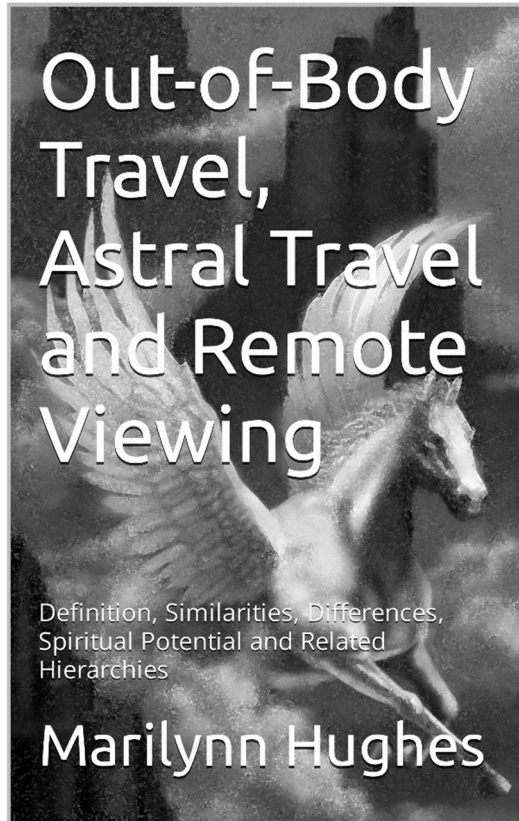


**Out-of-Body Travel, Astral Travel
and Remote Viewing: Definition,
Similarities, Differences, Spiritual
Potential and Related Hierarchies**

By Marilyn Hughes



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Come to Wisdom's Door

How to Have an Out-of-Body Experience!

The Mysteries of the Redemption

A Treatise on Out-of-Body Travel and Mysticism

CONTENTS

**Out-of-Body Travel, Astral Travel
and Remote Viewing: Definition,
Similarities, Differences, Spiritual
Potential and Related Hierarchies**

Out-of-Body Travel, Astral Travel and Remote
Viewing: What are they? How are they Similar?
How are they Different? - 5

Remote Viewing - 12

Astral Travel - 24

Out-of-Body Travel - 31

Hierarchies - 65

A. Extraterrestrials - 65

B. Angelic Hierarchies - 86

Biblical - 87

Pseudo Dionysius - 93

Urantia - 95

Conclusion - 104

Bibliography - 108

Out-of-Body Travel, Astral Travel and Remote Viewing: Definition, Similarities, Differences, Spiritual Potential and Related Hierarchies

**By Marilyn Hughes, Founder of 'The Out-of-
Body Travel Foundation'**

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"The Contact Modalities are Near Death Experiences (NDEs), Out of Body Experiences (OBEs), Unidentified Aerial Phenomena (UAP/UFOs), Spirit/Ghost Apparitions, Remote Viewing, Hallucinogenic/Psychedelic Experiences, Channeling, Post-Death Communications, Mystical Meditation, Lucid Dreams, Human Initiated Contact Experiences (HICE) and various other forms of consciousness that allow us to be in contact with transcendent realities." *From the Introduction, 'A Greater Reality'*

Out-of-Body Travel, Astral Travel and Remote Viewing: What are they? How are they Similar? How are they Different?

Out-of-Body Travel, simply put, is the experience of separation of the spirit from the physical body, and traveling into the realm overlapping our physical reality, known as the Astral Plane and then into the other-dimensional realities of the universe. These other-dimensional realities consist of higher, median and lower worlds than our own and often accompany the serious experimenter of such phenomena.

In this, we already can denote the primary difference between Out-of-Body and Astral Travel. Astral Travel refers primarily to the experiences that souls might have in traveling that realm which overlaps physical reality, the Astral Plane. This is a fourth dimensional world and is the closest spiritual realm to the human experience within the physical universe. It often mirrors that which is going on within the human world, and it is the realm, ironically, where psychic information is stored and future events will form from the thoughts, actions, deeds, desires and intentions originating within the human world.

Out-of-Body Experiences will differ from this form of travel only in that they can encompass the Astral Plane, but also the myriad dimensional existences of the higher, mid-level mortal and lower realms, as well. And each of these differentiations can literally break off into an infinite number of realms which are constantly formulating and becoming as the experience of God moves it to be so to reflect the immensity of His thought. All creation comes from that infinite mind, and therefore, there is a constant creation which continues to unfold in all states of existence, but we see it more explicitly in the mystical worlds visited in Out-of-Body Experiences.

From this differentiation, we can easily move into Remote Viewing. Although many see Remote Viewing as being expressly similar to Out-of-Body Experiences, there are some foundational similarities and differences which must be pointed out.

Remote viewing would have more commonality with Astral Travel than Out-of-Body Experiences. As I mentioned, the Astral Plane is an overlapping sphere which becomes a storehouse of psychic experiences. Remote viewing, similarly, is more of a psychic experience than an out-of-body one. In the very

structured process laid out for remote viewers, the goal is to allow the sub-conscious mind to kick in, and in so doing, to allow the viewer to gather information primarily from the human world, and sometimes from the Astral overlap. In rare instances, remote viewers will also seek to explore higher mystical realities, but it is less successful in this endeavor because of the differing natures between the two disciplines of Remote Viewing and Out-of-Body Travel.

Herein lies the primary difference. A remote viewer will utilize his psychic faculty to 'travel' to the target; it is a movement within the mind, and an implementation of the sub-conscious to extract information for a very specific purpose. An Out-of-Body Traveler will utilize his spirit, his soul, to actually separate from the physical body. This in itself is of fundamental difference. In separating from the physical body, the Out-of-Body Traveler is now exploring with an entirely different faculty, one that is hard to define or explain. By separation from the physical body, the traveler's conscious focus now embodies the spiritual form, and in this form, there are gifts and abilities that cannot be accessed in any other way. Some of these would include the ability to tune into what is called 'energetic truth,' which is, in essence, the truth as the Universe proclaims

it to be. In 'Medicine Woman within a Dream' 2003, I wrote that we are taught in Out-of-Body and Mystical Experiences that *"our intention is just as important as our action. The energetic truth behind all that we do determines the validity of an interaction, not simply moral reasoning. We are protected for a time when we are ignorant from the true effects of some of our own causes, but after a certain point, we will no longer be afforded protection and the full magnitude of our causes will become effects."* It goes on further to state that this energetic truth *"determines the validity of all interaction."* God defines it and infuses this energetic truth into the spirit of the Out-of-Body Experiencer as they are traveling. Emma Curtis Hopkins, 1849-1928, an American Spiritual Teacher and Mystic, was involved in organizing the New Thought Movement in the 19th century. In her book, High Mysticism, she referred to 'energetic truth' as that which one receives through 'The Divine Eye or Vision.' *"Thou canst not behold Me with thy two outer eyes. I have given thee an eye divine. The Divine Eye or Vision, is the sense with which we perceive Truth or Reality. 'This faculty, swifter than the fleetest thought, being steadfastly rested upon any given point, can bring back to the waiting mind all the facts that pertain to the resting place. It is the lifting up of this sense out of the network of materiality, the wheel of incessant*

grind, that takes man above his disasters and difficulties. We are all harvesting according to our inward viewings. 'Why are ye troubled?' asked Jesus, 'Why do thoughts arise in your hearts?' Hegel gives a scientific answer to these questions: 'We always look toward an object before thinking,' he wrote, 'and it is by having oft recourse to inward viewing that then the mind goes on to know and comprehend.' Therefore, 'Vision often Godward and live anew.'"

The prolific Brazilian mystic, Chico Xavier, 20th Century, in his classic book, 'Nosso Lar', meaning 'Astral City', which is one of twelve volumes in a series, further points out that all is purposeful in these types of travels. *"When the Father summons us to certain place . . . there must be some task awaiting us there. Each situation in life has definite purpose. Don't forget to bear this principle in mind during your apparently casual visits. As long as our thoughts are dedicated to the practice of the good, it's easy to tune in to the divine suggestions that come our way."*

Beyond this, the Out-of-Body Traveler will also experience telepathy, sub-conscious contact with souls in human embodiment, spirit contact, ghost contact, channeling, post-death communications and contact with the *higher* spiritual guides and teachers, guardian angels, angelic hierarchies, prophets, saints, mystics, sages and ascetics from

all ages of the world and every spiritual tradition. But it doesn't stop there, many Out-of-Body Travelers will have contact with angelic hierarchies and even with many races of extraterrestrial beings. This is possible because the spirits of human beings inhabit the same heavens as do those of extraterrestrials after they complete their embodiments in their own worlds. Please see the comparison of the angelic hierarchies later in this article from 'The Bible,' Pseudo-Dionysius's classic on 'The Celestial Hierarchy' from the 5th Century, and 'The Urantia Book,' a revelation received and compiled by Dr. William S. Sadler in the early 20th Century.

Alfred Webre Lambremont, speaks of this cooperative relationship between extraterrestrials and humans in interdimensional realities in his book 'The Omniverse,' 2014. *"The dimensional ecology of the Omniverse hypothesis is supported by replicable empirical evidence gathered by the Australian Close Encounter Research Network (ACERN) and researcher Mary Rodwell, who has developed an evidence-based model of how hyperdimensional intelligent civilizations interact with Earthling humanity in the Omniverse. Her model demonstrates how hyperdimensional civilizations communicate ethically and cooperatively with humans at an individual and collective level. In*

her article 'Extraterrestrials, human consciousness, and dimensions of soul: The Intimate Connection,' Mary Rodwell presents her research into more than 1,800 cases of abduction by teleportation of contactees by hyperdimensional civilizations in the dimensional ecology. She concludes that the hypderdimensional extraterrestrials, the human subjects, and their abductions potentially demonstrate 'a new reality: a multiverse.'

In contrast, an Astral Traveler will experience telepathy, sub-conscious contact with souls in human embodiment, spirit contact, ghost contact, channeling, post-death communications and some spiritual guides, spiritual teachers. But they will not experience guardian angels, angelic hierarchies, the *higher* spiritual guides, the *higher* spiritual teachers, prophets, saints, mystics, sages and ascetics from all ages of the world and every spiritual tradition. They will not experience this because these phenomena are associated with realms higher than the Astral Plane.

Similarly, remote viewers will experience much of the same as the Astral Traveler.

But here is the prime difference then between Out-of-Body and Astral Travel and Remote Viewing. Remote Viewing is a very structured system utilized to tap into these psychic and sub-conscious potentials. Out-of-Body and Astral

Travel are more of a free-flowing experience which can happen spontaneously or can be triggered by certain spiritual practices and mindsets.

So now that we understand the parameters of these three systems of experience within human expression, let's seek to better understand each one and its purpose. In order to do this, I will reorder them with our newfound understanding of their purpose within the framework of the expansion of the soul so that we can follow more in sequence how these modalities work. We will explore Remote Viewing followed by Astral Travel and then move into Out-of-Body Experiences.

Remote Viewing

Although much research into psychic phenomena began in the 19th century and continued through the early 20th century, it was in the 1970's that Russell Targ, Hal Puthoff and Ingo Swann jointly coined the term, 'Remote Viewing.' Russell was a professor at Stanford Research Institute in the Electronics and Bioengineering Laboratory when their studies began into psychic abilities and how they might be harnessed as a human potential. Ironically, the research was initially funded jointly by the

Parapsychology Foundation and Dr. Edgar Mitchell's Institute of Noetic Sciences.

Dr. Edgar Mitchell was an Apollo 13 astronaut, who founded the Institute of Noetic Sciences in 1973. He also became co-founder of the 'Dr. Edgar Mitchell Foundation for Research into Extraordinary Experiences' many years later in 2013, to encourage research into another field which held his interest, that of extraterrestrial contact. After experiencing heightened states of consciousness in space, he developed a lifelong fascination with the study of psychic phenomena which culminated in the writing of his book, 'Psychic Exploration' in 1974 in which he expressed his view that *"As a student of science, I believe there is nothing in the universe that is unworthy of investigation. If it offers the further incentive of having possible benefit for humanity, I think it is little less than foolish to refuse to examine it. The true scientist is one who is committed to knowing, to scientia, which is the attempt to understand the ultimate nature of reality, without bias, prejudice, or commitment to an ideology or belief system. Otherwise, he is unworthy of the name."* It was this unwavering commitment to understand the potentials of the human mind which led to his support of the research. For those who would scoff at his interests, he would simply state, 'I am interested in knowing.' And it would be the end

of that line of inquiry which tried to squelch the research of brave mavericks such as himself, Russell Targ, Hal Puthoff and Ingo Swann.

Remote viewing began with two forms, Controlled and Scientific, but branched out into other methods in the 1990's when the CIA declassified many of the documents on the Stargate Program, the Army Intelligence Program intended to utilize the science by creating psychic spies. Among the best Remote Viewers the United States had ever known included Ingo Swann, Joseph McMoneagle and Pat Price. Civilian use programs emerged starting in 1995 which included Transdimensional, Coordinate and Associative Remote Viewing systems.

Remote Viewing is a very structured system that was developed and has evolved to help people to tap into their psychic faculty, but also, into their sub-conscious mind to extract information about particular targets, situations, places or things. In the Stargate Program, it was used for military purposes. Since it has been declassified, it is being used for anything from missing persons to stock predictions.

Although there are different systems with variations in the manner in which it is done, a Remote Viewer will begin with a stack of papers

wherein he will glean as much information as he can about the 'Target.'

The 'Target' is usually an eight-digit number given in two blocks of four numbers each. But some Remote Viewing systems have different number systems for targeting. The viewer will either be 'blind,' meaning that they have not been informed in any way as to the nature of what they are trying to find out. Or in certain circumstances, the viewer will be given a minimal amount of information about it; such as, it relates to a missing person, a certain event or a health issue. This is referred to as 'Viewer Blind' or 'Viewer Partially Blind'.

The Remote Viewer will fill out several items at the top of the second page before beginning their task. The target number, whether or not the viewer is blind, their emotional and physical state at the time of the viewing, their code name and the date and the time of the viewing. Once this is finished, the viewer will pull out a full page to do what is called an 'Advanced Perception'.

The Advanced Perception is a simple drawing of any impressions that the viewer may have before the fact that needs to be discarded in order to 'clear out' the sub-conscious and the psychic

faculty, to rid it of any preconceptions which can cloud the accuracy of the viewing.

Then they will proceed to the second page. Right below the above-mentioned information, the viewer will draw a line very quickly from the right to the left of the page. This is called the 'Transit Line.' It is the moment that the viewer is transitioning into the target they are going to view. In the center they will put in the letter 'T'. They will again write down the target number. And their first perceptions will come through in the form of a very simple and often-times scribbled drawing. It will likely not be a drawing with any clear meaning, substance or form. It may be a single line, or a series of concentric circles. The viewer is tasked with letting whatever arises from the psychic faculty and the subconscious to come through their pen on this page.

And then the viewer will proceed to the third page. This will be the first of three pages called 'Scans.' They will write down the target number in the upper left-hand corner. In a particular pattern on the page, the viewer will write down A., B., C., and D., to separate the sections which will be included on their scans. In the upper left-hand corner where there is no letter to identify the location, the viewer will zip out what is called

an 'Ideogram.' This is something that is done really, really quickly, because the Ideogram is felt to be an extension of the subconscious honing in on the target. The viewer wants to keep his mind out of the whole process here, otherwise, it can be contaminated by his own impressions or conscious ideas of what the target might be. Ideograms have certain meanings and can refer to a subject or a surface, a manmade or a natural structure, and water or energy. This Ideogram will form the basis for the remainder of the scan.

Then he will move to the letter A. Here the viewer will describe the movement of the ideogram in detail. And just beneath it, he will sense 'Densities' and 'Topographies,' and write down 'Descriptors' for what he may sense. Descriptors are words that are used to describe 'Impressions,' there are low-level impressions and deeper impressions. For now, during the three scans, the viewer is looking for low-level impressions. The deeper impressions will come later in the Remote Viewing Session.

Just below this will be the letter B, where the viewer will 'declare' what he determines his ideogram to be. Is it a subject or a surface, a manmade or a natural structure, or water or energy? This is to be determined from the

'Ideogram', not from the viewers conscious thoughts or deductions.

Now moving to the left of the page is letter C. This is where the viewer will begin listing low-level descriptors, many of them, as the impressions come into them. But every viewer is warned against what is called 'Analytical Overlays' which are impressions which become so specific that the viewer might be trying to come to conclusions rather than allowing the flow of the psychic faculty and the sub-conscious mind. When the viewer has these, they will write off to the side 'AOL', and then the impression. They are instructed to then quickly let it go. Sometimes that impression may have validity in the overall session later, but coming to conclusions early on can greatly impede the Remote Viewer's accuracy.

Finally, on the lower right-hand side is D. This is where the viewer will make a small drawing of his impressions, of what he senses, feels and sees.

And then the viewer will proceed to the fourth and fifth pages, where he will repeat this procedure, but try to look at different aspects of the target. If in the first scan, the viewer sensed a subject, perhaps he will try to now hone in on the environment, etc.

On page six, the viewer takes another turn. This is the 'Collector.' The viewer will again restate the target number on the upper left hand side of the page, put a large 'C' in the center and draw two horizontal lines on the page to create three sections. Each of the three sections will be utilized to record deeper perceptuals and attributes of each scan. There is a 'Defined Collector' and an 'Open Collector.' The defined is the most common, which includes all three columns for all three scans. However, if two scans are similar, the viewer will combine the first and second column and the perceptuals and attributes for those scans.

And then the viewer will proceed to the seventh page, where he will do a General Sketch of everything he has sensed so far. And on into pages eight, nine and ten, which are called 'The Matrix,' and will include deeper level descriptors on very specific attributes of the target including the senses, magnitude, topological, energy, subjectives, physicals, paraphysicals, concepts, symbols, physical reactions to the target and visuals. Some will also use analytical overlay and deductions that they are reaching based on all of the data so far accumulated. They will similarly do this three times, but each with a different focus. The first one will ask more about location,

the second will ask what has the viewer missed, and the third will ask what the 'Tasker' needs to know. The 'Tasker' is the person providing the target for the viewer.

Finally, on page ten, the viewer will write a summary of all of his impressions and that page will be put at the very front of the entire report.

There is also a 'Physical Profile' and a 'Consciousness Map' that is utilized when trying to view health issues or motives, intentions or other related issues regarding subjects involved in the initial target. But these are not used with every session.

Although this is just a cursory introduction to the process that Remote Viewers will undergo in the process of touching into a target, it gives you a good sense of the specificity and structure of the process.

Many people have mistakenly seen Remote Viewing as being the same or very similar to Out-of-Body Travel or Astral Travel because they look upon this with a cursory view. In the 19th Century, Remote Viewing would have been called Telesthesia or Traveling Clairvoyance. Thus, some feel that the Remote Viewer is also traveling 'out of his body' to reach the target, and

therefore, the process is similar. But this is, in fact, not so.

The Remote Viewer travels with his psychic faculty, his sub-conscious or his mind to these targets, but this is a *psychic* event. Meditators can have extensive visual and interior journeys in deep meditation which can be more dreamlike, but their difference is delineated by the fact that these are happening within the experiencer's psyche, it is a *psychic* event which can also be associated with Traveling Clairvoyance and Lucidity. But it is not Out-of-Body Travel.

Some people may misinterpret the emphasis made by many teachers of Out-of-Body Travel on remaining 'conscious' during the experience, with remaining 'awake.' The suggestion to remain 'conscious' is made *not* to infer that you are remaining physically 'awake,' but rather, that your spirit retain conscious awareness, or become again 'conscious' after falling into sleep. But this 'consciousness' is to be experienced by the mind of the spirit, rather than the mind of the body. This is cultivated through discipline and practice in separating the two. And when a teacher is telling you to stay 'awake,' they are telling you to remain 'conscious,' spiritually 'conscious.'

In Out-of-Body and Astral Travel, the key element is that the soul actually *detaches and leaves* the physical body and this actually cannot be done except when the body is entirely asleep or unconscious. It may not *seem* to be asleep for the casual observer, because the awareness shifts from that of the physical body to the spiritual body, and oftentimes, the traveler will 'awake in a dream' so to speak. The experience is often richer and fuller than normal consciousness, so experiencers feel more awake than they do in their physical waking life. Some may misinterpret this heightened consciousness as 'being awake' while traveling, but this is not the case. The physical body has to be in a dormant phase for the spirit and soul to separate. Otherwise, they are practicing something more like Telesthesia or Traveling Clairvoyance, i.e. Remote Viewing, rather than Astral or Out-of-Body Travel. You can 'view' things on the Astral Plane or in other dimensions utilizing these practices, but it will be with less precision and more interference from the person's own mind.

As William Buhlman, Author of 'The Secret of the Soul,' released in 2001, points out in his book, *"One of the essential elements of an out-of-body experience is a dramatic shift of consciousness from the physical body to the nonphysical. This shift of*

consciousness is essential in order to have an out-of-body experience."

So the method and the modus are entirely different.

After this, the soul would evolve into Mysticism, which is encompassed in a completely separate body of knowledge but remains a higher expression of Out-of-Body Travel. Mystics can undergo High Mystical Experiences in a variety of ways while awake or sleeping. But the primary hallmark of *High* Mystical Experiences is that the faculties of the experiencer are suspended by a higher, divine force. It is not something that can be generated by thought or by the will, it can only be granted by the Divine. But again, these are the higher experiences, and Mystics follow a progression in the evolution of their experiences, as well. But when a deep Mystic has a *High* Mystical Journey, their physical body will usually be unconscious or asleep. Not in all instances, but in most. But such Mystics can also enter Ecstasies and other states, which can occur both during awakeness and sleep. The hallmark of the experience, however, is that the will of the experiencer is suspended by the Divine. Joseph Pelletier, in his book, 'The Sun Danced at Fatima, ' 1952, related of the Ecstatic children at Fatima, "*This power is so intense that it absorbs and almost*

completely annihilates them. It practically deprives them of the use of their bodily senses . . . their bodies are subject to a mysterious . . . force.” But this is outside of the scope of what we will discuss here.

Astral Travel

As we move into Astral Travel, it is good to note that certain aspects of experience are shared between Astral and Out-of-Body Travel, but Out-of-Body Travel will journey clearly beyond that of the astral.

Elements of the Astral and Out-of-Body Travel journey can be gathered from accounts given from several pioneers in the field in the last 150 years. Many of them will relay a similar sequence of events. A person goes to sleep, enters into a vibrational state, they hear loud noises all around them and enter into a profoundly awakened and conscious state. Oftentimes, they will enter into some form of superconsciousness. As the vibrations continue, they might play around with their hands or their arms and realize that their spirit is separating from the physical body, then they might roll out or will themselves such and float around their bedroom. Oftentimes, they observe their own physical body from above, and then experiment with moving through walls, ceilings, doors or windows. At that point, they

will often experiment with spiritual flight itself. And this would be the moment when they begin to experience Astral Travel, and journey throughout the Astral Plane, which many travelers describe as if being lit by twilight.

Suzy Smith, one of the first to write of Astral and Out-of-Body Travel in her book, 'The Enigma of Out-of-Body Travel, in 1965, spoke of this super-conscious state, saying that she *"was that moment fully awake, and so fully conscious that I could not doubt my senses, astonished as I have never been before, amazed to the point of proud exhilaration."*

Robert Monroe, founder of 'The Monroe Institute' founded in 1974 and 'Hemi-Sync' technology which uses sound waves to induce Out-of-Body Experiences, wrote of the vibrational state in his book, 'Journeys Out of the Body,' which was released in 1973, *"It began some two minutes after I lay down to sleep. This time, I was determined to stay with it and see what happened rather than fight my way out of it. As I lay there, the 'feeling' surged into my head and swept over my entire body. It was not a shaking, but more of a 'vibration,' steady and unvarying in frequency. It felt much like an electric shock running through the entire body without the pain involved . . . Frightened, I stayed with it, trying to remain calm. I could still see the room around me, but could hear little above the roaring*

sound caused by the vibrations. I wondered what would happen next . . . As I lay there, my arm was draped over the right side off the bed, fingers just brushing the rug. Idly, I tried to move my fingers and found I could scratch the rug. Without thinking or realizing that I could move my fingers during the vibration, I pushed with the tips of my fingers against the rug. After a moment's resistance, my fingers seemed to penetrate the rug and touch the floor underneath. With mild curiosity, I pushed my hand down farther. My fingers went through the floor and there was the rough upper surface of the ceiling of the room below. I felt around, and there was a small triangular chip of wood, a bent nail, and some sawdust. Only mildly interested in this daydream sensation, I pushed my hand still deeper. It went through the first-floor ceiling and I felt as if my whole arm was through the floor. My hand touched water. Without excitement, I splashed the water with my fingers. Suddenly, I became fully aware of the situation. I was wide awake. I could see the moonlit landscape through the window. I could feel myself lying on the bed, the covers over my body, the pillow under my head, my chest rising and falling as I breathed. The vibrations were still present, but to a lesser degree. Yes, impossibly, my hand was playing in a pool of water, and my arm felt as if it was stuck down through the floor. I was surely wide awake and the sensation was still there. How could I be awake in all other respects and still 'dream' that my arm was

stuck down through the floor? The vibrations started to fade, and for some reason I thought there was a connection between my arm stuck through the floor and their presence. If they faded away before I got my arm 'out,' the floor might close in and I would lose an arm. Perhaps the vibrations had made a hole in the floor temporarily. I didn't stop to consider the 'how' of it. I yanked my arm out of the floor, pulled it up on the bed and the vibrations ended soon after. I got up, turned on the light, and looked at the spot beside the bed. There was no hole in the floor or rug. They were just as they always had been. I looked at my hand and arm, and even looked for the water on my hand. There was none, and my arm seemed perfectly normal. I looked about the room. My wife was sleeping quietly in the bed, nothing seemed amiss."

Another of the great pioneers in Astral Travel research, D. Scott Rogo, wrote in his book 'Leaving the Body: A Complete Guide to Astral Projection,' a fairly comprehensive description of a typical Astral or Out-of-Body Travel Experience which was released in 1983, "*It's been a long day and you're tired. You come home, nearly doze off in front of the television set, then wander down the hall and plop on your bed expecting to fall asleep in an instant. But – suddenly and mysteriously – you find yourself paralyzed. Gushing sounds fill your ears. Bright flashes of light flicker under your closed eyelids. Then you feel as if you are beginning to float. A*

moment later, you open your eyes and find yourself hovering above your body. You are floating in the air! You are able to examine your physical body and everything else in the room from this viewpoint and independent perspective. Your mind seems totally released from the confines of the body and you feel a freedom and expanded sense of awareness you have never experienced before. But just as you are beginning to orient yourself to this new and novel state of being, you have a momentary 'blackout.' Within a fraction of a second, you 'awake' back inside your body."

Albert Taylor, Aeronautical Engineer for the Air Force and NASA in the Stealth Fighter and the Strategic Defense Initiative also known as Star Wars, had this to say about astral flight in his book, 'Soul Traveler: A Guide to Out of Body Experiences and the Wonders Beyond,' 1996, "I changed directions and zipped off. On the way there, I experimented with speed and altitude. I thought about speeding up, and I did. I thought about flying higher, and I did. Down below I saw houses, trees, and neighborhood streets melted together into one continuous blur. Never had I traveled so fast. No car, train, or plane could match the speed I was traveling. I slowed my velocity and became aware that I was being drawn down toward the roof of a house that was rapidly getting larger and closer." He also noted the strange lighting of the Astral Plane, "I continued

to check out my surroundings which were illuminated by a strange glow. It wasn't dark nor was it daylight; it was an eerie dusk. The lighting did not appear to have a one directional source. "

Paul Elder, author of 'Eyes of an Angel', released in 2005, speaks of the super-conscious state that people will enter once entering into an Astral or Out-of-Body Travel experience. *"You were provided all the details through the energy of your existence. Everything that you do, say feel, or even think is an exchange of energy. These life-force imprints are recorded and stored at this level so you can track them and learn from your experience. Every nuance of energy exchange in the astral and lower vibrations is stored here. There are also many higher levels of vibration, but they have their own repositories to record and store their energy impressions."*

Now that the soul is able to travel in the Astral Plane, the fourth dimensional reality which overlaps the physical waking human world, they discover that this is the realm where ghosts and wandering souls inhabit. It is also the first place many human souls will travel after death. But yet, it is only a stopping ground, a way station. It's where human souls get themselves situated with the non-physical elements of life after death, or life outside of their body while still living on earth. They'll learn to see, hear and move in a

spiritual body, and how to permeate physical matter. They'll begin their training in the various elements of chaos that reside there. Many purgatorial zones exist in the Astral Plane, and they are often the first place souls will go to shed the chaotic habits of their earthly lives before going on to higher realms.

Because the astral plane is a shadow image of third-dimensional reality, all of the common elements to our existence on earth also occur there. There will be a mix of the good and the bad, the lighter and the darker, and it is a realm that you travel through only with a certain sense of caution. Just as you would walk through certain city blocks in dangerous parts of town with caution because you might run into untoward elements, you will find the same can happen in the Astral Plane.

And that is the very first indication to the traveler that they might wish to go somewhere beyond it . . . and as they become ready to do so, certain tunnels and corridors between dimensions will open up to them to lead the way.

When trying to unravel a cohesive cosmology of the realms beyond the physical form, Rosemary Ellen Guiley, in her book 'Harper's Encyclopedia of Mystical and Paranormal Experience,

published in 1991, spoke of Robert Monroe's system for categorizing the varying dimensions he experienced in his Astral and Out-of-Body Travels. *"Monroe identifies various levels of reality encountered in the OBE (Out-of-Body Experience) state. Locale I is the here-and-now earth plane, Local II is the Astral Plane, the place where everyone goes in sleep, and where numberless beings and entities and concepts of heaven and hell exist; it is infinite. Local III transcends time and space and appears to be a parallel universe. According to Monroe there are yet unidentified, higher realms beyond our ability to comprehend."*

And this is what leads us into Out-of-Body Travel.

Out-of-Body Travel

"That heart-conquering beloved' took me to a wonderful place. He took me beyond the realm of body and soul. I said, 'I won't go,' and I made excuses. He said, 'You will go,' and he pulled and took me away."

Rumi

Let's begin our examination of Out-of-Body Travel through the eyes of the Multiverse, which is best explained through Biocentrism. In their book, *Biocentrism: How Life and Consciousness are the keys to Understanding the True Nature of the Universe'* dated 2009, Robert Lanza and Bob

Berman define six primary principles of Biocentrism. These are important as regards Out-of-Body Travel because we are now venturing into a grand Multiverse containing an infinite number of realms, spheres, dimensions all beyond the physical human world.

The First Principle acknowledges that *“What we perceive as reality is a process that involves our consciousness.”* An Out-of-Body Traveler quickly learns that all of their perceptions must be perceived through both the physical body and mind and through the consciousness of the spirit and soul. The Second Principle states that *“Our External and internal perceptions are inextricably intertwined.”* In the Out-of-Body Experience, the traveler discovers that bringing together the internal with the external understanding is absolutely essential to making spiritual progress along the path. The Third Principle indicates that *“the behavior of subatomic particles – indeed all particles and objects – is inextricably linked to the presence of an observer.”* According to Lanza, if an observer is absent the particles can only exist in an *“undetermined state of probability waves.”* The Management Realm, where all future events and action reside in potential alone, the Out-of-Body Traveler learns that all human interaction is a matter of probability determined by an intricate working of thought, word and deed which

resides in probability until the final coming together of all the elements coincide with an action manifesting upon the ground. In the Fourth Principle, Lanza says that *"Without consciousness, 'matter' dwells in an undetermined state of probability."* Out-of-Body Travel reveals to the traveler that 'consciousness' exists within all animate and inanimate life, and is the prime mover. The Fifth Principle indicates that *"Life creates the universe, not the other way around."* In essence, there is energy behind life. Behind life is consciousness. When consciousness emanates, all things within the world arise. Itzhak Bentov speaks of the same phenomena in his book, 'Stalking the Wild Pendulum,' 1988, *"We human beings consider ourselves to be made up of 'solid matter.' Actually, **the physical body is the end product, so to speak, of the subtle information fields,** which mold our physical body as well as all physical matter. These fields are holograms which change in time (and are) outside the reach of our normal senses. This is what clairvoyants perceive as colorful egg-shaped halos or auras surrounding our physical bodies."*

And finally, the Sixth Principle states that *"Time does not have a real existence outside of animal-sense perception. It is the process by which we perceive changes in the universe."* Awwwww, timelessness, the realm of the initiations into the mysteries.

When a soul leaves the third and fourth dimension, moves through the Astral Plane, they will soon enter into the world where time no longer exists. It exists only as a continuum upon which a soul may travel backwards, forwards or inbetween, to learn more about their own existence as a soul.

Many of the realities that human beings encounter and discover in the Out-of-Body Experiences, are contained within theories such as this and others which have arisen in science.

Out-of-Body Travelers will do all that those who have proceeded through the Astral Plane might do . . . but much more. Once a soul has accomplished travel to the Astral Plane and they are ready to ascend into a higher level beyond it, they might begin to see portals. There are many portals, not just one, that take you to indelible and infinite spheres of existence; past and future lifetimes, cities of light, realms of creation, the galactic heavens, rites of passage and initiations into the mysteries . . . and even through black holes and worm holes into other-dimensional realities of space beyond time. There are literally innumerable dimensions of space which travel into multiplicities of higher worlds, middle worlds and lower worlds beyond the time-space continuum. J. Al-Khalili, in his book, 'Black

Holes, Wormholes and Time Machines' says that, *"Some new, as yet untested, theories in physics suggested that there may be even more than four dimensions of space, all of which are beyond our grasp. Two theories currently in vogue, known as superstring theory and M-theory, suggest that our Universe actually contains nine, and ten, dimension of space (plus one of time), respectively."* The Out-of-Body Traveler quickly discovers that there are many dimensions within the multiverse, in fact an infinite number, leading to very different yet specific points of spiritual experience within those parameters.

It is in Out-of-Body Travel that you really begin to see the congruence of the Contact Modalities come together. All of these phenomena occur in the experiences themselves. But there is also a heightened state of psychical sensitivity which naturally amends from the progression of the travel. Many out-of-body travelers have also undergone near death experiences. All of the Transcendent Realities come to fruition in the Out-of-Body Experiencer as a soul regularly interacts with Spirits, Ghosts and Apparitions. Knowledge will be channeled through them from the Out-of-Body Travel state into the physical world below. After Death Communication is common, as is Mystical Meditation and Lucid Dreams. Many have Initiated Contact and there

are also some who have experienced such things through Hallucinogenic/Psychedelic Experiences. But this isn't necessary to achieve the end, as Out-of-Body Travel is a natural extension of our human potential and can be learned by many.

But first a soul must understand that they are moving from a three-dimensional universe into a vast multiverse or omniverse. Comprehending its purpose is essential in understanding the importance of the experience to those who find their way into it. Alfred Webre Lambremont, does a good job in summarizing the various branches of study into these potentials in his book, 'The Omniverse,' 2014, *"As a branch of philosophy and science, cosmology addresses the nature of the Omniverse, asking questions about the functions, components, and purpose of the Omniverse. Ontology, as a branch of philosophy, addresses issues of being, existence, and reality. As a discipline ontology grapples with the existence or nonexistence of entities such as intelligent civilizations in the Omniverse. Exopolitics develops typologies of intelligent civilizations in the dimensions and parallel universes of the physical universes of the multiverse in order to research, map, explain and understand the dynamics and interrelations of these intelligent civilizations."*

Out-of-Body Travelers are mapping out these worlds almost like modern-day Lewis and Clark's trying to map out the terrain of a terrific and unknown world filled with mystery, suspense, adventure and enlightenment. But from the standpoint of the traveler, the mystic, it is a different venture. The 15th century German, Nicholas of Cusa, spoke of an 'attracting wisdom' which led his way. *"He who seeks after wisdom with intellectual motion is already inwardly touched by the foretaste of the sweetness and its reception into the body renders the body almost incorporeal. The weight of no sensible thing can hold him down until he unites himself to the attracting wisdom, and this causes the soul to forsake the senses . . . For such a person it is sweetness to leave this world and this life in order the more readily to be carried into the wisdom of immortality."*

The hallmark of Out-of-Body Travel is the experience of moving from the Astral Plane to something higher. William Buhlman, in his book 'The Secret of the Soul,' shares such an experience of one of his readers as they crossed the threshold from astral to universal. *"I found myself next to my husband on what appeared to be a crystal cliff. There was a waterfall next to us that had diamonds flowing instead of water. I couldn't see a body on either of us, but I knew it was him. We grasped hands – or what my mind conceived as hands – and decided to jump to*

the next plane. We had jumped off this cliff before to explore other worlds We didn't speak to each other. We just knew what we were doing. As we jumped, there was a point where we realized that this jump was much longer than the others we had done. We continued to hold hands as he said affirmations and I prayed that we couldn't get hurt – which was weird, since we didn't have bodies. As we kept falling, we stopped being afraid and it started to become more and more fun. We rolled and tumbled in the air, laughing, and about twenty feet before we stopped, we slowed down and 'landed.' Although our perception of feet never felt the ground, we just stopped falling. There was a square, glasslike structure that house a guide – like a river guide or mountain guide – and we were so excited as we directed our thoughts to him: 'We just jumped 950 feet. It was so cool. We've never jumped 950 feet.' He acted like it was no big deal, like others did this all the time."

But this is just the beginning, as the soul has just embarked upon a journey into spiritual transformation unlike any other experienced within the human world. This journey will be a path of purification which takes the spirit through epochs of adventure and light into the darkest recesses of their soul. In order to do this, the soul will begin to undergo vibrational raisings which are an escalation and a tuning up of the vibrational state discussed earlier. The

purpose of these is to bring the soul into a higher, finer frequency of light. With each successive step upwards, the soul will drop off the dross of former false views and incorrect action and fine tune their sieve for the journey into higher spheres of existence.

Our physical existence is one of great density, and in order to travel to the realms of the spirit, we move through various envelopes which lead our spiritual bodies into a higher velocity of light. Ervin Laszlo, in his book 'Science and the Akashic Field: An Integral Theory of Everything,' explains how the 'Global Scaling Theory' demonstrates the amplification of vibrations to harness dimensional densities. *"Although much remains to be discovered about the quantum vacuum, it is already clear that it is a superdense cosmic medium. It carries light, and all the universal forces of nature. Pressure waves may propagate through it, traversing the universe from one end to the other . . . According to . . . 'global scaling theory,' the universe is dimensionally limited: on the lower end of the dimensional horizons, matter density is the greatest, and on the upper end it is the least. This is due to vacuum-based pressure waves . . . By means of resonance they amplify some vibrations and repress others; they are thus responsible for the distribution of matter throughout the cosmos."* Vibrational raisings

allow the soul to continue to accelerate into lesser densities to become compatible to higher dimensional travel.

Rainer Viehweger, in his book 'Understanding Global Scaling: Looking at the World with Fresh Eyes,' 2019, defines Global Scaling Theory by saying that it *"explains how this causal intelligence creates every structure in the universe, from the biggest galaxies to the tiniest particles. ... This allows the universe its harmonic nature and interconnectedness and explains the oneness and evolution of every process in the cosmos, including life."*

Out-of-Body Travel teaches us that there are an array of realms and dimensions. In order to better understand the journey to come, it is helpful to have a simplified map of the process. In my own experiences, I was shown a galactic map which was beautiful and intricate. Swirling and moving, I was told that this was 'The Universal Sphere of Realms.' But in order for me to understand with more ease, the map transformed into a series of concentric circles. The first and second circle from the center represented the lower realms, realms 1 and 2, the realms of dominant darkness and pure evil. The third and fourth circle from the center represented the middle spheres, the mortal realms, the human world, the realms where the battles between good and evil rage within

individual souls and all around them. These are the realms of purification, where souls incarnate to overcome those aspects within their understanding, action or relationships which are not in concert with 'love' which is the highest and finest vibration in the universe. 'Love' is God. And so, to reach the emanation of the divine, the soul must undergo a process to remove all aspects within them which are contrary to the Truth. By so doing, the soul becomes able to move ever closer to their goal, the beloved, God. The fifth circle and above represented the realms of light, quietly ascending into higher and finer fields of existence.

Pensatia, a Rosicrucian Mystic and Out-of-Body Experiencer in the 1960's, had this to say about that very journey in her book 'Journey into the Light: Volume II: *"At first the journey appears almost austere and forbidding. A great loneliness is apt to take hold of the beginner as he is tutored in a new dimension of thought and action. Yet also he feels, if sincere, the steadfast dedication to learn, dare and keep silent, and to lift his heart ever to the Most High Mountain on the Cosmic horizon. As esoteric joy and zeal ever stirs the student on the Path, he senses that through obedience and diligent toil in the crucibles, he will come out the true alchemist who turns all base matter into the pure essence of gold. Thus the looming hardships, the meeting and liberating of negative*

karma, the preparing for the Alchemical Marriage. All these degrees of initiation and areas of consciousness seemed only a blessed hand ever leading one upward to Cosmic fulfillment, so intimately does man and the Path become one and vice versa. One realizes by degrees the Path is the esoteric Cosmic pattern of man's divinity and earthly relation to nature. It is the divining rod which shows and develops man's inner attunement to higher dimensions." Rev. G. Vale Owen, who received psychographic messages from his deceased mother about her afterlife journey in the 1920's, wrote about the path of purification experienced out of body in his book 'Ministry of Heaven,' It is a sphere where some, nay many, stay long. It is a critical sphere where attunement has to be made in a man's various traits and all unharmony done away."

For those who find the idea that purification might be an unlikely purpose in Out-of-Body Experiences, it has been proposed by Michael Talbot, 'The Holographic Universe,' 2011, that studies have shown such correctional attributes to exist even in dreams. Psychiatrist, Montague Ullman, founder of the Dream Laboratory at the Maimonides Medical Center, shared his observations of this with Talbot. "Although Ullman believes such findings are evidence of the underlying state of interconnectedness . . . he feels that an even more profound example of

holographic wholeness can be found in another aspect of dreaming. That is the ability of our dreaming selves often to be far wiser than we ourselves are in our waking state. For instance, Ullman says that in his psychoanalytic practice he could have a patient who seemed completely unenlightened when he was awake – mean, selfish, arrogant, exploitative, and manipulative; a person who had fragmented and dehumanized all of his interpersonal relationships. But no matter how spiritually blind a person may be, or unwilling to recognize his or her own shortcomings, dreams invariably depict their failings honestly and contain metaphors that seem designed to prod him or her gently into a state of greater self-awareness. Moreover, such dreams were not one-time occurrences. During the course of his practice Ullman noticed that when one of his patients failed to recognize or accept some truth about himself, that truth would surface again and again in his dreams, in different metaphorical guises and linked with different related experiences from his past, but always in an apparent attempt to offer him new opportunities to come to terms with the truth.”

The reason behind this need is the fact that for those of us who inhabit the physical world will remain in an existence lying beneath a veil of illusion. Those who travel Out-of-Body will experience this first-hand as the seeming concrete nature of their existence on earth is slowly

disassembled and brought to its proper understanding. Adi Shankara, 8th Century Advaita Vedanta Indian Philosopher, spoke of Maya in this manner. *“Everything, from the intellect down to the gross physical body, is the effect of Maya (Illusion). Understand that all these and Maya itself are not the [absolute] self, and are therefore unreal, like a mirage in the desert”* Beyond this, the soul learns that their earthly existence is one of many manifestations of individuated existence, multiplicity, and that in order to reach the soul’s final summit, they must bring all these fragmentations back to the Source, back to a state of one. Shankara also said, *“Like ripples on the water, the worlds arise from, exist in, and dissolve into, the supreme Lord, who is the material cause and support of everything. The manifested world of plurality is superimposed upon the eternal, all-permeating Lord whose nature is Existence-Consciousness.”*

This manifested world of plurality is often revealed to the Out-of-Body Experiencer through various sojourns through time, into past lives; the purpose of which is to reveal to the traveler the habitual patterns of behavior in other existences. But this is not limited to the past, as the traveler will also enter into present and future lives along with parallel existences. If you think that is unlikely, listen to what Alfred Webre

Lambremont, author of 'The Omniverse,' has to say about the phenomenon. *"Teleportation and time travel can happen through naturally occurring stargates or interdimensional portals within both the exopolitical dimension (the multiverse) and the spiritual dimensions. Empirical studies show that, at bodily death in the time-space hologram, a human soul has the option of teleporting to a dimension within the spiritual dimensions called the afterlife (or interlife) through a natural dimensional portal from the time-space hologram in the exopolitical dimension to the interlife in the spiritual dimensions."* He goes on to share that not only is this possible in multidimensional realities, but there is evidence that it has been done in physical realities, as well. *"Teleportation and time travel in the time-space hologram can also occur with advanced technology. We now know from former chrononaut Andrew D. Basiago, a project whistle-blower, that the U.S. Department of Defense's Defense Advanced Research Project Agency's (DARPA) Project Pegasus had developed teleportation and time travel in the period 1969-1972. Project Pegasus was a secret scientific program within DARPA in liaison with the Central Intelligence Agency and under Department of Defense attache' Donald H. Rumsfeld of President Richard M. Nixon's cabinet. The program goals were to develop working applications for quantum access through time travel across multiple timelines to time-space coordinates in the past and the future, and through*

teleportation to multiple time-space coordinates along a single timeline. Mr. Basiago has revealed that between 1969 – 1972, as a child participant in Project Pegasus, he viewed past and future events through a device known as a chronovisor. In addition, he teleported back and forth across the country in vortal tunnels (time-space energy tunnel) opened in time-space via Tesla-based teleporters located at the Curtiss-Wright Aeronautical Company facility in Wood Ridge, NJ and at the Sandia National Laboratory in Sandia, NM. Secret U.S. government time-travel technology has generally been used for remote sensing in the time-space hologram.”

But it is this process which launches the soul towards the heightened peak experiences which are generated in Out-of-Body Experiences and lead the seeker to the sublime mysteries. As the famed 18th century Comte St. Germain stated, in his classic work ‘The Most Holy Trinosophia,’ “*You are about to penetrate into the sanctuary of the sublime sciences; my hand is about to raise for you the impenetrable veil which hides from the eyes of common men the tabernacle, the sanctuary wherein the Eternal has lodged the secrets . . . that they may SEE, and seeing, may soar after Him in the vast expanse of His Glory and deflect upon mankind one of the Rays that shine round about His golden Throne.”*

Farnese shares a fascinating understanding of this purification journey of the soul in a book he penned entitled 'A Wanderer in the Spirit Lands,' 1896. A. Farnese was contacted by the spirit of 'Franchezzo', who was a spirit on the other side. He had died several years prior and gone to the lower spheres of existence, but he had gone through many purification journeys which allowed him to move slowly upward through the lower realms and into the higher ones. When he had reached the crowning glory of purification and heaven itself, he was given a directive from above. It was of necessity that people on earth understand the nature of their journeying here down below. Like many of the greats in mystical history, he was asked to make known to the people on earth the purpose of their time in this dissonant world. He wasn't the first to be shown this, he would not be the last - but he is one of the lesser-known out-of-body travelers to have shared his traveling.

The message Farnese had received had been given to many before and would be given to many after him. He stood with some of the great mystical writers of all time; such as St. John of the Cross, St. Teresa of Avila and St. Catherine of Siena of Christian renown. Consider Rumi, Hafiz, Imam Ghazzali, Hafiz and Kabir of Sufi Islam, Sri

Ramakrishna, Shirdi Sai Baba, Swami Vivekananda and Paramahansa Yogananda of Hinduism, or Moses Maimonedes, Rabbi Moshe Chayyim Luzzatto and the Chofetz Chaim of Judaism. Don't think lightly of Baha'u'llah of the Baha'i faith or the medicine people of tribal religions worldwide who had spoken of such matters since the dawn of stone age religion. Similarly, there is Lao Tzu, Lin Ji, the Dalai Lama's, Zen Master Dogen, Vimalakurti and Earth Store Bodhisattva of Buddhism.

But it would be the Buddhist Earth Store Bodhisattva, also known as Ksitigarbha, who shared the most similarity with this unique mission given. Earth Store Bodhisattva penned the 'Sutra of the Past Vows of Earth Store Bodhisattva,' and was purportedly appointed by Shakyamuni Buddha himself to liberate the souls in the lower spheres. Ksitigarbha is known to have said, *"If the hell is not empty, I will not attain Buddhahood."* This was very true to form as he was a bodhisattva. In the bodhisattva vow, souls promise not to leave the earth spheres until all souls have been liberated from falsehood, illusion and material existence. Despite the fact that many have attained to a higher station and of their nature could attain to a higher realm, they choose to remain behind to teach, guide and liberate

those remaining behind on the path to enlightenment. Earth Store Bodhisattva said, *“I teach and transform obstinate beings such as these . . . causing their minds to be regulated and subdued so they renounce the deviant and return to the proper.”*

The Son of Heaven in Buddhist Folklore, Yama, spoke of Earth Store Bodhisattva to Shakyamuni Buddha. He stated, *“World Honored One, as I contemplate, I see that Earth Store Bodhisattva uses hundreds of thousands of expedient devices to cross over living beings who suffer for their offenses . . . I see that he does so without the least fatigue or weariness. This great Bodhisattva has inconceivable spiritual penetrations that enable living beings to obtain release from retribution for their offenses.”* Yama’s observations were followed by a disappointed expression of the fact that despite all of this, many of those who received his help still fell back into their old ways. This is important in understanding the mission of Earth Store Bodhisattva and A. Farnese.

In my own experience, my spirit was taken into the lower spheres to be trained in similar ways. And the purpose of my training was to prepare me for a task involving souls in lower realms who needed assistance. A simplified understanding of the process would simply indicate that aid would be given in terms of understanding, energetic

alteration and/or assistance in moving to the next sphere above the souls' previous level of attainment. I wrote about this in my book, 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism,' 2003. Along the way, I learned something magnificent about our Universe, about God. The singular moment when a soul cries out for help, it is sent. There is not one moment of delay. What a merciful and grand gesture.

We see this also in the annals of Near Death Experiences wherein souls who reportedly went to lower spheres in the first portion of their experiences almost unanimously report that the moment they fell on their knees to pray, God appeared or sent someone else immediately to help them. Many times, they are subsequently taken into the heavens and shown alternative paths they might consider after they are returned to their lives below.

And for those struggling with the concept that there are lower worlds and even hells to consider within the cosmic spectrum of life, understand it in this manner. Just as beings of higher magnitude and attainment than ourselves reach down to teach us, to assist our ascension into higher states of understanding, attainment and evolution; so, too, are some of us called to assist

souls in lower levels of understanding, attainment and evolution. It would be short-sighted to think that we as human beings reside at the highest level of evolution. It would be just as short sighted to believe that we as human beings reside at the lowest level of evolution, as well. We are in the middle worlds, there are higher worlds above us and lower worlds beneath us. In coming to terms with this concept, all you must consider is that the universe is a constantly moving evolution of many souls in formation, all at different levels of spiritual conception and attainment. We are not the highest, we are not the lowest.

One of the first things taught to me in the Out-of-Body Travel journey is that it is required of us as we receive of the spiritual gifts given to us from above, that we give back to creation that which creation gives to us. And we do this by offering assistance, if called to do so, to souls both on earth and in lower spheres of existence in their seeking. I wrote about this in my book, 'Heaven, Hell and Purgatory: The Mystic Knowledge Series,' 2007.

So, we return to A. Farnese as he shares Franchezzo's profound Out-of-Body Experience. In this moment, he stands with all the greats from time immemorial who have crossed over the threshold of the earthly pursuit into the realm of

attainment. Franchezzo says, *"I was lying on the couch in my room and had awakened from a long slumber. I was watching, as I often did, those two most beautiful figures of my guardian angels, and seeing fresh beauties, fresh meanings in their faces and their attitudes every time I looked at them, when I became conscious that my Eastern guide, Ahrinziman, in his far-off sphere was seeking to communicate with me. I therefore allowed myself to become perfectly passive and soon felt a great cloud of light of a dazzling white misty substance surrounding me. It seemed to shut out the walls of my room and everything from me. Then my soul seemed to arise from my spirit body and float away, leaving my spirit envelope lying on the couch. I appeared to pass upwards and still upwards, as though the will of my powerful guide was summoning me to him, and I floated on and on with a sense of lightness which even as a spirit I had never felt before. At last, I alighted upon the summit of a high mountain, from which I could behold the earth and its lower and higher spheres revolving below me. I also saw that sphere which was my home, but it appeared to lie far below the height upon which I stood. Beside me was Ahrinziman, and . . . I heard his voice speaking to me and saying: 'Behold, son of my adoption, the new path in which I would have you labor. Behold earth and her attendant spheres, and see how important to her welfare is this work in which I would have you to take part. See now the value of the power you have gained in your journey to the Kingdoms of Hell, since*

it will enable you to become one of the great army who daily and hourly protect mortal men from the assaults of Hell's inhabitants. Behold this panorama of the spheres and learn how you can assist in a work as mighty as the spheres themselves.' I looked to where he pointed, and I beheld the circling belt of the great earth plane, its magnetic currents like the ebb and flow of an ocean tide, bearing on their waves countless millions upon millions of spirits. I saw all those strange elemental astral forms, some grotesque, some hideous, some beautiful. I saw also the earth-bound spirits of men and women still tied by their gross pleasures or their sinful lives, many of them using the organisms of mortals to gratify their degraded cravings. I beheld these and kindred mysteries of the earth plane, and I likewise beheld sweeping up from the dark spheres below waves of dark and awful beings, ten times more deadly unto man in their influence over him than those dark spirits of the earth plane. I saw these darker beings crowd around man and cluster thickly near him, and where they gathered they shut out the brightness of the spiritual sun whose rays shine down upon the earth continually. They shut out this light, with the dark mass of their own cruel evil thoughts, and where this cloud rested there came murder and robbery; and cruelty and lust, and every kind of oppression were in their train, and death and sorrow followed them. Wherever man had cast aside from him the restraints of his conscience and had given way to greed and selfishness, and pride and ambition, there

did these dark beings gather, shutting out the light of truth with their dark bodies . . . Then I beheld a glorious dazzling light as of a sun in splendor, shining as no mortal eye ever saw the sun shine on earth. And its rays dispelled the clouds of darkness and sorrow, and I heard a glorious strain of music from the celestial spheres, and I thought surely now man will hear this music and see this light and be comforted. But they could not - - their ears were closed by the false ideas they had gathered, and the dust and dross of earth clogged their spirits and made their eyes blind to the glorious light which shone for them in vain . . . Then I beheld other mortals whose spiritual sight was partly unveiled and whose ears were not quite deaf, and they spoke of the spirit world and its wondrous beauties. They felt great thoughts and put them into the language of earth. They heard the wondrous music and tried to give it expression. They saw lovely visions and tried to paint them . . . and their words and their music and their pictures all helped to raise men's souls nearer to the God who gave that soul - - for all that is highest and purest and best comes from the inspiration of the spirit world."

And then something wonderful happens. Franchezzo is now witnessing in his Out-of-Body Experience something which turns the world on its axis. In this short paragraph, Franchezzo shares what his spiritual teacher, Ahrinziman, teaches him about the destiny of souls. It is

simple yet far reaching; poignant, yet bold. But most of all, it simplifies for us the purpose of these Out-of-Body Experiences. They are not for mere fancy, for psychic entertainments or for amusement; they are for the instruction of the soul. They are to guide and light the way for souls to attain to the purpose of their incarnation into these here middle worlds. Franchezzo shares, *“My vision of the earth and its surroundings faded away, and in its stead I beheld one star shining above me with a pure silver light. And its ray fell like a thin thread of silver upon the earth. Ahrinziman said to me: ‘Behold the star of . . . earthly destiny, how clear and pure it shines, and know, oh! Beloved pupil, that for each soul born upon earth there shines in the spiritual heavens such a star whose path is marked out when the soul is born; a path it must follow to the end . . . The great events of the earth life are fixed, they will inevitably be encountered at certain periods of the earthly existence, and they are such events as those wise guardians of the angelic spheres deem to be calculated to develop and educate that soul; how these events will affect the life of each soul – whether they shall be the turning point for good or ill, for happiness or for sorrow – rests with the soul itself, and this is the prerogative of free will . . . But to return to that star – not that while the mortal follows the destined path with earnest endeavor to do right in all things, while the soul is pure and the thoughts unselfish, then does that star shine out with a clear unsullied ray, and light*

the pathway of the soul. The light of this star comes from the soul and is the reflection of its purity. If, then, the soul cease to be pure, if it develop its lower instead of its higher attributes, the star of that soul's destiny will grow pale and faint, the light flickering like some will-o'-the-wisp hovering over a dark morass; no longer will it shine as a clear beacon of the soul; and at last, if the soul become very evil, the light of the star will die out and expire, to shine no more upon it's earthly path. It is by watching these spiritual stars and tracing the path marked out for them in the spiritual heavens, that spirit seers are able to foretell the fate of each soul, and from the light given by the star to say whether the life of the soul is good or evil . . . ' He ceased speaking and my soul seemed to sink down and down till I reached the spirit body I had left lying on my couch, and for a brief moment as I re-entered it I lost consciousness; then I awoke to find myself in my own room, with those beautiful white angels hovering over me, symbols . . . of eternal protection and love."

Continuing to stand with the great spiritual writers of all time, Farnese has been given a key, a timeless thread of simple wisdom from which he is to guide the human race to the achievement of their own liberation. But how is a soul to discern the way now that he has grasped the essence of his task? Well, many Out-of-Body Experiencers are led to those who have come before, and by their words and example their

spirit is guided aright. This elevates the Out-of-Body Experience to its highest expression by merging the great teachings left behind, with the teachings which come in vibration, frequency and energy from above.

Look at the Ancient Sacred Texts as a series of steps, each book a single step on the stairway to heaven. If we are to understand God, then we must seek out his friends. And his friends are the prophets, saints, mystics, sages, ascetics, medicine men and others who have gone before. Each one contains their own revelation, because the knowledge of who God is cannot be contained in a singular flask. So, He reveals aspects of Himself to the many who seek him, and they leave behind the knowledge they have obtained of him in ancient sacred texts. But there is something else they leave behind in those texts which is of immeasurable value to us. The writings contain within them the final secrets obtained by those great souls who transcended the earth plane and left here for the last time; they graduated, they ascended into higher spheres. They were done here. How could we not want to know what they have to tell us?

In 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism,' 2003, I wrote that early on in my Out-of-Body Travels,

Jesus and the Buddha came to me and said, 'Retrieve the Ancient Sacred Texts.' This began a lifelong search for all the writings of the prophets, saints, mystics, sages and ascetics in all world religions, traditions, cultures and tribal traditions that continues to this day and fuels much of my own research. We find that this directive to seek out the truth hidden in the words left behind by those who have ascended this realm is not uncommon. The High Watch Fellowship, an organization which has taken on the task of preserving the writings of Emma Curtis Hopkins, indicate that she had a similar experience in the Introduction to her book 'High Mysticism.' Of her work, they say, *"She re-states the teachings of the 'Sages of the Ages' in a clear, simple fashion. She points out the method whereby the earnest student may find God in the inmost sanctuary of his being . . . She tells us that, 'The Sacred Books of all ages mention three Sciences: Material, Mental, Mystical. Material Science declares laws that are sure: as iron sharpeneth iron, and hydrogen and oxygen clashing together fall into thirst quenching water. The Sacred Books proclaim a Mental Science to which the world can subscribe, as, 'All that we are is made up of our thought.' Mystical Science announces the miracles of 'Predicateless Being,' setting the ways of matter at nought, and nullifying the thoughts of the mind . . . Mystical Science is the chalice of golden wine*

passed along to the sons of men by John's angels of the Apocalypse. It is a new song for the heart of the children of the New Age. The Mystical Science is the oldest Science in the world. It concerns that swift, subtle faculty possessed by us all, whereby we look whithersoever we will; to the Deity ever beholding us, or to the dust beneath, without the aid of our physical eyes.'"

Modern Out-of-Body Traveler, Paul Elder, was shown something quite similar by a spiritual teacher named Meldor in an Out-of-Body Experience related in his book 'Eyes of an Angel,'

"Silently we waited in the darkness. After two or three minutes passed with agonizing apprehension, I began to feel a warm tingling sensation in the center of my chest. Ever so slowly the sensation grew stronger and stronger until every particle of my being was vibration with overwhelming emotion. And then it appeared – a blinding white light, radiating energy from its center, growing in intensity as it approached. I could not even begin to grasp the size or magnitude of this light-being as it moved slowly by. My sense of relative space seemed inadequate and delusional. My perception reaching overload, I closed my eyes . . . Eyes closed, my consciousness was flooded with a wonderful feeling of tenderness and love. All tension and uncertainty drifted away, leaving me with a peaceful, undisturbed clarity of mind. It seemed as if I had been reduced to a state of childlike trust and wonder. It was simply

blissful. Loved and accepted, I wanted nothing more than to become one with this vibration. As I floated in euphoria, a sudden surge of vibration forced me to open my eyes. To my astonishment, the likeness of Jesus Christ materialized before me. Obviously choosing to appear in a form I would recognize . . . His eyes beaming the very essence of love, he quietly smiled in acknowledgement and then faded into darkness . . . 'A powerful presence, don't you think?' Meldor's voice cut the silence. 'Wow,' I exclaimed, 'That was incredible . . . ' 'As you can see,' Meldor continued, 'the energy of a perfect light-being is awesome to behold. Because of their pervasive power, these deities are able to break through to the despondent consciousness of the souls in this realm when they are finally ready for healing.' As Meldor spoke, I wondered if other beings of the stature of Christ visited this plane. 'Yes, most certainly,' Meldor answered. 'Having been raised in the Christian faith, you are naturally more familiar with the Christ Consciousness. There are, however, many other perfected light-beings that assist the souls in this level. Due to their perceived affiliation with major Earth religions, the better-known deities and masters such as Muhammad, the Buddha, Krishna, and Christ undoubtedly spend more time in this realm. These perfected souls continue to be guiding lights as they were during their Earthly incarnations. Considering the awesome power and awareness they possess, it was with great sacrifice and love that they voluntarily

*reincarnated into the gross vibration of the physical form, entirely for the benefit of humanity. Even though man has misconstrued their messages . . . these Masters are one and the same in **The All** . . . God is not Catholic or Muslim or Hindu . . . Within **The All** there is only one universal precept, and that is **love**."*

Pensatia spoke well of the higher attainments which occur beyond this stage in Out-of-Body Experiences. In 'The High Mountain', 1978, she says, "Through patient waiting, suddenly breaks forth the lifting of one's consciousness to . . . the Mountain Celestial. So waiting, praying, meditating now in Cathedral of the Soul, absorbing the overall synthesis of all gone before, I felt the incentive of the twelfth step ever pulling my Heart upward. Regardless of the peace and beneficence of this vaulted temple within, the realization came that high guidance and inspiration was its purpose. Yet it was the mandate: to leave this sanctuary of cool rest, and travel outward and upward, sharing and giving that learned along the Way. Else we obey, our worship is empty, and only the Cross heavy upon us. One thing is certain, the real Church is within the Heart's center. There, it looms high in the Gothic structure not made with hands, but the luminous heartbeat of the Father-Mother, God of all peoples. There are no dogmas, no segregation of races, no code of earthly wealth. All who seek God, the opening of the Lotus, the sipping of the Holy Grail, will find entrance to the Cosmic

Cathedral. This is the infallible Cosmic Law. Within man himself is the Holy Temple of Isis and the Rose of Life. Therein the disciple daily regenerates his outer body, and sips of the Elixir. Going out into the wide world he wishes for Humanity's good the Magic Stone. Yes, here . . . I would abide in the blessing of Cosmic Cathedral. God grant me, and all, enlightenment and renewal of body and mind that 'The High Mountain' be completed."

In my own experience, I ascended to this mountain top in an Out-of-Body Experience which took me to the throne room of God. I wrote in 'The Solitary Series: A Trilogy in One Volume' 2014, "*Beyond the current of the winds, was a continual vibration which was leading me forward into the clear and still waters of a silent emanation, a silent abode. Whizzing by beyond the speed of light, my spirit was literally running through the aeons, granting the universal stanzas of God to depart from my flesh all wayward or organic diametrical opposition. And then suddenly, my spirit stopped . . . Before me was a quiet and eternal abode. The light radiated from every pore of what appeared as a transcendent and translucent tabernacle. It was not physical nor ethereal . . . it was like a sudden manifestation that appears when and where it pleases in its immanence and self-producing proclivities. Instantly, my silent spirit was thrust to its knees as I bowed down in honor before the iridescent throne room*

of God. And as quickly as I had bowed, my spirit was transported into the huge vestige that bore no true definition and no intrinsic location. It seemed only that the throne room was revealed to the inner man when the interior sanctuary was ready to observe it. Within the confines of the throne room, God's presence was absolutely felt encompassing, overwhelming, embracing and loving my entire spirit. But I could not see an intelligible being, nor did I see a throne. The room was empty sans for a large open window which opened itself to the universal spheres and aeons, although there was an enclosed nature about it. For hours, I just kneeled and soaked in the energy of God in all his blissful malaise. The light entered into my spirit in a manner unlike any other because it entered in every way, through every sense, through every location of the spiritual body, through every emotion, through every serene thought . . . and it came a strong but steady paternal vibration. Glazing into the vibration was blissful beyond words. All things seemed very simple here, there was a great deal of compassion from God for all His creation, but it was a completely detached and functional compassion. The window began to operate with extreme ferocity . . . my soul watched as it began to open up to the many aeons of existence within God's holy universes and worlds. And as it did, it was my task to simply emanate. Hundreds of situations appeared. The first one involved a young woman whose heart had been broken, and I began to emanate energy to her from my hands,

*from my third eye, my crown chakra and from my entire being. As I did so, the energies dissipated from myself and encompassed her with forward moving thrust. Hundreds of images came across my vision from many periods of time, many places across the universal spheres, from many worlds . . . and I continued to emanate this holy and compassionate energy, but also remained completely detached as I'd observed the energy of the throne room itself in each and every situation, no matter the seriousness of the suffering. Hours passed as hundreds more situations appeared before me; wars, famines, victims of horrific crimes . . . and as these progressed, the emanations continued to come from myself but they began to expand. As the situations became more and more brutal, more and more difficult to alter . . . the Lord God allowed me to sweep my arms throughout the throne room and direct the energies from His room directly towards the situations at hand. The energies in the throne room were now moving very specifically towards those in total despair and the movement of these powerful winds towards those in grave suffering also caused a momentary detachment on their own part . . . allowing for a thrust of knowledge to enter within them; to give them light and peace, and to enable them to receive input and thrust from God Himself to know to whence they should go from here. It was beyond words, but God had the capacity for true and deep compassion with a form of detachment which allowed for creation to **move**. And that's what I*

learned from being in the throne room; to emanate with compassion yet detachment in order that the energies you are required to carry and deliver to others may bear fruit. Although my time in the throne room had lasted many, many hours, I asked the Lord God a total of nine times if He would prolong my stay. And to each question, He answered yes. And thus it was that I stayed in the throne room for many, many hours."

As the Out-of-Body Experiencer ascends to this stage, the ever-present reality of the Angelic and other Hierarchies become more intimate. As mentioned before, many Out-of-Body Travelers will have contact with angelic hierarchies and even with many races of extraterrestrial beings. This is possible because the spirits of human beings inhabit the same heavens as do those of extraterrestrials after they complete their embodiments in their own worlds.

Hierarchies

A. Extraterrestrials

In my own experience, I've had contact with souls who reside in fifth-dimensional reality on Venus and Mars. My journeys have been extensive in relation to the **Pleiadeans, Alpha Centaurians** and **Arcturians**.

Barbara Marciniak, Author of 'Bringers of the Dawn: Teachings of the Pleiadians,' indicates that the **Pleiadians** are multidimensional spiritual beings that form a collective and their purpose is to assist the human race in spiritual transformation. This would coincide with my own experience of them. In my book, 'Prelude to a Dream,' I shared a description given to me by a Pleiadian being about their world which stated, "*Wonders of love are displayed on our skies. Our Pleiadian star, glowing brighter than any in our sky, sings the tone of tranquil love. It is a harmony that transcends time, space and illusion. Our constant star specter guides many to the shores of our worlds, glimmering at all who seek to find true love. Love is displayed in our emerald cities as a spectral light beaming forth through the receptacle monuments of crystal, amethyst and gold. Our poets and musicians, through their mastery of the seven tones, create symphonies of sound, color and light and our world pours forth to the senses the dynamics of the highest expressive love. We encompass all that is beauty and love, and the passion of the planets fuels our ever-spiraling ascent into expansive tones which envelope the soul in a gentility of bliss towards all life, and a wonderment which expresses the mystery of God.*" Also in 'Prelude to a Dream,' I shared that the **Alpha Centaurians** shared with me that they "*come from a completely telepathic race.*" They had come to help us open our telepathy. Wayne D.

Brewer in his book, 'How Arcturians are Healing the Planet Earth: One Soul or Millions at a Time,' said that the **Arcturians** have come to *"communicate and work with any soul who aspires to journey with them to a higher level of consciousness."* The **Arcturians** are sometimes associated with the **Tall Whites**, but others have seen them with bluish skin. There may be more than one race coming from Arcturus as the Tall Whites seem to have a more nefarious reputation and have been hailed as being involved in behind the scenes workings of governments on the earth.

My deepest and most cherished experiences occurred with **two very different and separate extraterrestrial races** of such a high frequential nature, I cannot quantify them, and they never told me from where they were from. But I traveled far into the first race's world beyond all time and space and experienced a civilization beyond all of our imaginings, living in such a heightened state of the vibration of 'love', that we cannot even fathom it. The second race I call '**The Tibetans**' simply because they expressed that the souls in Tibet are more able to receive energetic impetus from them, and thus, they work more with them than any other location on earth. All of these are extraterrestrial races I have been made to know work to aid in the evolutionary thrust of

the human species, and I've been honored to witness it over the years in grand array. In 'Real Alien Worlds: A Brief Encyclopedia by David McCready, 2016, the author notes of a race of extraterrestrials that he calls **Star Children** who bear a strong similarity to that which I'd experienced. About the **Star Children**, he says, *"To set the context; in the universe where human beings are to be found there is a great deal of emphasis on individuality. Nearly everything you encounter tends to appear to be a person of some sort. Most energy forms tend to have some sort of physical appearance when you try to perceive them, even when in reality they have no such form. Similarly, as described, this universe applies a tremendous focus on outcomes and achievement. The Star Children's principle universe is one where there is a very deep understanding of everything. This is achieved by emphasizing the connections between everything and how everything interacts . . . Entering this universe can be disconcerting in that everything initially appears more energized and thus relatively less physical. This is because the parallel dimensions are relatively closer, and the overall dimensions relatively higher. The effect is that you will be more aware of the energetic templates which define all physical matter and events. Thus physical things can appear blurred by the energies surrounding them."* McCready also noted the vibrational distinctions of these extraterrestrial beings which others have

experienced. He says, *“To enter this universe smoothly you need to allow your aura to be larger and similarly connect with everything around you. A failure to do so will disturb your human body . . . As ever, the more you are guided there by some of the residents, the easier everything becomes. Multiple attempts are often required before a human consciousness gets to grips with the differences.”* and *“Star Children have a high awareness of the super-consciousness, so experience less contrast. The flip side of this is that when they explore the universe humans experience, they have a useful new perspective stemming from the greater contrast they experience when compared to their home universe.”*

I’ve seen the **Grey’s**, also known as the **Zeda Reticuli**, and have been shown other races who are more similar to the human race, in that they contain elements of both good and evil and don’t necessarily have our best interests at heart. David McCready, in ‘Real Alien Worlds: A Brief Encyclopedia’ says about the **Grey’s**, *“When a human has repeated interactions with Greys, a soul link is invariably the cause. Small Greys often astrally visit people with whom they have soul links, running a variety of experiments without the need for physical connection. Human beings with such Grey friends often experience repeated out-of-body abductions as part of these experiments.”* The great UFO Researcher, Jacque Vallee, also noted as early as

1975 that much of the evidence is pointing to communion of contact between physical and spiritual means. In his book, 'The Invisible College: What a Group of Scientists has Discovered about UFO Influencers on the Human Race,' 1975, he makes this observation. *"The problem before us now is this: If the reality behind the UFO phenomenon is both physical and psychic in nature, and if it manipulates space and time in ways our scientific concepts are inadequate to describe, is there any reason for its effects to be limited to our culture or to our generation? We have already established that no country has had the special privilege of these manifestations . . . If the UFO phenomenon is not tied to social conditions specific to our time, or to technological achievements . . . then it may represent a universal fact. It may have been with us, in one form or another, as long as the human race has existed on this planet."* McCready takes this concept further by explaining that there is a continual overlap between our world and other worlds, and this co-existence presents many possibilities and realities regarding alien life. He stated, *"It may come as a surprise to many people that there are alien cities and populations already well-established on Earth. This is because alternative dimensions can co-exist in the same place. Thus, at higher dimensions, there is an abundance of future humans and aliens already living upon the Earth."*

It is not uncommon to find that those who have enhanced psychic faculties or other paranormal gifts have had experiences with inhabitants of other worlds and extraterrestrials. Jacque Vallee noted that famed psychic, Uri Geller, who also worked very closely with people who formulated the process of Remote Viewing, began having such experiences when he was a very small child. He shared Geller's experience in 'The Invisible College. *"Geller recalled his early experiences with UFO's as a child. At the age of three, as he was playing in a garden in Tel Aviv, he saw a large shining bowl-shaped light in the sky above him, on December 25, 1949. And there was a huge, very bright shining figure in the garden: 'The shining figure had no face that could be seen, only a radiant countenance. Uri gazed at this radiance in total hypnotism. Then he became aware of arms slowly moving out from the side of the body of the radiance. The arms were raised over the 'head of the radiance, and then Uri saw that held between his hands was the sun. It was so blazing in its brightness that Uri passed out from the power of its rays, with the pain of blindness."*

But in the annals of Ufology, there are many other races that have been experienced by many. According to Patrick Huyghe, author of 'The Field Guide to Extraterrestrials: A Complete Overview of Alien Lifeforms - Based on Actual Accounts and Sightings,' in the **Humanoid**

category alone, there are at least 24 different types of beings encountered around the world. As for animalian species, there are up to 13 different species including but not limited to: **Sasquatch** like beings which programs on recent television shows on the subject have referred to as interdimensional pranksters. **Reptilians**, who are often seen as conscienceless creatures who wish to enslave the minds of humanity. **Amphibious** extraterrestrials who are described as being half human and half fish and have been associated with the star system, Sirius. In the time of the sixth Babylonian King, it is theorized that Hammurabi may have been receiving instructions from someone referred to as the God, Dagon, who is inferred to possibly have been an Amphibious alien from Sirius B. **Insectoids** like the **Mantids** who tend to immediately cause total paralysis when they arrive to the souls who see them. They commonly show their abductees holographic visions of the future destruction of the Earth if humans don't change their ways. The **Blue Avians**, who according to Corey Goode, the primary contactee of the Sphere Alliance, are here to aid humanity in the ascension process.

There are another whole series of **Robotic** forms of life, along with odd sightings of **Brain Beings**.

Ann Druffel witnessed *'two bluish brainlike'* beings. D. Scott Rogo reported on the incident in a book entitled, *'Encounter on Dapple Gray Lane.'* In *'Real Alien Worlds: A Brief Encyclopedia'* by David McCready, 2016, McCready notes about the **Robotic** forms of life that *"Most advanced species are inclined to employ robotic devices, for example, for data gathering. Thus, alien robot encounters are quite common. Very small alien spacecraft are more likely to be robotic or mechanoid devices than piloted by small aliens."* He also makes mention of the **Brain Beings** phenomena reported by Ann Druffel and others. McCready states that *"Mechanoids (are a) mechanical device controlled by an integral organic brain."*

Many others have reported seeing what are called the **Nordics** but sometimes called the **Space Brothers**, unusually tall beings with blonde hair and blue eyes. These are sometimes associated with the **Plejarens**, who were formally known as the **Pleiadeans**. McCready says that *"Nordics have access to an expansive universe or universes, so the Earth is merely one destination. At higher dimensions, it is one of their outposts or homes. So visitation may only involve dropping down to the lower level."* There are also **Agarthans** from Agartha, who purport to be concerned with the flowering of human consciousness towards

ascension and a heightened spiritual evolutionary expression. Although the **Zeda Reticuli** purport to be from the planet by the same name in the Andromedan galaxy, there is another race of **Andromedans** whose purpose is to remove the presence of any hostile extraterrestrial races upon the earth. **Sirians** are perceived to be warriors, peacekeepers and guardians, whereas, the **Ashtar Command** is most prominently represented by George Van Tassell who, in 1947, moved to the Mojave Desert and founded a UFO Center. Speaking for Ashtar Sheran, George said that they had come to assist human beings in tapping into the Universal Mind of God. Ashtar also said that Jesus had come from outer space.

But he is not the only one to claim this. Eduardo Albert Meier a.k.a. Billy, one of the most famous contactees of the 20th Century, in a text entitled the 'Talmud of Immanuel', made similar assertions. Billy Meier stated that he had discovered a series of ancient Aramaic texts in 1963 purportedly written by Judas Iscariot. He found them *"in the form of scrolls encased in preservative resin, after a Greek Catholic priest by the name of Isa Rashid discovered the actual burial cave of Immanuel . . . Written in the literary language of Old Aramaic, the document was buried under a flat rock in the tomb."* The text states that Mary was

impregnated by the celestial son, Rasiel also known to us as Gabriel, who was the 'guardian angel of the secret' from the Pleiades. In the text, in a text entitled 'The Secret of Immanuel,' Jesus relates a journey to the celestial spheres, *"In the palace of god there appeared to Immanuel two very tall men, the likes of which he had never seen on earth. Their faces shone like the sun, and their eyes looked like burning torches. Out of their mouths issued fire. Their clothing resembled a covering of foam, and their arms were like golden wings. They lived in their own world, because the air of this earthly world would have killed them. These two men from the constellation of the seven stars The Pleiades were venerable teachers and were together with two smaller men who said that they were from Baawi. They said, 'People have come from the heavens to earth, and other people have been lifted from earth into the heavens, and the people coming from the heavens remained on earth a long time and have created the intelligent human races. Behold, humans begotten by the celestial sons were different in a specific way from other people on earth. They were not like Earth humans, but like the children of the celestial angels, a different kind . . . Their bodies were white as snow and red as the rose blossom, their hair at the top of the head white as wool and their eyes beautiful . . . 'The human races will now retain their inherited beauty and propagate it further . . . Immanuel, you are in on the secret, begotten from among our ranks by a celestial son. With your*

knowledge you will make the impossible possible and accomplish things that the human races will attest to as miracles. You know the power of the spirit, but beware of abusing it. 'Your own wisdom and knowledge obtained through us will contribute to the well-being of the human races, though the road leading thereto will be very difficult for them and you . . . 'Notwithstanding, fulfill your mission as the king of wisdom, as the son of Gabriel, the celestial son. In the name of god the law was issued to create you so that you may serve as prophet and pioneer of wisdom for these human races . . . 'Not until the time of space-traveling machines will the truth break through . . . "

This concept is not unknown in mystical or paranormal circles wherein it is perceived that Jesus brought in 'a new pattern' of existence which was not possible before his incarnation into the human flask. By incarnating a higher essence, a higher frequency and vibration of something not yet attainable in human flesh, he made possible a higher thrust from more significant worlds.

Meier shares other messages from the Pleiadeans regarding the purpose of our human existence which coincides with what Out-of-Body Travelers and Mystics alike have been receiving in their experiences. Maurice Osborn, in 'The Essence of the Notes,' a summarized one-volume

work of the exhaustive 'Contact Notes of Billy Meier,' 2009, Billy shares the greater purpose of the contact between our worlds according to the Pleiadeans, *"The visible universe, with which humanity occupies, is only a small spot in this marvelous, unlimited spiritual existence of the Creation. There are millions of universes like this one within the infinite spiritual existence of the Creation. What is visible for the physical eyes of humanity represents only a little jot in infinity. What is not visible to the eyes is immeasurable, unconceivable, and unthinkable for the non-spiritual human intelligence of limited capacity. This universe is only one of many universes in universes, opposite to universes, and around universes within the original, powerful, and all-creating spiritual intelligence of existence of the Creation. With this huge spirit and these original forces of existence of the Creation, the spiritual intelligence is connected to humanity because this spiritual intelligence of Creation lives as the spirit in human beings and enlivens them."*

But this is likely just the tip of the iceberg. In my own experiences, I have attended **Galactic Councils** wherein hundreds of beings are present from just as many different races. Many others have also reported experiences with **Galactic Councils, Guardian Alliances**, and other similar gatherings of extraterrestrial races. Vallee shares Mrs. Swan's experiences with a group known as

the **Universal Association of Planets**, “The next day Commander Curtis and Colonel Friend went to the office where the file of the contact case was kept. The documents contained in that file showed that Mrs. Swan had been in communication with the following entities: AFFA from Uranus, Crill, from Jupiter, ALOMAR from Mercury, PONNAR also from Mercury, Ankar from the constellation Centaurus. What impressed the investigators was the fact that through these contacts the woman had been able to answer questions that appeared to be beyond her education and technical knowledge . . . The documents in that file gave information on the entities that were responsible for the contact. There existed it seemed, a certain organization called OEEU, meaning ‘**Universal Association of Planets**,’ and that organization had a project called EU or EREVZA, which meant ‘Earth.’” Anna Hayes, another experiencer of extensive otherworldly contact, in her book, ‘Voyagers: The Secrets of Amenti, Volume II, 1999, “The **Guardian Alliance** is an immense group of beings residing within a myriad of dimensional locations within the Space-Time Matrix. It assists in the evolution, harmonization, and integration of countless cultures within the Cosmos, including Earth.” She goes on to say, “Each planet and person is connected to each of the seven lower-dimensional fields by a minute crystalline pattern of frequency that represents one-dimensional level of the personal or planetary morphogenetic field. This

minute-crystalline structure is called a Morphonetic Seed Crystal; it serves to keep the multidimensional aspects of the identity connected to each other and to the primary morphogenetic imprint within the D-8 Meta-galactic Core. There are 15 Morphogenetic Seed Crystals within the morphogenetic structure of a planet of or person, one corresponding to each of the 15 dimensions."

Jacque Vallee, in 'The Invisible College,' noted an experience had by a certain Mrs. Keech. It seems even then, people around the world were speaking with various forms of **Galactic Alliance**. Vallee shared, "*The cast of light you see in the southern sky is of our direction and is pulsating with a turning, spinning motion of the craft.*' Communication from the Guardians to Mrs. Keech, quoted in 'When Prophecy Fails by Festinger, et al.'" But Vallee also noted that famed psychic, Uri Geller, also received messages pertaining to such an alliance. "*SPECTRA is the name of a spacecraft which we use as you use a planet. It has been stationed for the past eight hundred years over the earth . . . We hope to land on your planet in a few years. We are seen more and more by people. We will enter your orbital system through transformation and be able to enter your environment. You may not understand this.*' – Communication from SPECTRA to Uri Geller and Andrija Pharish in 1972"

But even more interesting to note in Geller's account is the fact that the extraterrestrials speak to him of the use of 'transformation' in reaching the human race. This goes back to Vallee's assertions made earlier about the interesting connection between physical and spiritual encounters with the alien worlds. These findings were confirmed in the historic 5-year study done by the Dr. Edgar Mitchell Foundation for Research into Extraordinary Experiences. Claude Swanson, Author of 'The Synchronized Universe,' Ph.D Physics, Princeton University and informal advisor to the Board of Directors of 'The Dr. Edgar Mitchell Foundation for Research into Extraordinary Experiences,' stated in relation to that monumental work that *'It has been a century since physics pioneers discovered that consciousness affects quantum mechanics. Until recently, the effects of consciousness have been largely overlooked by mainstream science, hoping they can be treated as a perturbation. But in many UAP cases (Unidentified Aerial Phenomenon), as well as Out of Body, Near Death Experiences and Remote Viewing cases, phenomena occur that are so far beyond conventional physics that at last science will have to address the long needed unification. It appears there is a very real higher dimensional universe that we are a part of, and these phenomena make it clear whether we are ready to see it or not.'*

Perhaps this is what the extraterrestrial visitations are trying to bring to our awareness, the fact that we cannot actually achieve the highest sciences until this integration takes place.

Dr. Edgar Mitchell, Apollo 14 Astronaut and author of 'Introduction: From Outer Space to Inner Space,' Chapter Three of 'Beyond UFO's: The Science of Consciousness and Contact with Non Human Intelligence, Volume I,' writes a brilliant summation of the scientific problem and its solution. *"The study of mind and consciousness is called noetics. The term comes from the Greek root word nous, meaning 'mind.' As popularly used, noetic refers to purely intellectual apprehension. But Plato spoke of noetic knowledge as the highest form of knowing – a direct cognition or apprehension of the eternal truths that surpasses the normal discursive processes of logical, intellectual reasoning. The word science, of course, originally meant 'knowing' but has come to mean a type of knowing – a subjective knowing, a nonrational, cognitive process largely overlooked by the scientific world. Consciousness appears to be the central unifying concept behind these different aspects of mind."* And you can easily see how in his words, we go back to all the phenomena discussed earlier in relation to Out-of-Body Travel, Astral Travel, Remote Viewing . . . they all lead to this self-same place which originates within the consciousness of the human

mind. And that human mind originates somewhere else, somewhere that is not just rooted in physicality in the world as we know it but grounded in a multi-dimensional spectrum of experience which expands and explores human potential by understanding that it is not limited to the human flask. The soul is the cognizer of all that we witness in other worlds, other dimensions, other states of being . . . consciousness . . . the there *and* the key to everything?

In a UFO case that famed researcher Jacque Vallee said was one of the most important cases in 1970 -71 and directly inferred some type of **Galactic Alliance**, began *“On February 6, 1966, in Aluche, a suburb of Madrid not far from San Jose de Valderas and Santa Monica, between 8:00 and 9:00 P.M., a large circular object was seen to land by a group of soldiers at a nearby ammunition dump. The object was also seen by Mr. Vicente Oruno and by a man named Jose’ Luis Jordan who was driving toward Madrid. Jordan’s account (published in the Barcelona magazine Porque of February 16, 1966 and in subsequent articles by Ribera) can be summarized as follows. He saw a whitish disk coming closer to him, its color changing to yellow and orange. Getting out of his car he watched it come down near an airfield. He drove closer, in time to see the disk, about thirty feet in diameter and amazingly luminous, as it rose quickly*

from the ground. It was making a steady muted vibration. Suddenly, it just 'went out.' Three deep rectangular marks were later found at the the site. As the disk flew up, Jordan clearly saw its underside. It bore a peculiar symbol, the insignia of UMMO."

According to Jacque Vallee's accounting, Fernando Sesma Manzano, who had founded a UFO group in Spain in the 1950's received a phone call in 1965 from a stranger who wished to send to him messages of an 'extraterrestrial order.' He received hundreds of pages of information including technical, philosophical and other considerations which laid out an extraterrestrial system of thought from the inhabitants of UMMO who claimed responsibility for a great deal of the UFO activities upon the earth. Several other sightings occurred of the UMMO craft around the world, including in Santa Monica, California in the United States. Among the messages received by Fernando Sesma Manzano, the inhabitants of UMMO said, *"We wish to inform planet Earth of our origin and proceedings and the objective of our visit to you. We come from UMMO, a planet that revolves around the star IUMMA, recorded on your earth under the denomination Wolf 424 . . . We proceed, as we have said above, from the planet or solidified celestial body UMMO, whose characteristics we indicate as follows: Orbit: elliptical with the star Wolf*

424 (IUMMA) that serves as our Sun, as focus. Distance from focus Wolf 424 to the focus of the solar system on January 4th, 1953: 3.68502 light-years . . . At 05 hours 17 minutes CMT of Earth day March 1950 an OAWOLEA OUEWA (lenticular spacecraft) established contact with the Earth's lithosphere for the first time in our history. The descent took place near the village of 'La Javie,' in the Basses-Alpes, in France. We are a people older than yours, that has reached a level of civilization which is higher too. Our social structure is also a different one. We are governed by four members who are selected by psychophysiological evaluation. Laws are regulated as a function of socio-metric constants measured in time. Our economic system, too, is different. We do not know money, since transactions in such few valuable items as exist on UMMO take place through a network of what you would call electronic computers . . . Our society is deeply religious. We believe in a Creator (WOA) or God, and we possess scientific arguments in favor of the existence of a factor that you would call 'soul.' We know of a third factor that links it to the body and is constituted by krypton atoms embedded within the cephalic mass. We do not mean to interfere with the social evolution of your planet for two transcendental reasons. A cosmic morality forbids any paternalistic attitude on planetary social networks that must be individually created by each of them. Furthermore, any public intervention on our part – our own official presentation, would produce grave alterations,

incalculable social perturbations, and thus the study and analysis of your Society in its current virgin conditions would be impossible. Our modest attempts at contact, such as the one we are now making with you, will not cause a great change, for we anticipate the natural skepticism that greets them."

David McCready, in 'Real Alien Worlds: A Brief Encyclopedia,' expressed these thoughts as to the purpose of these extraterrestrial alliances and connections. *"If you astrally travel forward in time on Earth, you will see the practical effects of meaningful alien interaction with the human race. In many ways there would appear to be some sort of developmental loop whereby a universe of species are creating and re-creating each other. In this arrangement, advanced species create primitive ones and then assist their creations' advancement."*

While it is wise to note that many extraterrestrials will be on a soul journey much like our own, and there are also those which are reported to possibly have nefarious intent, there are a notable amount of those species who seem to be distinctly involved in our human spiritual evolution. And these are among the extraterrestrial hierarchies that you can expect to receive direction and teaching from in Out-of-Body Experiences.

Although there are theories indicating that Extraterrestrials and Angels are one and the

same, do not be deceived by this claim. Likewise, there are also theories that Extraterrestrials are Demons, this is also false. Extraterrestrials are different orders of spiritual life, not unlike humanity. Angels and Demons come from a different order of spiritual being. They are separate. Exploring these two Hierarchies (Extraterrestrial and Angelic) is truly only touching the surface of what lies beyond in the spiritual spheres in relation to orders and types of existences. Emanuel Swedenborg, 16th Century Mystic, states *“As there are infinite varieties in heaven, and no one society nor any one angel is exactly like any other, there are in heaven general, specific, and particular divisions. The general division is into two kingdoms, the specific into three heavens, and the particular into innumerable societies.”*

B. Angelic Hierarchies

Across human history, there have been just a few hierarchies brought forward for the angelic realms which have been given notability and prominence. They are ‘The Bible,’ ‘The Celestial Hierarchy’ by Pseudo-Dionysius, a 5th Century Mystic who is considered the father of Mystical Theology in the West, and most recently, ‘The Urantia Book’, which was received by an anonymous mystic in a series of many papers purportedly dictated by celestial beings

providing a new and ‘epochal revelation.’ Throughout my Out-of-Body Travels, I have experienced most of the angelic beings mentioned in the Biblical and Pseudo-Dionysian writings, and much of what appears in the Urantia Book.

I’ve included a general outline of the three hierarchies in the order of their inception, from biblical times, the 5th Century to the mid-20th Century. As you go through them, you can see a progression of sorts in our understanding. In Out-of-Body Travel, you find that the angelic kingdom is so much more than these, but the revelations are progressive and reveal more as time bears on. This will help you to get a framework for some of the angelic assistance a soul might receive in Out-of-Body Experiences.

A. Biblical

In delineating a comprehensive system of Angelic Hierarchies within the Bible, you have to search for mentions of different varieties of angels mentioned in biblical texts. Dr. William R. Sadler, compiler of the Urantia Revelation, put together such a list which I will summarize here with the Biblical text in parenthesis. In Sadler’s list of the Biblical Angelic Hierarchy, he mentions **Ministering Spirits** (“And he dreamed that there

was a ladder set up on the earth,...and behold, the angels of God were ascending and descending on it!" Gen 28:12.) As a child, I had a similar Out-of-Body Experience. In 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism,' I wrote, *"Not long after my spirit had been sleeping, I began to hear the roaring sounds of a thunderous uprising in the heavens. Although I was unaware of the mechanism of this vision, somehow my spiritual eyes opened to a sight unimaginable prior to this awakening. The clouds had parted to reveal gold and marble steps leading high up into the sky, and at the top of this amazing spectacle was a throne. The Lord God sat in this seat, appearing to me in a human form wearing a white robe. Aside Him was the lamb, Jesus Christ who would remain silent for this very first vision. Angels were flying all around the holy sight, singing and performing celestial music of praise to the Lord."* Similarly, in my experience, the angels were lined up alongside and all the way from the bottom to the top of the marble staircase. **Guiding Angels** ("Behold, I send an angel before you, to guard you on the way." Ex 23:20. And "If there be for him an angel, a mediator, one of the thousand, to declare to man what is right for him." Job 33:23.) **Personal Contact with Angels** ("An angel of the Lord appeared to him in a dream." Matt 1:20. And "And behold, angels came and ministered to

him." Matt 4:11.) **Guardian Angels** ("For he will give his angels charge of you to guard you in all your ways." Ps 91:11. And "For I tell you that in heaven their angels always behold the face of my Father." Matt 18:10.)

In my own experience related in 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism,' 2003, I was given to see my **Guardian Angels** when returning from an Out-of-Body Experience. "Coming back to my house, the angels pointed out to me that two guardian angels were standing beside my front door. Beautiful and very large, they were adorned with human features, hair the color of light and white robes with enormous wings. Bowing to both of them, I quietly thanked them for their protection.

Sadler continues with the **Angel of the Lord** ("And the angel of the Lord appeared to him in a flame of fire out of the midst of a bush." Ex 3:2. And "And an angel of the Lord appeared to them, and the glory of the Lord shone around them." Luke 2:9.) And **Wicked Angels** ("Now war arose in heaven. Michael and his angels fighting against the dragon; and the dragon and his angels fought." Rev 12:7. And "Depart from me...into the eternal fire prepared for the devil and his angels." Matt 25:41.)

In yet another experience I had related in 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism' a Revelation, these **Wicked Angels** were referred to as **Avenging Angels**, and I was told to pay them no heed. *"As I was shown pictures of the 'avenging angels' (demons), I was told that I must give them but little attention, for mankind's fear of them energizes their purpose . . . Knowing of their existence creates not a necessity for fear, but change. Told to make note of them, their existence, etc., I was to say to the people of the world neither to fear them nor to focus on them; for this focus causes their greater glory and energizes their vengeful functions in the world. Holding the book, I allowed the energies of its knowledge to enter within me. There are no words. My soul was alit in eternal wonderment and amazement as the energetic knowledge of its contents poured into me. Oh, how vast God's creation truly is! Oh, how vast, how vast"* Later, my experiences would take me into the reservoir of Spiritual Warfare wherein I would learn deeper knowledges associated with the **Wicked Angels** and their kin.

Sadler's treatise goes on to acknowledge a series of **Special Angels**. Among them are **Michael** ("But Michael, one of the chief princes, came to help me." Dan 10:13. And "There is none who contends by my side against these except Michael." Dan 10:21.) **Gabriel** ("The angel

Gabriel was sent from God to...Nazareth." Luke 1:26. And "And the angel answered him, 'I am Gabriel, who stand in the presence of God.'" Luke 1:19.) **Soul Transports** ("The poor man died and was carried by the angels to Abraham's side." Luke 16:22) **The Mighty Angel** ("Then I saw another mighty angel coming down from heaven, wrapped in a cloud, with a rainbow over his head, and his face was like the sun, and his legs like pillars of fire." Rev 10:1.) **Angels of the Trumpets** ("Now the seven angels who had the seven trumpets made ready to blow them." Rev 8:6.) **Angels of the Churches** ("The seven stars are the angels of the seven churches." Rev 1:20.) **The Three Messengers** ("Then I saw another angel flying in midheaven with an eternal gospel." Rev 14:6. And "Another angel, a second, followed, saying, 'Fallen, fallen is Babylon the great.'" Rev 14:8. And "And another angel, a third, followed, saying..." Rev 14:9.) **The Angels of Wrath** ("Then I heard a loud voice from the temple telling the seven angels, 'Go and pour out on the earth the seven bowls of the wrath of God.'" Rev 16:1.) **The Angel of Revelation** ("The revelation of Jesus Christ...and he made it known by sending his angel to his servant John." Rev 1:1.) and the **Seraphim** ("Above him stood the seraphim; each had six wings: with two he covered his face, and with

two he covered his feet, and with two he flew." Isa 6:2.)

In my own experience related in 'The Aliens of the Redemption,' 2022, the **Angel of the Church** sat in a back pew quietly, *"My spirit arose again walking into a grand church alone. As I walked into the sanctuary, I noticed that there was an angel sitting quietly in the back row; on the right side on the interior part of the pew closest to the center of the church, from whence the procession comes. She was a young girl, looked to be in her late teens or early twenties only in what we would regard as physical age, not soul girth. She was all white and gilded with gold, her hair not long but mid length to shoulder and gently waving in the ethereal winds. She sat there and stood watch over the Blessed Sacrament when the sanctuary was empty. She was the angel of the church and she was impenetrably beautiful. She did not speak. Someone, perhaps the priest or a sacristan, had come two hours early to prepare for Mass. As he did so, the angel who guarded the church got up and quietly walked out. Inherently, I knew she would return after the Mass when the church might again be empty. She stood guard over the Blessed Sacrament, the presence of Christ in the church, but would leave quietly while someone was preparing for mass."*

B. Pseudo-Dionysius

Pseudo-Dionysius has long been regarded as the Father of Mystical Theology because he was one of the first great Mystics in the Early Church to codify a system for understanding Mystical experiences. But he is also known for codifying one of the first comprehensive systems for the Angelic Hierarchy. He did this in a text entitled, 'The Celestial Hierarchy,' written in the 5th Century.

In speaking with a contemporary of his, Timothy the Elder, Dionysius summed up the manner in which the Divine interacts with the human world through these various emanations of light, which are succinctly understood as the vibrations and frequencies that Out-of-Body Travelers will experience in their sequential journey upward. He tells Timothy, *"Every good endowment and every perfect gift is from above, coming down from the Father of lights." But there is something more. Inspired by the Father, each procession of the Light spreads itself generously toward us, and, in its power to unify, it stirs us by lifting us up. It returns us back to the oneness and deifying simplicity of the Father who gathers us in. For, as the sacred Word says, "from him and to him are all things."*

Pseudo-Dionysius begins 'The Celestial Hierarchy' by asking the question, *"What is the*

first order of the celestial essences, what is the middle order and what is the inferior order?" He answers that the Angelic Hierarchies are divided into three triads. And then he summarizes their function.

FIRST TRIAD

1. **Seraphim** -- Fire, "Those who burn"--light and life
2. **Cherubim** -- Fullness of knowledge or wisdom
3. **Thrones** -- Seat of Exaltation

MIDDLE TRIAD

4. **Dominions** -- Justice
5. **Virtues** -- Courage, Virility
6. **Powers** -- Order, Harmony

LAST TRIAD

7. **Principalities** -- Authority
8. **Archangels** -- Unity
9. **Angels** -- Revelation, messengers"

Interestingly, in relation to this Celestial Hierarchy, Pseudo-Dionysius makes reference to the journey of purification mentioned before. He states, "I add this, and not unreasonably I believe, that each and every celestial and human spirit possesses its own orders and its own powers according to three levels: primarily, middle, and ultimate. By such order and power every human and celestial spirit becomes,

by direct participation, the illuminative manifestation of the hierarchies, participating – to the extent that it is possible – in that purification beyond the most sublime purity, in the fullness of superabundant light, and in the perfection that surpasses all perfection.” He goes on to point out that “The lowest hierarchy of the soul consists of its very own nature; the middle hierarchy of the soul consists in effort, which incomparably exceeds nature; and the highest hierarchy of the soul consists in the ecstasy of the mind.”

This Threefold Division seems to be supported by 16th Century Mystic, Emanuel Swedenborg. He states, *“There are three heavens, entirely distinct from each other, an inmost or third, a middle or second, and an outmost or first. These have a like order and relation to each other . . . as the upper, the middle, and the lower stories of a house. In the same order is the Divine that goes forth and descends from the Lord; consequently heaven, from the necessity of order, is threefold.”*

C. Urantia

Curiously, the Urantia Book has also been theorized to have possibly come from extraterrestrial intelligences. In ‘Dr. Sadler and the Urantia Book,’ 2014, by Sioux Oliva, the story is related thus, *“In the summer of 1911, a group of celestial beings began to communicate through a sleeping man in Chicago. From then until 1929,*

William and Lena Sadler, both physicians, had what they estimated as 'probably 250 night sessions' during which a 'stenographer made voluminous notes' as the celestials spoke through the patient. The celestials explained they were on Earth to study and observe as they traveled from one universe to the other. They were here, they said, to perform various duties, one of which was to bring spiritual enlightenment to the planet through the papers they dictated. This experience began a three-decades long saga that resulted in a 2,097 page work, 'The Urantia Book.'"

Apparently, Drs. William and Lena Sadler were well thought of in their time and very accomplished in the medical field. They carried on their work in secret, gathering the papers and compiling them by night. Oliva says they *"were well known in the medical community as pioneers of preventive medicine. They were dedicated to human health in the Seventh-day Adventists sanitariums and the slums of Chicago. As practicing physicians and teachers, they brought to light the deplorable health conditions of the day. They lectured in the medical community, the general community and they wrote more than forty books and hundreds of magazine articles. By day they practiced medicine; William Sadler was a general practitioner, surgeon, and later a psychiatrist; Lena focused on women and children's medicine. By night they recorded celestial beings. These two worlds never overlapped."*

Years ago, I had a profound Out-of-Body Experience wherein I was shown the importance specifically of the Angelic Hierarchies as revealed in the Urantia Revelation. It left an indelible impression upon me. In 'The Mysteries of the Redemption: A Treatise on Out-of-Body Travel and Mysticism', 2003, I wrote about it. *"Beginning its ascent through a myriad of energetic currents, my soul soared through purplish and yellow-white lights expanding in light-streams. An invisible angelic guardian of great holy sanctity handed me a very large book with perhaps 2,000 pages. Inside it were magnificent portrayals of angels, ministering spirits and heavenly hosts, and beyond this . . . how shall I say it . . . the mysteries of God's holy kingdoms enraptured in picturesque dramatizations. The pictures were stationary, yet, they appeared to be moving and the colors were of no kind I have ever seen, effervescent and psychedelic lights of violets, purples, blues, greens, pinks, and an especially entrancing aqueous fuchsia hue. When I looked upon these pages, my soul was alit with eternal knowledge, inexplicable in its nature. Although all I have ever experienced has truly been profoundly difficult to encapsulate into words, none could fathom the depth of the wordlessness of this moment. And yet, it had only begun. If I only knew what lay ahead, how my soul might burst! Hundreds and perhaps thousands of angelic hosts, and their many individual and group missions were described to me in pictures; legions of*

angels created for every purpose known and unknown to mankind. Impaled by their beatific colored lights, their awesome splendor paled to their magnificent purpose! 'Oh, my Lord, how am I to witness such glory, a soul so wretched as my own!' Oh, how my thoughts were reeling at the high and sacred honor bestowed upon my soul this eve. No words, no words . . . Several angels who had attended upon me were at my side hastening me to realize the vastness of knowledge which remained to be obtained by my soul. Dumbstruck by the vastness of all that lay beyond what I already knew, one of the angels said, "We only have so much time, don't waste it." Such words and their import were now obvious to me. Feeling my soul being pulled in another direction, I grasped at the book with greater ferocity to obtain all the knowledge I could within the limited time I might have . . . And then the angel aside made it known to me that this book had a physical counterpart; 'The Urantia Book.' Although imperfect, there was a great amount of extremely holy knowledge given within its pages on the mechanics of the angelic kingdom. Stunned, shocked and perplexed, I was amazed that such powerful and direct knowledge, such holy sanctified wisdom, could possibly be available to me on the ground."

The Urantia Book's Angelic Hierarchy is vaster and more complex than the ones given to humankind previously. It begins with the

Ministering Spirits. Dr. William S. Sadler outlined the system of the Angelic Hierarchies and he began the outline with the **Ministering Spirits**.

I. MINISTERING SPIRITS

1. The ministering spirits of the grand universe are:

Supernaphim.

Seconaphim.

Tertiaphim.

Omniaphim.

Seraphim.

Cherubim and Sanobim.

Midwayers.

Dr. William S. Sadler goes on to point out that regarding the **Ministering Spirits**, "*Tertiaphim are created by the Infinite Spirit for the Creator Sons.*" And "*Omniaphim are the exclusive servants of the Supreme Executives.*" And "*The angelic hosts are sustained by spiritual energy.*"

II. THE SUPERNAPHIM

1. The primary supernaphim are:

Conductors of Worship.

Masters of Philosophy.

Custodians of Knowledge.

Directors of Conduct.

Interpreters of Ethics.

Chiefs of Assignment.

Instigators of Rest.

2. The secondary supernaphim are:

Pilgrim Helpers.

Supremacy Guides.

Trinity Guides.

Son Finders.

Father Guides.

Counselors and Advisers.

Complements of Rest.

3. The tertiary supernaphim are:

Harmony Supervisors.

Chief Recorders.

Broadcasters.

Messengers.

Intelligence Co-ordinators.

Transporters.

Reserve Corps.

III. THE SECONAPHIM

1. The primary seconaphim are:

Voice of the Conjoint Actor.

Voice of the Seven Master Spirits.

Voice of the Creator Sons.

Voice of the Angelic Hosts.

Broadcast Receivers.

Transporters.

Reserve Corps.

2. The secondary seconaphim are:

Voice of Wisdom.

Soul of Philosophy.

Union of Souls.

Heart of Counsel.

Joy of Existence.

**Satisfaction of Service.
Discerner of Spirits.**

3. The tertiary seconaphim are:

- 1. Significance of Origins.**
- 2. Memory of Mercy.**
- 3. Import of Time.**
- 4. Solemnity of Trust.**
- 5. Sanctity of Service.**
- 6. Secret of Greatness**
- 7. Soul of Goodness.**

IV. SERAPHIM

3. The seraphim are:

- Supreme Seraphim.**
- Superior Seraphim.**
- Supervisor Seraphim.**
- Administrator Seraphim.**
- Planetary Helpers.**
- Transition Ministers.**
- Seraphim of the Future.**

Dr. William S. Sadler says that "*Angels possess automatic powers of knowing things.*" And that "*Angels are the offspring of the local Universe Mother Spirits.*"

V. GUARDIAN ANGELS

1. Guardian angels are assigned in three divisions:

- Subnormal minds.**
- Average – normal minds.**
- Supernormal minds.**

3. Guardian angels correlate the influences of:
Infinite Spirit.
Physical Controllers.
Adjutant Mind-spirits.
Holy Spirit.
Thought Adjusters.

Dr. William S. Sadler shared regarding **Guardian Angels** that *“Upon the attainment of the third psychic circle, mortals are assigned personal guardians for life.”* He also said, *“Guardians and Thought Adjusters work in perfect harmony.”*

5. At death the guardians are the custodians of:
Mind patterns.
Memory formulas.
Soul realities.

Dr. William S. Sadler said of these custodians, that *“Some guardians go on to the Corps of the Finality with their subjects.”*

VI. SERAPHIM OF PLANETARY GOVERNMENT

They are:
Epochal angels.
Progress angels.
Religion’s guardians.
Angels of nation life.
Angels of the races.
Angels of the future.
Angels of enlightenment.
Angels of health.
Home seraphim.

Angels of industry.
Angels of diversion.
Angels of superhuman ministry.

Dr. William S. Sadler added of this category that
"The angels of planetary government have much to do with the kingdoms of men."

Emmanuel Swedenborg, 16th Century Mystic, noted even in his day that the kingdoms of the angels were much more complex and distinct than most of us might realize. He said, *"The angels in the Lord's celestial kingdom, from their more interior reception of the Divine of the Lord, far excel in wisdom and glory the angels that are in His spiritual kingdom; for they are in love to the Lord, and consequently are nearer and more closely conjoined to Him. These angels are such because they have received and continue to receive Divine truths at once in their life, and not first in memory and thought, as the spiritual angels do. Consequently they have Divine truths written in their hearts, and they perceive them, and as it were see them, in themselves; nor do they ever reason about them whether they are true or not . . . It has been said that these angels have wisdom and glory above others for the reason that they have received and continue to receive Divine truths at once in their life. For as soon as they hear Divine truths, they will and do them, instead of storing them up in the memory and afterwards considering whether they are true. They know at once by influx from the Lord whether the truth they hear is true; for the Lord flows directly into man's willing, but mediately through his willing into his thinking. Or what is the same, the Lord flows directly into good, but mediately through good into truth. That is called good which belongs to the will and action therefrom, while that is called truth that belongs to the memory and to the thought therefrom."* Swedenborg

tries to delineate the actualized levels of spiritual attainment that are seen not just within the human kingdom, but within the Angelic Hierarchies in the heavens, as well. He shows that there is a continual influx of energy that moves the higher kingdoms into the lower, which we then see mimicked in the vibrational and frequential raisings experienced by Out-of-Body Travelers. *“Because of this difference between the angels of the celestial kingdom and the angels of the spiritual kingdom they are not together, and have no interaction with each other. They are able to communicate only through intermediate angelic societies, which are called celestial-spiritual. Through these the celestial kingdom flows into the spiritual.”*

Conclusion

S. Abhayananda, author of ‘History of Mysticism,’ 2002, noted that *“All those who have experienced this amazing revelation of the true nature of Reality have recognized the impossibility of expressing to others what they had come to know, and have held serious doubts as to the wisdom of speaking of it at all.”* There is so much to be shared and yet, to those who have not experienced such things, it can seem to them as all nonsense.

In the Agama Sutra, the Buddha expresses an internal dialogue in a passage known as the ‘Forest Retreat.’ In it, he describes his internal struggle in deciding whether he should teach that which he has discovered or not. *“My original vows are fulfilled; the Truth I have attained is too deep for*

the understanding [of men] A Buddha alone is able to understand what is in the mind of another Buddha. In this age of . . . ignorance, all beings are enveloped in greed, anger, folly, falsehood, arrogance, and flattery; they have few virtues and have not the understanding to comprehend the Truth I have attained. Even if I revolve the wheel of Truth [by teaching it], they would surely be confused and incapable of accepting it. They might, on the contrary, misinterpret it, and thereby fall into evil paths, and suffer therefore much pain. It is best for me to remain quiet and enter [once again] into nirvana. Why should I attempt to make known to those who are consumed with lust and hate This which I've won through so much effort! This Truth is not a truth that can be grasped; it goes against the grain of what people think; it is deep, subtle, difficult, delicate. It will be cloaked in the murky ignorance of those slaves of passion who have not seen It."

But Chaung Tzu despite having the same concerns, came to an important conclusion. "Great truths do not take hold of the hearts of the masses. And now, as all the world is in error, how shall I, though I know the true path, how shall I guide? If I, while knowing I cannot succeed, still attempt to force success, this would be but another source of error. Better, then, to desist and strive no more. **Yet . . . if I do not strive . . . who will?"**

Franchezzo's spiritual teacher, Ahrinziman, in 'A Wanderer in the Spirit Lands, by A. Farnese, told

him thus, *"We hold there is no knowledge given to any spirit or mortal, which may not be safely possessed by every other, provided they have the mental development to understand and apply this knowledge."* Since Ahrinziman had been a student during his earthly lifetimes, and more than 2000 years had left the earth, Franchezzo took his words to heart and shared what he had found.

Nicholas of Cusa says *"The highest wisdom consists in this, to know . . . how That which is unattainable [by the intellect] may be reached or attained in a manner beyond [intellectual] attainment."* If you have experienced something Paranormal, had Lucid Dreams or perhaps even a few Out-of-Body Experiences, you now have a much more integrated understanding of what potential lies within them for spiritual progress. Out-of-Body Travel is a remarkable tool that directs the spirit's journey towards the ultimate truth, within the traveler's own soul and within the world. And in so doing, it unfolds the mysterious and hidden path which enlivens the human journey toward the divine. It is the universal journey of souls in movement towards the cosmic potential of transformation, enlightenment, and the ultimate journey to a bliss indescribable, a melting into the unconditional love of God and an immersing into the mysteries of all existence along the cosmic shore. And along the way, the soul is moved,

swayed and transformed through vibration and frequency until it *becomes* that which it has been seeking all along.

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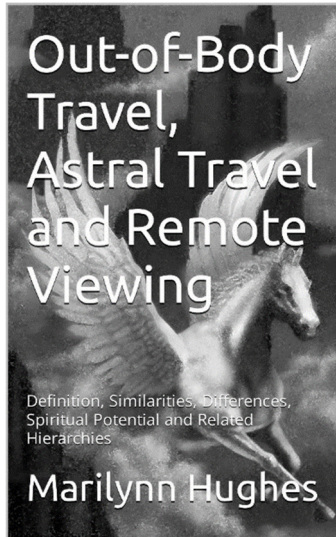
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